ST JOHN’S NARRAWEENA TERM 4 2016

SPRING/SUMMER MENU

1. All orders should be on paper bags with single payment inside
2. CANTEEN IS CLOSED EVERY THURSDAY
3. To avoid disappointment please quote correct prices.
4. Our canteen uses sliced wholemeal bread and rolls.
5. GF represents Gluten free item

HOT FOOD

Twista Bolognese Pasta $3.50
Macaroni Cheese Pasta $3.50
GF NEW Fried Rice $3.50
GF NEW Beef Lasagne $4.50
Chicken Noodles $2.50
Ham & Pineapple Pizza $3.00
Sausage Roll $2.00
Spring Rolls 60c
Corn on Cob 90c
Chicken Burger (lettuce, tomato & mayonnaise) $3.50
Chicken Tender Wrap (lettuce & mayonnaise) $3.00

EXTRAS

White bread sandwiches & rolls available upon request

Vegemite $1.50
Jam $1.50
Cheese $2.00
Tuna $2.50
Ham $2.50
Chicken $2.50
Salad (lettuce, tomato, carrot, cucumber & beetroot) $3.50
Ham, Cheese & Tuna $3.50
Tuna & Cucumber $3.00
Cheese & Tomato $2.50
Ham/Chicken & Salad $4.50
Chicken, Lettuce & Mayonnaise $3.50

TOASTIES

Cheese $2.00
Chicken, Cheese & Corn $3.50
Ham, Cheese & Tomato $3.50
Cheese & Tomato $2.50

SUSHI WEDNESDAY

Orders must be in before 9:45am
Avocado All $3.00
Tuna
Vegetable
Tuna & Cucumber
Tuna & Avocado

FRUIT

Seasonal Fruit 80c
Fruit Salad $3.00

SNACKS

Red Rock Deli Chips Honey Soy $1.00
GF Red Rock Deli Chips Sea Salt $1.00
Grain Waves $1.00
GF Piranha Chips $1.00
Gingerbread babies 60c
Go Cookie 70c
Fingerbun $1.70
GF Popcorn Full Bag $1.00
Half Bag 50c

DRINKS

All drinks $1.50
Flavoured Milk (Chocolate, Banana, Strawberry)
Bottled Water
Focus Flavoured Water
100% Fruit Juice

FROZEN

OVER THE COUNTER ITEMS

Icy bites 50c
Frozen Juice Cups 80c
Moosies $1.00
Icy pole $1.20
Fandangles $1.60
Frozen Yoghurt $2.00
All Natural Juice Slushy $1.50

Our canteen follows the FRESH TASTES @ SCHOOL Healthy Canteen Strategy.