



ST JOHN'S NEWS

166 Alfred Street, Narraweena NSW 2099

T: 02 9971 9297 F: 02 9971 2157 E: sjan@dbb.catholic.edu.au W: sjandbb.catholic.edu.au

DIARY

Week 9 Term 3 Mon 12 Sep	Week 9 Term 3 Tues 13 Sep	Week 9 Term 3 Wed 14 Sep	Week 9 Term 3 Thurs 15 Sep	Week 9 Term 3 Fri 16 Sep	Week 9 Term 3 Sat/Sun 17/18
<p>Year 1 Prayer assembly</p> <p>K-2 Cricket Clinic</p>			<p>Full rehearsal musical</p> <p>Imagine a Musical Performance, 6.15pm for a 7pm start, C3 Church Oxford Falls</p>	<p>Parent Reflection Group 8.50am</p> <p>3-6 Cricket Clinic</p>	<p>First Eucharist, Sat 17th, 5pm</p> <p>and</p> <p>Sun 18th, 10am</p>
Week 10 Term 3 Mon 19 Sep	Week 10 Term 3 Tues 20 Sep	Week 10 Term 3 Wed 21 Sep	Week 10 Term 3 Thu 22 Sep	Week 10 Term 3 Fri 23 Sep	Week 10 Term 3 Sat/Sun 24/25
<p>Core Value Award Assembly, 8.45am</p>	<p>6SF & 1B - Mass 9:15am</p> <p>Kinder 2017 Play to Learn Session 2, 9.15am</p> <p>Year 3 & 4 Gala Day</p>	<p>3M, 3KJ & 3PG Mass 9:15</p>	<p>Year 5 & 6 Gala Day</p> <p>Police visit for Year 1</p> <p>Year 5 Parents Dinner, Collaroy Hotel, 7pm</p>	<p>Parent Reflection Group 8.50am</p> <p>Kinder 2017 Play to Learn Session 2, 9.15am</p> <p>Last Day of Term 3</p>	

AWARDS

Strength & Gentleness

Monday prayer assembly

Julia M and Nina W (6O)



Please Note FOR THIS WEEK :

Awards will be given out as follows:

Please Note FOR THIS WEEK : Friday 9th (Week 8) K-6 assembly at 2:30pm

KB	Alana C Leon D David M	2N	Sophie R Matthew H Alexandra J Alexander M	5ID	Andrew J Angel M Elizabeth S	Sport Lukina L (1B)
KP	Elianna A Jamie E Ruby G	3KJ	Ruby C Anthony M	5M	Sienna-Rose D Thomas D Caylan H	Library Hannah J (KP)
1B	Zachary C Asha F	3M	Emma B Ethan C Charlotte Y	6O	Bethany BR Nathan C James P	
1G	William B Jake D Isabella G Elysia L	3PG	Luca A Tahlia B Olivia S	6SF	Cody M Makenna P	Drama Monique R (5ID)
1KD	Joshua B Jacob C Emma H Isabella S	4D	Lachlan B Hannah H	4/5/6B	Mark Y Olivia B	
2C	Liam C Chloe C Madison M	4R	Maegan D Dylan O			

SPIRITUAL NEWS

CELEBRATING THE EUCHARIST

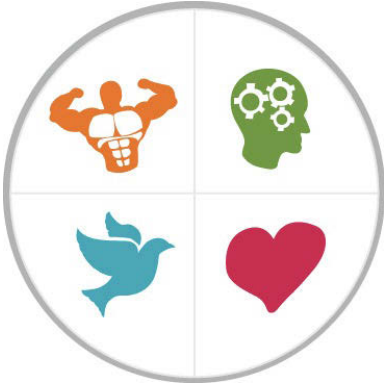
On Saturday night, we begin the celebration of First Eucharist (First Holy Communion) in our Parish which will continue over the next two weekends.

This is a special moment in the children's spiritual journey - receiving Jesus for the first time and being able to participate fully in the Mass. Please keep the children and their families in your prayers.

A HUGE thank you must go to the parents who have led the preparation groups and I'm sure in turn they would like to thank the parents in their groups who have participated to make the experience a positive one for all members of the family, not just the children.



Rehearsal for First Eucharist will take place tomorrow night – **Friday 9th September @ 7pm** in St John's Church.



Wellbeing Week

When we think about our wellbeing we immediately focus on our physical wellbeing—we all know that we should be eating well and exercising, but that is not enough to achieve good health. As human beings we are multifaceted, God created us as complex creatures, and it is important to also take stock of our mental, emotional and spiritual wellbeing.

Can you identify the ways you provide for your health and the health of your family in all four areas?

SCHOOL NEWS

SCHOOL DISCO – SAVE THE DATE

School Disco—Save the Date!

Don't pack away your dancing shoes after the musical because...it's DISCO time!!

Friday 28th October

K-Yr 2—5:00-6:30pm

Yr 3-6—7:00-8:30pm

Information and tickets soon!



LUNCH CLUB

Lunch Club is held each Thursday at school and provides the opportunity for children to play with their friends and peers across the grades in a setting other than the playground.

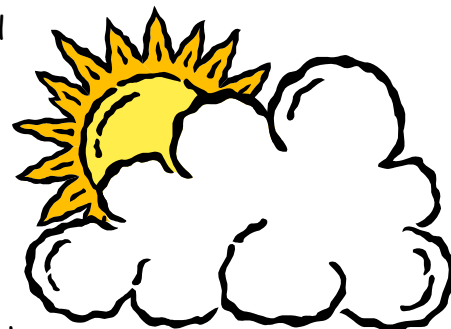
Activities include lego, twister, drawing and colouring, puzzles, tea parties, construction, trains and cars.

If you are clearing out your children's toys please consider donating them as we always appreciate new activities to play with. Please leave any donations in the box in the school foyer.

HAVE YOU BORROWED A LEARNING SUPPORT BOOK?

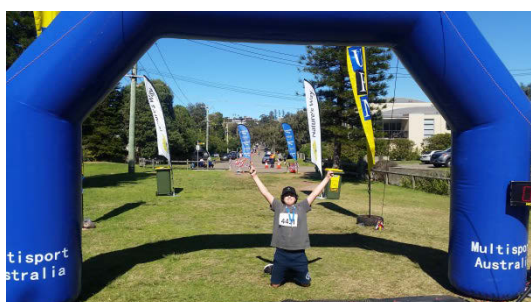
A Learning Support resource, the book *Visualizing and Verbalizing* by Nancy Bell has been loaned out and not yet returned. If you have this resource would you please return it to the school office. Many thanks.

The 'Seasons for Growth Program' is offered to St John's children each year. It is a peer support process where young people can explore and understand what happens when they experience significant change and loss in their lives eg **parental separation, divorce, death or the passing away of someone that they were close to.** It is a program that follows the four seasons and it incorporates different forms of learning eg prayer circles, reflective art activities, discussions, dance, singing etc. Children learn about change and how this is a natural part of life and that there are others who often experience similar changes.



The Seasons program will be run during Term 4 for a period of eight weeks. It is run by parents/teachers who have received special training in the use of this program. **It is recommended that the program be offered to the children a year after the loss.** If you think your son or daughter would benefit from the 'Seasons' program we would encourage you to talk to them about this. Should he/she decide to participate please contact Liz Rath at school by Friday 23rd September, 2016.

PUB TO PUB CHARITY RUN



A few weekends ago we had a few of our St John's families (and staff!) involved in the 14km pub2pub running from Dee Why Beach up to Newport.

Congratulations to all who were involved!

A special mention to the Cable family for raising over \$700 for Sunnyfield Disability Services. They also helped to escort some clients

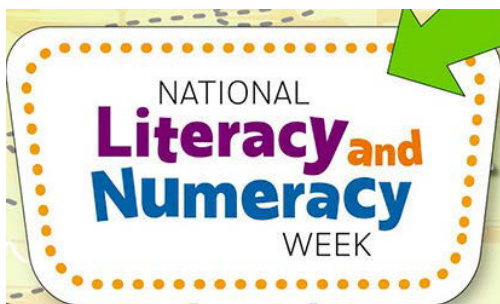
from Sunnyfield at the beginning of the event.

Alex is not only a runner, but a talented saxophonist! He will be performing sax on 10th September at the Concourse in Chatswood. It will be a community performance with the Northern Sydney Symphonic Wind Ensemble. Please feel free to go along and listen to some great tunes!

NITS

We have been receiving numerous reports of nits across several class groups. Could **ALL** parents please check the heads of their children. We also ask that all students are extra careful about the sharing of hats and jumpers.





Last week was National Literacy and Numeracy Week; celebrating the importance of literacy and numeracy to future learning, life participation and work opportunities. Getting involved in NLNW is a great way for parents, schools and the community to help kids develop their literacy and numeracy skills. Some of the ways we have been celebrating are through our Book Week activities and Book Parade, as well as our Father Vogt writing competitions.

How can you get involved and help your child develop a love of literacy and numeracy?

Click on some of the links below.

[Literacy and Numeracy Parent Information page](#)

[Ten Literacy Tips for Parents and Caregivers](#)

[Reading for Fun Improves Literacy and Numeracy Skills in Kids](#)

Download the [Learning Potential](#) app – “Helping parents to be more involved in their child's learning, from the highchair to high school”

YEAR 6 STUDENTS VS TEACHERS VOLLEYBALL MATCH

Year 6 and the teachers played a volleyball match for wellbeing week. It was a really fun and entertaining match, that the whole school came to watch. They were cheering on both teams as loud as they could. It was first to 25 and the teachers won 25-19. It was a lot of fun for the whole school to watch their teachers and year 6 leaders compete and enjoy themselves. At the end of the match we all shook hands, to show our good sportmanship. It was a successful event the school should definitely do again or something similar.

This is only one of the ways that we have celebrated our spiritual, mental and physical wellbeing at St John's this week.

By Jack and Rory 6O



POLDING ATHLETICS CARNIVAL

We wish the students representing our school in tomorrow's Polding Athletics Carnival all the best.



FAITH SHARING WITH DANIEL:

Daniel Younan is a parent at St John's. Daniel has a background in theology and is currently working in faith formation in our Parish. He is offering a special talk on 'The New Atheism' September 22nd at 7:30 pm in the Parish/School Hall. Daniel's talk will cover the following topics:

- 1) What's new about the New Atheism
- 2) Do faith and science contradict?
- 3) Nominalism, Materialism, Protestantism, Evolution
- 4) Classical objections to the existence of God
- 5) Classical proofs for the existence of God (as highlighted by St Thomas Aquinas)

Daniel is very open to questions and dialogue during the talk. All welcome.

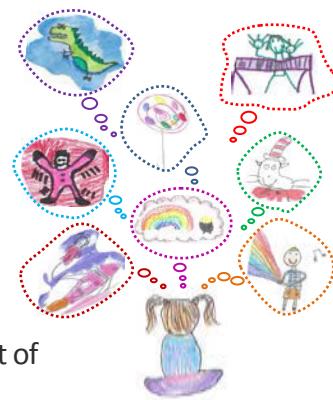
IMAGINE A MUSICAL NEWS

TICKETS

Tickets for our upcoming Musical Extravaganza are still available for purchase through the front office.

WHOLE SCHOOL DRESS REHEARSAL- FRIDAY 9TH SEPTEMBER

A reminder that tomorrow is a full dress rehearsal first thing in the morning. It is very important that your child is at school on time. Students will wear their sports uniforms to school to make it easier to change. Check this week TiqBiz note for a list of additional items to bring/wear for your child's class.



MUSICAL TRAVEL PERMISSION NOTE

Students will be catching buses to and from the C3 Theatre, Oxford Falls on Thursday 15th September for a full musical rehearsal. A reminder to please return your child's signed permission form.

LIBRARY NEWS



Thank you to all those families who participated in The Great Book Swap. Your gold coin donations have helped to raise more than \$200 for the Indigenous Literacy Fund. This money will go towards buying much needed books for communities in remote areas.

The students had a great time enthusiastically selecting new reading material to take home and it was great to see much loved books getting a whole new life.



CANTEEN

IMPORTANT NOTE: The Canteen is CLOSED every THURSDAY

W9 Term 3 12 Sep	W9 Term 3 13 Sep	W9 Term 3 14 Sep	W9 Term 3 15 Sep	W9 Term 3 16 Sep	CANTEEN CLOSED THURSDAYS We require 2 volunteers each day to operate the canteen. If anyone would like to join our group of canteen volunteers, click here or email Fiona on fionacosta3@yahoo.com.au Canteen Coordinator: Fiona Costa (0409 566 640)
G Curran F Doust	L Rourke G Ferris	S Forrester B Gunasti	CANTEEN CLOSED	M Southan H Baumann C Miller	
W10 Term 3 19 Sep	W10 Term 3 20 Sep	W10 Term 3 21 Sep	W10 Term 3 22 Sep	W10 Term 3 23 Sep	
F Costa O Marcellino	S Olsen J Castorina	D Albanese C Turner	CANTEEN CLOSED	CANTEEN CLOSED	

CANTEEN CLOSED FOR CLEANING – LAST DAY OF TERM 3

Please note that the canteen will be closed on the last day of term, Friday 23rd September. Please make sure that you send a packed lunch for your child on this day.

CROMER CRICKET CLUB

The Cricket season is fast approaching and registrations are closing on 18th September 2016

Register now for in2cricket for Children ages 6 and 7 years of age who are new to cricket. Starts Monday 17th October at 4 pm.

Register now for T20 blast for Children 7 – 12. Commences Friday 21st October 4:30 pm

Register now for under 9 Saturday morning competition commencing 15th October.

Register Now at www.cromercricket.com.au



**St John the Apostle
Catholic School**

Strength & Gentleness

01 September 2016

IMAGINE A MUSICAL - Transport Permission Note

As you will be well aware, our school spectacular "Imagine a Musical" will be held on Thursday 15th September.

A whole school rehearsal is planned for Thursday 15th September at the venue. All children will need to be at school for normal school hours and will be transported to and from the venue by bus. The children will return to school for normal dismissal.

As the children will be away from school all day they need to bring all food and water for the day. The children may use their school bag or another smaller bag. School uniform is to worn on the day.

As there may be waiting time throughout the day, when other grades are rehearsing, we encourage the children to bring quiet games to play. Please ensure that any games brought are clearly labelled. The games remain the responsibility of the student. Precious, expensive or inappropriate games should not be brought.

Parents will transport the children to the venue for the evening performance. All children are to be at the venue at 6:15pm where they will meet their class teacher. The children are to arrive dressed in their costume and with the appropriate hair and make-up. *More information on this will follow.*

Please return the completed permission form to your child's class teacher by **Friday 9th September**.

IMAGINE A MUSICAL Rehearsal Permission Form

I give permission for _____ in class _____ to travel by bus to and from

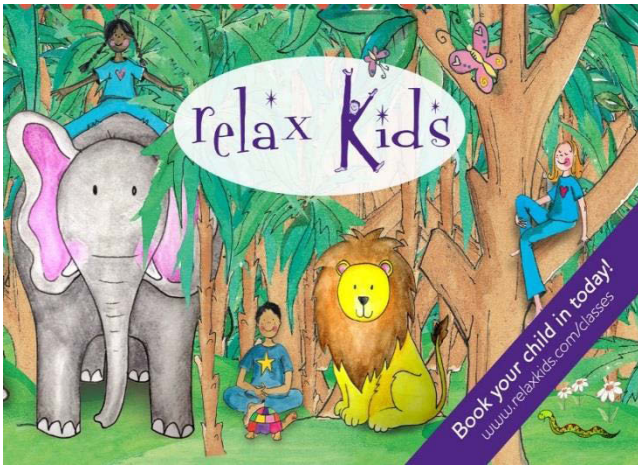
Christian City Church, Oxford Falls on Thursday 15th September for "Imagine a Musical" rehearsal.

Signed

Name

Date

*Please return to class teacher by **Friday 9th September***



Elizabeth Byrne 0413786588
Ebyrne5@yahoo.com

EXPRESSIONS OF INTEREST – Term 4 2016 CLASSES

Our classes give children the chance to make new friends, build confidence and self-esteem as well as learn tools that will set them up for life.

Your child will learn skills that they can use every day:

- how to relax and improve their sleep
- how to self sooth
- how to increase their brain power
- how to develop their self-confidence
- how to manage their moods or emotions
- how to manage stress and anxiety

Relax Kids classes are different from any others as they use a unique combination of mindful games, storytelling with exercises, stretching, breathing as well as positive affirmations, visualisations, mindfulness and relaxations. The program allows children to have fun but also learn vital skills that will help them for years to come.

These classes have been very popular this term. If you would like to pre-register for classes for Term 4, 2016 we can get started very quickly.

*Please return the below slip to the school office to express your interest by **Friday 16th September** and Elizabeth will get in touch with you.*

RELAX KIDS – Term 4 2016 CLASSES

Parent Name: _____ **Ph:** _____

Email: _____

Child's Name: _____ **2016 Grade:** _____

Preferred Day: **Lunchtime** ☐ Mon ☐ Tues ☐ Thurs

After school ☐ Mon ☐ Tues ☐ Thurs

What is Scouts?



Come and see at the
Cromer Dee Why Scout Expo



😊 Rope Bridge

😊 Craft

😊 Ballista



Cooking

😊 Fun ... fun ... fun



Saturday 17 September
James Meehan Reserve, DY

Be Prepared... From 10am

for new adventure!