

166 Alfred Street, Narraweena NSW 2099 T: 02 9971 9297 F: 02 9971 2157 E: sjan@dbb.catholic.edu.au W: www.sjandbb.catholic.edu.au

Issue No 5– 2<sup>nd</sup> March 2017

## PRINCIPAL NEWS

Dear Parents,

The children attended Ash Wednesday mass (3-6) and liturgy (K-2) yesterday and received the ashes on their forehead as a reminder to focus on Jesus during this season of Lent. The Lenten season will continue through to Holy Week when the children will present the story of the passion, death and resurrection of Jesus. During Lent, we will be encouraging the children in prayer and in exercising forgiveness and reconciliation. We will also encourage strong support for Project Compassion; with our student Mission Team about to launch into action at next Monday morning's prayer assembly. We encourage you to link into Lenten activities at home and check for any classroom links to these on the Class Weeblies (http://stjohnsnarraweena.weebly.com).



A special note follows to Year Two parents and any other families who may have children eligible to receive Confirmation this year, and for parents in any grade wishing to assist with the sacramental program. Children who have received Baptism and are in Year 2 or older are eligible to be confirmed. We have a large group of children involved this year and we are looking for help from parent facilitators - no experience necessary, just a willingness to help. A letter explaining a session for interested facilitators is attached to today's newsletter. It explains details for this year's Introduction Evening for all children and parents wanting to enrol in Confirmation, as well as an Expression of Interest evening for potential facilitators/ experienced parents who may wish to mentor facilitators.

In other news, congratulations to our Swim Team! They competed yesterday in the annual Northern Beaches Swimming Carnival at Warringah Aquatic Centre and represented our school with pride and tenacity. It was great to see the blue St John's Narraweena swim caps slicing through the water! Best wishes to all swimmers who will be heading to the Mingara Centre at Tumbi Umbi for the Diocesan Swim Carnival next Tuesday.

We hold our first Parents and Friends Meeting next week with our new P&F executive team at the helm. All parents are welcome to attend and details are in the P&F section of the newsletter.

Best wishes for the week ahead

Mark Bateman - Principal

Week 6 Term 1	Week 6 Term 1	Week 6 Term 1	Week 6 Term 1	Week 6 Term 1	Week 6 Term1
Mon 6 March	Tues 7 March	Wed 8 March	Thurs 9 March	Fri 10 March	Sat/Sun 11/12
Soccer Clinic – Yr 1, 2, 3	<b>Broken Bay</b> <b>Swimming Carnival</b> P&F Meeting 6.30- 8.30pm			<i>Soccer Clinic Yr 4, 5/6</i>	Parish School Mass 5pm <b>Bush</b> Dance
Week 7 Term 1	Week 7 Term 1	Week 7 Term 1	Week 7 Term 1	Week 7 Term 1	Week 7 Term1
Mon 13 March	Tues 14 March	Wed 15 March	Thurs 16 March	Fri 17 March	Sat/Sun 18/19
Soccer Clinic – Yr 1, 2, 3 Diocesan Parent Council – P&F Exec evening 6.30-9	Reconciliation Dee Why 5.30-6.30	Reconciliation Narraweena 5.30- 6.30	Reconciliation Narraweena 5.30- 6.30	Soccer Clinic Yr 4, 5/6 Reconciliation Narraweena 5.30- 6.30	

## IMPORTANT DATES FOR THE DIARY

- SAT 11<sup>th</sup> March K, 1, 5&6 Parish School Mass (5-6pm)
- SAT 11<sup>th</sup> March Bush Dance
- Mon 20<sup>th</sup> March 123 Parenting Course (6.30pm Library)
- TUES 21<sup>st</sup> March St John's OPEN DAY 9.15am/Parent Info Evening 6:30pm
- Mon 3<sup>rd</sup> April 123 Parenting Course (6.30pm Library)
- Mon 3<sup>rd</sup> April Holy Week Liturgies commence
- Wed 5<sup>th</sup> April St John's Cross Country and Fundraiser
- Fri 7<sup>th</sup> April Last Day Term 1
- Fri 14<sup>th</sup> April GOOD FRIDAY
- Sun 17<sup>th</sup> April EASTER SUNDAY

## TERM 2

Mon 24<sup>th</sup> April (Staff Development Day)

Tues 25<sup>th</sup> April (ANZAC Day Public Holiday)

WED 26<sup>th</sup> APRIL – First Day of Term 3

Fri 28<sup>th</sup> April (Staff development Day)

# Sat 11th March, 6:00-9:00Pm

ST JOHN THE APOSTLE WELCOMES ALL Families, new and old, to our annual Have you booked your tickets? IVE MUSIC BY 'DUCKS ON THE POND'

## SPIRITUAL NEWS

#### LEADERSHIP DAY



Today, our School Captains and Vice Captains are attending a Leadership Day with Bishop Peter A. Comensoli. He extended an invitation to all school leaders, primary and secondary school, in order to encourage, inspire and support them in their leadership.

This is the first time the Bishop has called all our school leaders together in this way and we look forward to hearing all about it.



#### PARISH FAMILY MASS

On Saturday 11<sup>th</sup> March (just before the Bush Dance) our Kindergarten, Year 1, Year 5 and Year 6 classes will be hosting the Saturday evening Mass. Everyone is welcome to join us! (Cowboy boots and check shirts are acceptable attire!)

## **TEACHING AND LEARNING**

## SCHOOL HACKS FOR PARENTS - ABC SPLASH - HOW TO ENCOURAGE GIRLS TO BE INTERESTED IN TECH

On Wednesday 8th March at 12pm (AEDT), ABC Splash will host a live event with Sarah Moran, CEO of

Girl Geek Academy. Sarah will talk about encouraging girls' interest in tech and why it's so important, and she will answer the questions you post during the event.

It will be the first in a 4-week series of video chats with experts, who will help parents better understand and support what their kids are doing at school.

You can take part in each of the 20-minute events via <u>Splash's</u> <u>Facebook Page</u>, where you can ask the experts questions.



Our Year 3 girls coding.

### ICAS 2017

If you would like your child to participate in the optional ICAS tests this year, please see attached information and order form on this week's newsletter. Please return to office by Friday 10<sup>th</sup> March.

#### SENIOR STUDENTS AT ST JOHN'S

If you have children in Kinder to Year 4, you may not be aware of the way we have set up our senior school this year. Our Year 5/6 children are combined into 3 'homeroom' Year 5/6 classes with Mrs Lewis (5/6L), Mrs O'Connell (5/6O) and Mrs Doulas and Mrs Fountain sharing a class (5/6DF).

The children also belong to a 'grade' class (2 x Yr 5 and 2 x Yr 6) and they work in their grade class for English and Maths. Ms Ingram (51), Mrs Douglas and Mrs Fountain (5DF) teach Year 5, whilst Mrs Lewis (6L) and Mrs O'Connell (6O) teach Year 6. All other lessons are held in their 'homeroom' classes.

It's been really lovely to see how well the children have embraced this new arrangement. New friendships have been formed both within grade groups and across the stage. The children are learning skills of being independent, organised and resilient as they move between classrooms and teachers. Whilst there was some apprehension at the end of last year about how this new arrangement would work, all stakeholders (parents, teachers and most importantly, the children!) have been very happy with the implementation. Thank you to all involved and we're looking forward to camp in Week 8 to do some more bonding!

In library this week Kindergarten had great fun when role playing making pancakes after reading Hey Pancakes by Tamson Weston. More photo'

Years 1 and 2 continued to look at book care and become more familiar with the organisation of the library. We have also been looking at some of the simple novels which may be appropriate for them to borrow.

Years 5 and 6 continue to investigate the Dewey Decimal system.





We have lots of new books in the library if you are able to help with covering them we will provide the contact you need. Just pop into the library or ask at the office and we will send home a bag with the books and contact.

Years 3 and 4 are becoming more familiar with the library system 'Destiny'. Have a look at home by following this link. http://destiny.dbb.org.au/ (You can also access this link on the

home page of each grade on our <u>St John's Narraweena Weebly</u>)

## SCHOOL NEWS

## ST JOHN'S AWESOME SWIMMERS AT THE NORTHERN BEACHES SWIMMING CARNIVAL

Congratulations to all of our fabulous swimmers who competed on Tuesday at the Northern Beaches Swimming Carnival and represented our school with pride. Read below for a message from some of our senior students:

On the 28th of February, thirty students from St John's swam in the Northern Beaches Community of Catholic Schools Swimming Carnival. We all did our best and the following students will be representing St. John's at the cluster carnival in Tumbi Umbi on the Central Coast. These students are: Jesse M, James C, Caylan H, Archie P and Talia B. A special shout out to Bonnie J who competed in seven races!! CONGRATS to all of them. We would also like to thank Mrs Fountain and the time keepers: Mrs Crookwell, Braun, Stubbs and Johnston. By Noa D and Penelope M.



Broken Bay Sports Council will conduct trials to select students to be invited to attend the NSWCPS Polding Winter Sports Trials in the following sports:

AFL, Rugby League, Netball, Soccer, Hockey, Touch (Rugby Union held in Term 2).

These trials are for children who display a "representative level ability". Only outstanding students in Year 5 and 6 (or VERY competent Year 4 students) will be invited to attend. Please see Miss Blake (KB) for a permission slip to be returned by Wednesday 8<sup>th</sup> March.

## CONGRATULATIONS ANDIE

Andie Milligan competed in a state wide touch competition recently as a member of the Northern Renegades. She proudly shared her team's achievement of first place with us and we are so proud! This makes the Northern Renegades the best under 10's team in NSW in this sport. Congratulations to Andie and her fellow Renegades!

## DO YOU REALLY KNOW ENOUGH ABOUT DIGITAL TECHNOLOGY TO PROTECT YOUR CHILD?

Recent studies show that 70% of students are hiding their online behaviour from their parents. This is why most parents feel their children are safe online. But are they? Many parents either don't want to know what their children are up to online out of fear of what they might find out, or think because they (the parent) use social media and technology that they know enough to protect their children from harm online.

But did you know that children/teens use technology and apps very differently from the average adult? They share different content, and explore the internet in a way most adults do not. Scroll through your child's Instagram account one day and see what they see! Don't wait till something goes wrong before you get up to date with your child's online world.

#### How Cyber Smart Are You...Really?

Quick quiz:

Where are the settings to filter out adult content on Google/YouTube? Which apps are the worst for cyber bullying and most used by predators? Where do you report Cyber Bullying? Why do kids love Snapchat so much - is it safe? Why is hiding your friend's list on Facebook essential, & how do you do that? Best way to supervise your child online without being seen as spying? What is the most effective way to get children to switch off? How do you tell if an app is safe or not? What are "Yellow", "Kik", "Snapchat" and "Musical.ly" and can they be used safely? What is a #hashtag and why do you need to know?



If you can't answer these questions, you probably don't know enough about cyber safety to really help protect your child online.

To find out the answers to these important questions you need to attend this "one of a kind" Cyber Safety talk. Leonie Smith "The Cyber Safety Lady" helps parents navigate through the digital minefield with up to date information on the latest online trends and apps.

**FREE SESSION** with Leonie Smith, the Cyber Safety Lady, at St Rose School Hall on Monday 20<sup>th</sup> March commencing at 6:30 p.m. This is a 1.5 hour talk plus 15 minutes for Q&A. To RSVP please email <a href="mailto:srcp@dbb.catholic.edu.au">srcp@dbb.catholic.edu.au</a> - by Friday 17 March. See flyer for more information.

## REMINDER ABOUT MAKING GOOD FOOD CHOICES

A gentle reminder as we begin our school year that at St John's we do not share our food with others. In general, this is because some children may be allergic to particular foods. It's also important because parents and guardians are aware of the importance of packing a nutritious crunch'n'sip, recess and lunch for their children and so are packing just enough for their child to keep their brains active for the day! We ask parents to have a conversation with their children to ensure they understand this. Thank you.

## ST JOHN'S NARRAWEENA OPEN MORNINGS

Do you have friends or family deciding where to send their children to school next year? St John's is holding Open Days for 2018 enrolments in Kindergarten and other grades. We invite anyone interested in finding out about quality Catholic education. Our Open Days offer an opportunity for families to: meet the principal; participate in student led activities for the children; open classrooms during the morning sessions so visitors can see our school in action. We'd love to show you around!



## Tuesday 21<sup>st</sup> March 9.15-10.30am (and 6.30-7.30pm Information evening)

## Tuesday 16<sup>th</sup> May 9.15-10.30am

## IMPORTANT CHANGES TO ADMINISTERING MEDICATION

Parents please note that if your child is needing to have medication administered at school a form is required by law to be filled out by your doctor with the correct paperwork attached to the medicine (by the pharmacy). The form (and medication) is to be brought into the school before our Admin staff are able to administer medication. This does not only apply to prescription medication but includes Panadol, Nurofen or any other over the counter medications.

This is a Diocesan directive and the MEDICATION POLICY FOR DIOCESAN SCHOOLS SYSTEM can be found on our website under News & Events – Notes.

## LAST MINUTE TO CHANGES GOING HOME PLANS

Please be aware at times the office may not be able to answer your call, ringing 10-15 mins prior to the bell makes this very difficult. Of a morning it is a good practise to let your children know their going home plans. At times we know are aware of circumstances changing. We endeavour to do our best at all times to notify the class teacher to inform the student of the changes. Thank you for your co-operation.

### ATTENTION KINDY PARENTS

We now have two separate boxes in the set-up of Tiqbiz for Kindy. If sending a message, please make sure you are on the appropriate class eg: KB or KJ.

## CALL OUT FOR NEW CLASS PARENTS FOR 2017

Dear parents of St Johns, there are still class parent positions to be filled for this year. They are as follows: KJ (1 class parent), 4SC (2 class parents), 4R (1 class parent) and 5/6L (1 Year 5 class parent), see below list.

If you would to be a class parent, please contact Genevieve Ferris (Class Parent Co-ordinator) via email <u>gen.ferris@gmail.com</u> or mobile 0408 684 635 or the school office.

CLASS	TEACHER	CLASS PARENT	CLASS PARENT
KJ	Miss Kingsley-Jones	Sophie Klijn	
4R	Ms Rath	Lisa Rourke	
4SC	Mrs Stachersky and Mrs Coram		
5/6L	Mrs Lewis		Belinda Bedford (Yr 6)
5/6BF	Mrs Browett and Mrs Fossano		



Please note: Awards will be given out as follows:

FRIDAY MORNINGS – 8:45am Kindergarten – Year 2

FRIDAY AFTERNOONS – 2:40pm Year 3 – 6

STRENGTH & GENTLENESS will be presented on MONDAY mornings during Prayer Assembly

Strength & Gentleness Arwen T KB	
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КВ	Gibsone G Luke M Owen N	2G	Susannah C Rosie S	4R	Charlotte B Anthony M	<b>Sport</b> Andie M (4B) Ruby G (5/6L)
кл	Oscar K Annabella L Benjamin L	2N	Joshua B Brooke H Emma H	4SC	Hudson L Charles S	Library Arwen T (KB)
1G	Melissa B Evan C Blake W	3D	Biba D Chiara G	5/6DF	Eva C Maegan D Luke S Claudia V	Zoe S (4B)
1JB	Tayla C John Paul F Gordon M	3NG	Natalie G Jacob O	5/6L	Luke C Sienna N Connor W	Music
2C	Zachary C Elysia L Carys P	4B	Emma B Monica G Aaron R	5/60	Emma F Vincenzo M	Giselle B (4SC)
				5/6B	Joseph M	

## CANTEEN

IMPORTANT NOTE: The Canteen is <u>CLOSED every THURSDAY</u>						
W6 Term 1 Mon 6 MAR	W6 Term 1 Tues 7 MAR	W6 Term 1 Wed 8 MAR	W6 Term 1 Thurs 9 MAR	W6 Term 1 Fri 10 MAR	CANTEEN CLOSED THURSDAYS	
J Woolford MJ Bell	L Rourke G Ferris	C Turner B Gunasti R Bain	CLOSED CLOSED	N Mascolo K Vumbaca A Lalic	We require 2 volunteers each day to operate the canteen.	
W7 Term 1 Mon 13 MAR	W7 Term 1 Tues 14 MAR	W7 Term 1 Wed 15 MAR	W7 Term 1 Thurs 16 MAR	W7 Term 1 Fri 17 MAR	If anyone would like to join our group of canteen volunteers, click here or email	
C Gategood E Burrell	B Haroutonian D Panucci	T Hawthorne B Gant P Moore	CLOSED CLOSED	G Alessi L Oppedisano R Read	<u>cendrine@heartfelthampers.</u> <u>com.au</u> <b>Canteen Coordinator:</b> Cendrine Lambert(0435030903)	

#### **P&F NEWS**



## The P&F Gazette

News and info from YOUR Parents & Friends Association

The first P&F meeting of 2017 is nearly here! Come to the School library

# this Tuesday, 7<sup>th</sup> March at 7pm

... we'd love to see you there! Everyone is welcome. You can contribute to discussions, find out what's happening within the School and the wider School community, or just listen and take it all in whilst enjoying yummy food and great company.

If there are any items you'd like to add to the agenda, simply email them to:

stjohnspandfassociation@gmail.com

Thank you to our Class Parent volunteers for 2017! It's going to be a great year, with so many fabulous Class Parents putting their hands up to support our school & school community. Our thanks to Mr Bateman, Jeanie McDonnell (Family Liaison Officer) and Gen Ferris (Cass Parents Coordinator) for organising the welcome meeting on Tuesday. CPs – your support is greatly appreciated by us all.

## Bush dance 2017 – Saturday 11<sup>th</sup> March

Yeeee haaaa ... it's nearly here! The annual, unmissable Bush dance is the St John's way of welcoming everyone to the new School year. It's especially the way we love to welcome any new students and families to our community. Entry is free, yummy goodies can be purchased on the night, as well as sizzling sausage sandwiches, (and a big thank you to our Core Values Committee for running the BBQ.) A great time is guaranteed.

**Ducks on the Pond?** Best Bush dance band ever. They will get you up and heel and toe-ing before you know it. They've been part of our Bush dance event for so many years, and we just love them!

\*Fun Fact – the lead singer, Peter Rafferty, was once Principal at St John's!
\*Fun hint – look out for another familiar face in the band ☺

And a huge THANK YOU to the wonderful Year 3 Parents who are working so hard to bring everything together on the night.

Warm regards

Bel, Pip, Gen, Russell & Caroline

# School Banking day is now <u>TUESDAY</u>.



Remember, Tuesday is our new School Banking day.

School Banking is also a great fundraiser for our school, raising 5% on every deposit made through the school (to a maximum of \$10 per individual deposit).

If your child has lost their book, they can bring their money to school in a sealed envelope with a note on the next School Banking day. We will issue them with a replacement.

At St John the Apostle Narraweena we are **RESPECTFUL**, **RESPONSIBLE**, **SAFE** Learners

If you are interested in opening a Commonwealth Bank Youthsaver account for your child you can visit **commbank.com.au/schoolbanking** and click on the link to open a Youthsaver account. A School Banking representative will be available at the Information Session to show you how you can do this. In order to verify yourself and your child, you will need your driver's licence and your child's birth certificate, but if you don't have these with you on the day, you can complete verification online at home.

## COMMUNITY NEWS

## **Sacramental Program for Confirmation**

Details for the Confirmation program are attached to the Newsletter.

QKR

St John's Catholic Primary School is now using *Qkr* (by *MasterCard*) for making school payments from your mobile phone. *Qkr* will accept payment using **ANY** credit/debit card (except American Express) and has a simple checkout function. No info is stored on the mobile phone. We are encouraging all credit card payments to be completed through *Qkr* particularly for canteen orders, school fees or other special events etc. The instructions for downloading and using Qkr are in the Standard Notes on the school website.









Dear Parents,

We are soon to begin preparing our children to receive the Sacrament of Confirmation. An 'Introduction Evening' is planned for children from the Parish of Warringah (St Kevins Dee Why, St John's Narraweena and all children involved from state schools).

# The Introduction Evening is considered part of the preparation program. Children AND parents are required to attend at St Kevin's Dee Why at 7:00-7:45 pm Thursday March 23rd, 2017.

The introductory evening will have two key parts:

- 1. A special liturgy (prayer service) including a 'Commitment Rite' for children and parents.
- 2. A short information session.

The 'Introduction Evening' will be a time of celebration. The children are beginning a special journey that aims to confirm and extend their Baptismal promises and strengthen the connection they have with their saviour, Jesus Christ. Please note, parents and families unable to attend must contact the Parish Office (phone: 9982 6536) as participants will be required to participate in a 'Commitment Rite'. It is not possible to have a friend attend or collect information or materials on behalf of an absent parent and child.

#### **Call out for Mentors and Facilitators**

We have a large group of children taking part in Confirmation this year and we need parishioners and/or parents to help facilitate the program in small groups and mentors who are interested in helping to prepare facilitators. Mentors may be parents or parishioners who have been involved in the program before and are interested in supporting a new parent facilitator.

The Confirmation program involves four sessions of 45 minutes during which children and their parent(s) work through the activities provided. Facilitator notes and step by step instructions as well as any resources are provided each week. Please note there is a meeting for parents interested in being a facilitator or mentor **Thursday evening March 16th in St John's Catholic School Library from 7-7:40 pm**.

Please complete the **Expression of Interest** below if you can come along and/or would like to know more. You can also access an online version of the Expression of Interest at: <u>https://goo.gl/forms/61XMY03ECEaofEVI2</u>

Fr Tiziano Torresan - Parish Administrator

#### **Expression of Interest in Facilitating Confirmation Groups**

Name:	Co	ontact phone number:			
Please circle the appropriate response below	v:				
Have you facilitated a group before?	YES	NO			
Are you interested in being a facilitator men	tor or	having a mentor?	MENTOR	BEING MENTORED	NO THANKS
I will definitely facilitate the program	YES	UNDECIDED			
I am able to attend the information evening	Marc	h 16th at St John's Schoo	I YES	NO	
	! - <b>I</b> -	office on the office of	6 O4 1/	an Ot Jahrela Oak	

Please return this note to either the Parish office or the office of St Kevins or St John's Schools or email to sjan@dbb.catholic.edu.au



# LEONIE SMITH The Cyber Safety Lady

SPEAKER • AUTHOR

Connect With LEONIE SMITH on Social Media:



facebook.com/thecybersafetylady



twitter.com/leoniegsmith



## www.thecybersafetylady.com.au

## RAISING RESPONSIBLE DIGITAL CITIZENS

A Practical and positive approach to safety on digital technology.

Leonie Smith gets results where others often fail. Parents, teachers, students say they leave her talks feeling empowered, determined to succeed with online safety. They actually make changes!

Leonie's presentations and workshops are not just scary stories. As a parent of teens, she gives real practical advice on how to protect you and your family from online predators, cyber bullying, privacy issues, & scams. As well as advising on how to protect your children from stumbling across shocking adult content.

Leonie's heartfelt, sometimes humorous stories, help to illustrate why it is so important for everyone to understand how the digital world works, and how to use it safely. She's done the hard yards.

## She Covers:

Safe & unsafe apps - Social media & kids - Safer messaging - Cyber bullying strategies - Adult content filters - Screen time addiction -Essential privacy settings - Smart phone issues - Scams & traps online. - Smart online behaviour - Safe Gaming - Your child's digital world.

## BIO:

An online multi media pioneer Leonie Smith, "The Cyber Safety Lady" has been passionate about digital technology & building internet communities since 1995. Online safety and online privacy is her passion.

Leonie has spoken to thousands of parents, students and many teachers and community groups over the last 4 years. She works closely with the Australian Northern Beaches Area Police Command giving talks on Sydney's Northern Beaches. She speaks nationwide & internationally

Leonie is the Author of the very popular "Keeping Kids Safe Online" the parent step-by-step cyber safety manual, "Keeping You Safe Online" the Teen "do it yourself" Cyber Safety manual.

## The Cyber Safety Lady

Venue: St Rose Catholic School Hall Date: Mon 20<sup>th</sup> March Time: 6.30pm Address: 8 Rose Ave Collaroy Plateau – limited parking available. R.S.V.P: By Friday 17<sup>th</sup> March to <u>srcp@dbb.catholic.edu.au</u>











"Keeping Kids Safe Online" Parent/Teacher Manual A Step By Step Manual For Safety Online. Parental controls, manage screen time, cyber bullying & privacy. Adult content filters.

"Keeping You Safe Online" Teen Manual Safety & privacy settings and security tips, without all the "Secret Parent Buisness"

'I recently attended your Cyber Safety seminar at Manly Village Public School. I just wanted to write to you to say thank you. I found the evening incredibly informative, practical and so valuable in terms of safeguarding and educating my children about staying safe in this fast moving and ever changing cyber world..'

Karen Wooldridge Parent

# Learn about the world together

Children learn by exploring new things and finding new interests.



## ST. JOHN THE APOSTLE Catholic Primary School

# Presents Parent Course 1-2-3 Magic and Emotion Coaching

1-2-3 Magic is a behaviour management program for parents providing families with **effective discipline strategies** for children aged 2 - 12.

# 1-2-3 Magic is easy to learn and it works!

The logical and simple 123 method can be learnt in **3 sessions.** it is easy to remember especially when parents are tired or stressed. **1-2-3** magic is a 'parents in charge' program that helps to eliminate arguing and yelling.



## Strategies are given for the following 3 tasks of parenting:

- ✓ Helping children to control their own unwanted behaviour
- Encouraging positive behaviour (going to bed, doing homework)
- ✓ Strengthening parent-child relationships (shared fun, praise and listening.)

 Where: St. John the Apostle Catholic Primary School 166 Alfred Street, Narraweena. School library.
 When: Mondays 20<sup>th</sup>, 27<sup>th</sup> March and 3<sup>rd</sup> April. Time: Evening 6:30-9:00pm
 Cost: \$10 for a workbook covering the 3 sessions.
 RSVP: Bookings are essential: <u>http://www.schoolinterviews.com.au</u>

# Booking Code: jwvt9

Queries: School office 9971 9297 or Email: Jeanie.mcdonnell@dbb.catholic.edu.au

# Sat 11TH March, 6:00-9:00PM

ST JOHN THE APOSTLE WELCOMES ALL Families, new and old, to our annual



LIVE MUSIC BY "DUCKS ON THE POND"

WHERE: ST JOHN'S PLAYGROUND. ENTRY IS FREE!

SAUSAGE SANDWICHES, JUICE, WATER, LOLLY BAGS & KIDS MERCHANDISE WILL BE ON-SALE ON THE NIGHT.

COME DRESSED IN YOUR BEST COUNTRY OUTFIT AND PUT ON YOUR DANCING SHOES - THERE WILL BE GREAT PRIZES OFFERED ON THE NIGHT!

FOR CATERING PURPOSES, PLEASE ISVP AT WWW.TRYBOOKING.COM CLICK 'BUY TICKET' THEN SEARCH FOR 'ST JOHN'S BUSH DANCE'

> BYO NIBBLES AND PICNIC RUGS. IN THE EVENT OF RAIN, THE EVENT WILL BE HELD IN THE SCHOOL HALL.