



# ST JOHN'S NEWS

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Issue No 6— 9<sup>th</sup> March 2017

## PRINCIPAL NEWS

Dear Parents,

On Friday March 17th, St John's will take part in the one million stars against bullying and violence project which is being organised by the 'Bullying, No Way!' organisation. We believe that participating in this initiative provides us an opportunity as a community to make a strong statement against bullying and violence. It also offers us an opportunity to promote some important messages about how to deal with and prevent bullying within our own community.

The project aims to collect one million stars and display them in Brisbane at the 2018 Commonwealth Games. Each star represents a person's light, hope, courage and solidarity in the stance against bullying and violence in our world. The teachers will be using lesson materials from the 'Bullying, No Way!' website to promote proactive ways to sustain St John's as a school focused on providing a safe and supportive environment for our children. We will be teaching the children how to make stars next Monday morning. We will then collect and post them to the organisers in Brisbane on Friday after a week of classroom activities focused on anti-bullying strategies in our school. Keep an eye out for our own display of stars as we create a St John's constellation of our own.



Following is a link to the '**Bullying, No Way!**' website which contains a wealth of resources and information and practical ideas for children, parents and teachers. The site is an excellent reference tool on the topic of anti-bullying - <https://bullyingnoway.gov.au/>

In other news, we have received a large food order from families indicating their intention to come along to this year's bush dance with *Ducks on the Pond* this Saturday evening beginning at 6:30pm on the back playground. Please note that cars will not be permitted to park in the school grounds after 6pm on Saturday evening in order to ensure the safety of all using the grounds for the dance. We also advise that the use of soccer balls or footballs will not be permitted during the dance for safety reasons. We encourage parents and children to come dressed country style, ready give those dancing boots a-scooting.

Best wishes for the week ahead

**Mark Bateman** – Principal

## PARKING RANGERS ON THE LOOKOUT!

We have information that local parking rangers will be photographing car number plates in the area in coming weeks and issuing fines. Please be mindful of the safety of our children by following the road rules and by supporting the procedures we have in place for 'Walkers' both before and after school.

Please note the drop off zone at the bus stop at the front of the school is available until 8:30am. Teacher supervision begins at 8:15am each morning at school. Children arriving before that time need to be booked into before-school care.

**We also ask that parents do not park in the drop-off zone on Waratah Parade and walk their children into school. This area needs to be left clear and used as a Kiss and Drop zone. Please follow the procedures issued in the 'Walkers' information sheet.**

Parking is not permitted in the driveway at the front of the school. This is an emergency exit on one side and is reserved parking for people with a disability on the other.

## SUPPORTING WEARING THE CORRECT UNIFORM:

Our school uniform looks great - when it is worn as it is meant to be. [This link](#) to the school summer uniform components provides each parent with a handy checklist to see if your child is wearing it correctly. Please note that predominantly white sport shoes are required. A promotional deal is in place with Athlete's Foot at Warringah Mall. The store carries a range of recommended sports shoes for St John's with \$5 from every sale going back to the school.

## DIARY

Week 7 Term 1 Mon 13 March	Week 7 Term 1 Tues 14 March	Week 7 Term 1 Wed 15 March	Week 7 Term 1 Thurs 16 March	Week 7 Term 1 Fri 17 March	Week 7 Term1 Sat/Sun 18/19
<b>Soccer Clinic – Yr 1, 2, 3</b> Diocesan Parent Council – P&F Exec evening 6.30-9	<i>Reconciliation Dee Why 5.30-6.30</i>	<i>Reconciliation Narraweena 5.30-6.30</i>	<i>Reconciliation Narraweena 5.30-6.30</i>	<b>Soccer Clinic – Yr 4, 5/6</b> <i>Reconciliation Narraweena 5.30-6.30</i>	
Week 8 Term 1 Mon 20 March	Week 8 Term 1 Tues 21 March	Week 8 Term 1 Wed 22 March	Week 8 Term 1 Thurs 23 March	Week 8 Term 1 Fri 24 March	Week 8 Term1 Sat/Sun 25/26
123 Magic Parenting Course 6-9pm	<b>St John's Open Day</b> 9.15-10.45 6.30-7.30	<b>Year 5/6 Milson Island Camp</b>	<b>Year 5/6 Milson Island Camp</b> NSWCPS Swimming <i>Confirmation Parent Info night 7-8pm</i>	<b>Year 5/6 Milson Island Camp</b>	

## IMPORTANT DATES FOR THE DIARY

### SAT 11<sup>th</sup> March –

K, 1, 5&6 Parish School Mass (5-6pm)

Bush Dance

### Mon 20<sup>th</sup> March

123 Parenting Course (6.30pm Library)

### TUES 21<sup>st</sup> March

St John's OPEN DAY 9.15am/Parent Info Evening 6:30pm

### Mon 3<sup>rd</sup> April

123 Parenting Course (6.30pm Library)

Holy Week Liturgies commence

### Wed 5<sup>th</sup> April

St John's Cross Country and Fundraiser

**Fri 7<sup>th</sup> April – Last Day Term 1**

**Fri 14<sup>th</sup> April – GOOD FRIDAY**

**Sun 17<sup>th</sup> April – EASTER SUNDAY**

### TERM 2

**Mon 24<sup>th</sup> April** (Staff Development Day)

**Tues 25<sup>th</sup> April** (ANZAC Day Public Holiday)

**WED 26<sup>th</sup> APRIL – First Day of Term 3**

**Fri 28<sup>th</sup> April** (Staff Development Day)

SAT 11TH MARCH, 6:00-9:00PM

ST JOHN THE APOSTLE WELCOMES ALL  
FAMILIES, NEW AND OLD, TO OUR ANNUAL

**BUSH  
DANCE**

★ LIVE MUSIC BY "DUCKS ON THE POND" ★

### PARISH FAMILY MASS

On Saturday 11<sup>th</sup> March (just before the Bush Dance) our Kindergarten, Year 1, Year 5 and Year 6 classes will be hosting the Saturday evening Mass. Everyone is welcome to join us! (Cowboy boots and check shirts are acceptable attire!)

### LENT

LENT:  
WHAT IS IT REALLY ABOUT  
AND HOW CAN MY FAMILY  
PARTICIPATE IN THIS SEASON?



Have a look on our Weebly Home Page for lots of information about Lent. <http://stjohnsnarraweena.weebly.com/>

### CONFIRMATION

#### Call out for Mentors and Facilitators

We have a large group of children taking part in Confirmation this year and we need parents (and or parishioners) to help facilitate the program in small groups and mentors who are interested in helping to prepare facilitators. Mentors may be parents or parishioners who have been involved in the program before and are interested in supporting a new parent facilitator.

We have some wonderful parents who have already volunteered to be facilitators ... but we have a large group of children preparing for the Sacrament and we need more facilitators!

Why not ask a friend if they will join with you in facilitating a group? You can share the load.

Have you run the program before and would be happy to mentor someone who is doing it for the first time? It's a good chance to share your wisdom.

There is a meeting for parents interested in being a facilitator or mentor **Thursday evening March 16th in St John's Catholic School Library from 7-7:40 pm.**

If you think you can help us by being a facilitator or mentor, please complete the **Expression of Interest** at: <https://goo.gl/forms/61XMY03ECEaofEVI2>

### VISITING AN EXPERT

Year 4 have been learning about the sacrament of Anointing of the Sick. Today they were able to visit the church and Fr Tiziano showed us the three different oils that we use in the sacraments.



As we have been studying this unit we have come up with lots of questions and today we got to ask Father all about this Sacrament.

## TEACHING AND LEARNING

### MATHS AT ST JOHN'S

If you are new to St John's you may not be aware of our wonderful St John's Maths and Me at Home kits and resources.

Each St John's family has received a 'Maths and Me at Home' kit either at the beginning of this year or in previous years (we introduced them in 2014). The kit is made up of useful items to help you explore counting, place value, addition and subtraction, and multiplication and division with your children through a variety of games. It included things like playing cards, dice, paper-clips, counters, tens frames and measuring tapes that could be used to consolidate different maths skills.



We created a website which has instructions for many games to play and the types of questions to ask your child as you play. We also filmed many of the games to show you what it might look like. You can scroll through the book on the webpage, or open it as a pdf by clicking the 'Maths and Me at Home book' link:

[Maths and Me at Home book](#)

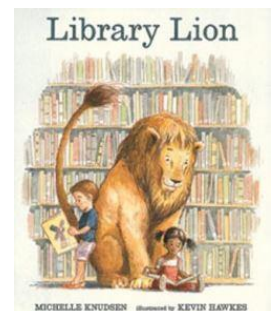
The easiest way to get to the website is to go to our St John's Narraweena Weebly page – <http://stjohnsnarraweena.weebly.com> and then click on the 'Maths' tab. The password to access the page is *sjan*.

### LIBRARY NEWS

In library this week Kindergarten shared the book *Library Lion* by Michelle Knudsen and discussed the rules of the library which were presented in the book. You can revisit the story with your children by following the link below. <https://www.youtube.com/watch?v=T18NCobS43>



Years 1 and 2 read the brand new book by Natalie Jane Pryor, *Lucy's book* and then shared some of their favourite books.



Years 3 and 4 are becoming more familiar with the library system 'Destiny' and this week have been learning how to return and re-shelve their own books.

Years 5 and 6 viewed some book trailers and discussed how they can help promote reading. They then explored some book trailers on their own. Check out some by following the link on the Destiny Home Page.



We have lots of new books in the library if you are able to help with covering them we will provide the contact you need. Just pop into the library or ask at the office and we will send home a bag with the books and contact.

## SCHOOL NEWS

### DO YOU REALLY KNOW ENOUGH ABOUT DIGITAL TECHNOLOGY TO PROTECT YOUR CHILD?

Recent studies show that 70% of students are hiding their online behaviour from their parents. This is why most parents feel their children are safe online. But are they? Many parents either don't want to know what their children are up to online out of fear of what



they might find out, or think because they (the parent) use social media and technology that they know enough to protect their children from harm online.

I cannot recommend Leonie Smith highly enough to answer important questions on cyber safety. Leonie Smith "The Cyber Safety Lady" helps parents navigate through the digital minefield with up to date information on the latest online trends and apps.

**FREE SESSION** with Leonie Smith, the Cyber Safety Lady, at St Rose School Hall on Monday 20<sup>th</sup> March commencing at 6:30 p.m. This is a 1.5 hour talk plus 15 minutes for Q&A. To RSVP please email [srcp@dbb.catholic.edu.au](mailto:srcp@dbb.catholic.edu.au) - by Friday 17 March. See flyer for more information.



#### ST JOHN'S NARRAWEENA OPEN MORNINGS

Do you have friends or family deciding where to send their children to school next year? St John's is holding Open Days for 2018 enrolments in Kindergarten and other grades. We invite anyone interested in finding out about quality Catholic education. Our Open Days offer an opportunity for families to: meet the principal; participate in student led activities for the children; open classrooms during the morning sessions so visitors can see our school in action. We'd love to show you around!



**Tuesday 21<sup>st</sup> March 9.15-10.30am (and 6.30-7.30pm Information evening)**

**Tuesday 16<sup>th</sup> May 9.15-10.30am**

#### IMPORTANT CHANGES TO ADMINISTERING MEDICATION

Parents please note that if your child is needing to have medication administered at school a form is required by law to be filled out by your doctor with the correct paperwork attached to the medicine (by the pharmacy). The form (and medication) is to be brought into the school before our Admin staff are able to administer medication. This does not only apply to prescription medication but includes Panadol, Nurofen or any other over the counter medications.

This is a Diocesan directive and the **MEDICATION POLICY FOR DIOCESAN SCHOOLS SYSTEM** can be found on our website under News & Events – Notes.

#### SAVE THE DATE

Year 2 Social night – Wednesday March 29<sup>th</sup> 2017, 7pm at the Collaroy Hotel. RSVP Class Parent by 21/03/17

#### CANTEEN

##### IMPORTANT NOTE: The Canteen is **CLOSED** every **THURSDAY**

W7 Term 1 Mon 13 MAR	W7 Term 1 Tues 14 MAR	W7 Term 1 Wed 15 MAR	W7 Term 1 Thurs 16 MAR	W7 Term 1 Fri 17 MAR	<b>CANTEEN CLOSED THURSDAYS</b>  <b>We require 2 volunteers each day to operate the canteen.</b>  If anyone would like to join our group of canteen volunteers, click <a href="#">here</a> or email <a href="mailto:cendrine@heartfelthampers.com.au">cendrine@heartfelthampers.com.au</a>  <b>Canteen Coordinator:</b> Cendrine Lambert(0435030903)
C Gategood MA Bell	B Haroutonian D Panucci	T Hawthorne B Gant P Moore	<b>CLOSED</b>  <b>CLOSED</b>	G Alessi L Oppedisano R Read	
W8 Term 1 Mon 20 MAR	W8 Term 1 Tues 21 MAR	W8 Term 1 Wed 22 MAR	W8 Term 1 Thurs 23 MAR	W8 Term 1 Fri 24 MAR	
F Doust S Kevric	M Facer J Kipa	D Albanese C Lambert	<b>CLOSED</b>  <b>CLOSED</b>	S Letts B Agresta	

## AWARDS



**Please note: Awards will be given out as follows:**

**FRIDAY MORNINGS – 8:45am Kindergarten – Year 2**

**FRIDAY AFTERNOONS – 2:40pm Year 3 – 6**

**STRENGTH & GENTLENESS will be presented on MONDAY mornings during Prayer Assembly**

<b>Strength &amp; Gentleness</b>	Ruby G (5/6L)
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<b>KB</b>	Ethan B Alessia G Lucas J	<b>2G</b>	Aurelia B Lily M Chloe O	<b>4R</b>	Airell D Ella D	<b>Sport</b> James C (5/60) Ava R (3D) Heath D (2N)
<b>KJ</b>	Andre D Charlie P Lilah R	<b>2N</b>	Lewis F Lukina L William M	<b>4SC</b>	Giselle B Oliver L	<b>Library</b> Katia K (1JB) Marlon I (3D)
<b>1G</b>	Jimmy J Scout M Luella V	<b>3D</b>	Chriese E Marlon I	<b>5/6DF</b>	Lucia B Lachlan B Thomas D Bianca M	
<b>1JB</b>	Chelsea H Tyler J Katia K	<b>3NG</b>	Max C Alexandra J	<b>5/6L</b>	Miranda B Sophie M	<b>Music</b> Edie P (4B) Florence K (KJ)
<b>2C</b>	Matthew F Isabella S	<b>4B</b>	Luca A Max K Andie M	<b>5/6O</b>	Levi C James C Isabella S	
				<b>5/6B</b>	Mark Y	

## FAMILY LIAISON OFFICER

Each week for 6 weeks of term 1, we will provide you with a parent engagement goal for you to try and achieve at home. The third one is attached **"Create a good homework environment"**. Please refer to the last two week's newsletters for the previous ones in this series: "Make reading a family affair", "Learn about the world together".

Here is an interesting link for parents if you wish to read more about Parent Engagement:

[http://www.education.act.gov.au/teaching\\_and\\_learning/parental-engagement/progressing-parental-engagement](http://www.education.act.gov.au/teaching_and_learning/parental-engagement/progressing-parental-engagement)

### **DPC Leadership Evening:**

Monday 27<sup>th</sup> March, new location Sacred Heart Catholic School, Pymble. 6:30-9pm

We currently have a couple of families who are in need of meals from our casserole club. The freezer is completely empty and needs restocking with some wonderful home cooked meals to help our families who are struggling at the moment. If you have time this weekend, could you please cook a double batch of whichever meal you are preparing for your family and bring the spare batch in for the casserole club freezer. There are plastic containers (take-away style) available for you if you wish to pick them up from the office. There are also some aluminium trays (BBQ style) if you wish to make something like a lasagne or oven bake that can be reheated in the oven). Please label all meals with the following : Name of meal, date made, ingredients. Thank you so much to those of you who respond to these calls out for meals, your generosity is appreciated more than you can know by those who receive them.



## P&F NEWS



### *The P&F Gazette*

News and info from YOUR Parents & Friends Association

- P&F Meeting
- School Uniform Reminder
- Canteen News – and our top 5 Qkr! Lunch Order Tips

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### P&F meeting thank you!

A big thank you to all parents, and St John's staff that attended the P&F meeting earlier this week.

We had lots to discuss including the upcoming Bush Dance (hope to see everyone there!!), new furniture in the Library, Parish Sacramental program, and the rollout of Qkr! The minutes are being updated as we speak and will be available to the whole school community (via the school website) in the next day or two!

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### Help us to get the uniforms right!

A number of parents and friends have voiced concerns about students not adhering to the School uniform policy... coloured runners, wearing runners instead of school shoes, other items worn that aren't part of our uniform at all (eg nail polish or different coloured ribbons).

**Parents & Friends – we need YOUR help on this one.** Because it's our job, along with our children – to ensure they arrive at school in the correct uniform each day. It's a fantastic way to model respectful and responsible behaviour to our kids.

**School uniforms have a really positive effect in schools.** They create a level and fairer learning environment, reduce bullying and help us to get out of the house quickly in the mornings. These are just a few of the many benefits. You will find the link to the school uniform policy [here](#).

\*\*\*And guess what?! – Your children WILL get to unleash their self-expression and wear crazy rainbow attire, runners and more at the Colour Run – a.k.a. the St John's Cross Country - in early April. See information below!!!





## Lunch Orders – Cendrine’s top 5 tips!

It’s been a big start of the year for the School Canteen. We’ve bid farewell to Fiona, our wonderful coordinator, who for so many years simply did an amazing job each and every day. Thank you for everything Fiona. **We also welcome Cendrine**, our new coordinator, who has taken on the role with enthusiasm, energy and lots of new and exciting ideas. Cendrine has also been instrumental in supporting the new Qkr! online ordering system, which is super easy to use. Here’s her top 5 Qkr! Lunch order tips!

1. To save time, remember you can do recurring orders
2. Make sure you hit **submit** and the end of your order and that the receipt comes through to your email
3. If you have more than one child, make sure you’ve got the right lunch order for the right child
4. You can now order ice blocks and frozen items for lunch! Your lunch bag will come back with a token for the product you’ve ordered. Simply bring it to the canteen window to receive your frozen treat!
5. Be sure to tell your child that you’ve ordered their lunch online, and remember to still pack recess & crunch ‘n sip.

Warm regards

Bel, Pip, Gen, Russell & Caroline

## School Banking day has moved to TUESDAYS.



Remember, Tuesday is our new School Banking day.

School Banking is also a great fundraiser for our school, raising 5% on every deposit made through the school (to a maximum of \$10 per individual deposit).

If your child has lost their book, they can bring their money to school in a sealed envelope with a note on the next School Banking day. We will issue them with a replacement.

If you are interested in opening a Commonwealth Bank Youthsaver account for your child you can visit <http://commbank.com.au/schoolbanking> and click on the link to open a Youthsaver account. A School Banking representative will be available at the Information Session to show you how you can do this. In order to verify yourself and your child, you will need your driver’s licence and your child’s birth certificate, but if you don’t have these with you on the day, you can complete verification online at home.

### COMMUNITY NEWS

#### QKR

St John’s Catholic Primary School is now using *Qkr* (by *MasterCard*) for making school payments from your mobile phone. *Qkr* will accept payment using **ANY** credit/debit card (except American Express) and has a simple checkout function. No info is stored on the mobile phone. We are encouraging all credit card payments to be completed through *Qkr* particularly for canteen orders, school fees or other special events etc. The instructions for downloading and using *Qkr* are in the Standard Notes on the school website (and see Cendrine’s Top 5 tips in the P&F news section above).



#### OPEN DAYS

Mater Maria Catholic College will be holding their Open Day **today** (Thursday 8<sup>th</sup>) from 4:00pm to 7:00pm  
St Augustine’s College Open Day to be held on Friday 10<sup>th</sup> March from 3:45 pm to 7:00 pm  
Stella Maris Open Day to be held on Wednesday 15<sup>th</sup> March from 4:00pm to 7.30pm



## YEAR 3 MATER MARIA VISIT

On Monday our Year 3 students went for a taste of High School at Mater Maria. We enjoyed art, drama, science and sport – as well as a delicious sausage sizzle lunch. It was great to see so many of our ex-St John's students during the day!



### **Narraweena Tennis Club**

Beverley Job Park, McIntosh Rd. Narraweena

## **APRIL 2017 TENNIS CAMPS**

For Ages 5 – 14yrs

**Wk 1: Mon 10<sup>th</sup>, Tues 11<sup>th</sup>, Wed 12<sup>th</sup>, Thur 13<sup>th</sup> April**

**Wk 2: Tues 18<sup>th</sup>, Wed 19<sup>th</sup>, Thurs 20<sup>th</sup>, Fri 21<sup>st</sup> April**

**Times: 9am-3pm (supervision 830am-330pm)**

Full Day: \$40pp. Half Day: \$35pp.

**\*\*\*EARLY BIRD SPECIAL\*\*\***

**\$30 per camp pp if you book & pay before Wednesday 1<sup>st</sup> April 2017**

Email: [info@revolutiontennis.com.au](mailto:info@revolutiontennis.com.au)

Tel: 0432 835 854

# ST. JOHN THE APOSTLE

Catholic Primary School



## Presents Parent Course 1-2-3 Magic and Emotion Coaching

1-2-3 Magic is a behaviour management program for parents providing families with **effective discipline strategies** for children aged 2 – 12.

### 1-2-3 Magic is easy to learn and it works!

The logical and simple 123 method can be learnt in **3 sessions**. It is easy to remember especially when parents are tired or stressed. **1-2-3 magic** is a 'parents in charge' program that helps to eliminate arguing and yelling.



### Strategies are given for the following 3 tasks of parenting:

- ✓ Helping children to control their own unwanted behaviour
- ✓ Encouraging positive behaviour (going to bed, doing homework)
- ✓ Strengthening parent-child relationships (shared fun, praise and listening.)

**Where:** St. John the Apostle Catholic Primary School  
166 Alfred Street, Narrabeena. School library.

**When:** Mondays 20<sup>th</sup>, 27<sup>th</sup> March and 3<sup>rd</sup> April. **Time:** Evening 6:30-9:00pm

**Cost:** \$10 for a workbook covering the 3 sessions.

**RSVP:** Bookings are essential: <http://www.schoolinterviews.com.au>

Booking Code: **jwvt9**

Queries: School office 9971 9297 or  
Email: [Jeanie.mcdonnell@dbb.catholic.edu.au](mailto:Jeanie.mcdonnell@dbb.catholic.edu.au)





# LEONIE SMITH

The Cyber Safety Lady  
SPEAKER • AUTHOR



Connect With LEONIE SMITH on Social Media:



[facebook.com/thecybersafetylady](https://facebook.com/thecybersafetylady)



[twitter.com/leoniesmith](https://twitter.com/leoniesmith)

[www.thecybersafetylady.com.au](http://www.thecybersafetylady.com.au)

## RAISING RESPONSIBLE DIGITAL CITIZENS

**A Practical and positive approach to safety on digital technology.**

Leonie Smith gets results where others often fail. Parents, teachers, students say they leave her talks feeling empowered, determined to succeed with online safety. They actually make changes!

Leonie's presentations and workshops are not just scary stories. As a parent of teens, she gives real practical advice on how to protect you and your family from online predators, cyber bullying, privacy issues, & scams. As well as advising on how to protect your children from stumbling across shocking adult content.

Leonie's heartfelt, sometimes humorous stories, help to illustrate why it is so important for everyone to understand how the digital world works, and how to use it safely. She's done the hard yards.

### She Covers:

**Safe & unsafe apps - Social media & kids - Safer messaging - Cyber bullying strategies - Adult content filters - Screen time addiction - Essential privacy settings - Smart phone issues - Scams & traps online. - Smart online behaviour - Safe Gaming - Your child's digital world.**

### BIO:

An online multi media pioneer Leonie Smith, "The Cyber Safety Lady" has been passionate about digital technology & building internet communities since 1995. Online safety and online privacy is her passion.

Leonie has spoken to thousands of parents, students and many teachers and community groups over the last 4 years. She works closely with the Australian Northern Beaches Area Police Command giving talks on Sydney's Northern Beaches. She speaks nationwide & internationally

Leonie is the Author of the very popular "Keeping Kids Safe Online" the parent step-by-step cyber safety manual, "Keeping You Safe Online" the Teen "do it yourself" Cyber Safety manual.

The Cyber Safety Lady

Venue: St Rose Catholic School Hall

Date: Mon 20<sup>th</sup> March Time: 6.30pm

Address: 8 Rose Ave Collaroy Plateau – limited parking available.

R.S.V.P: By Friday 17<sup>th</sup> March to [srcp@dbb.catholic.edu.au](mailto:srcp@dbb.catholic.edu.au)



### "Keeping Kids Safe Online"

Parent/Teacher Manual

**A Step By Step Manual For Safety Online. Parental controls, manage screen time, cyber bullying & privacy. Adult content filters.**

### "Keeping You Safe Online"

Teen Manual

**Safety & privacy settings and security tips, without all the "Secret Parent Buisness"**

*'I recently attended your Cyber Safety seminar at Manly Village Public School. I just wanted to write to you to say thank you. I found the evening incredibly informative, practical and so valuable in terms of safeguarding and educating my children about staying safe in this fast moving and ever changing cyber world..'*

Karen Wooldridge Parent

As Seen On





## Create a good homework environment

**There are two important things you can do to get the most out of home learning: building your child's confidence and supporting them to learn independently.**



Ask your child every day what they learnt at school or what they found interesting or fun in their day.

Let your child know you think it's important they do well at school.

**Create a special space for study to make home learning a calm & organised experience.**

Be available to help if your child has a question. Make it a positive time you share together.

**Rules about homework are good to have but it's important to avoid confusion by pushing children to do more, or expecting them to do less, than the school asks. Talk to your child's teacher if you have questions about homework.**



**ACT**  
Government





EXCLUSIVE OFFER TO  
**ZERO & REWARDS CARD HOLDERS**



**20%\***  
**SCHOOLWEAR**  
**AND EVERYTHING ELSE**



**THURSDAY**  
**16TH MARCH**  
**INSTORE & ONLINE**

\*Cannot be combined with other offers or discounts. Floor stock only. Styles and colours may vary from store to store. No rain checks. Please choose carefully, exchanges and refunds only with docket. Includes existing 5% discount. Excludes gift cards.  
**Offer ends midnight (AEST) 16/3/17. Must use Zero or Rewards card to receive discount.**

# Colour Run Cross Country 2017

## Fundraiser Wednesday 5<sup>th</sup> April



It's time to put on your brightest colours and your fastest sneakers boys and girls.  
It's cross country time and this year it is going to be big, bright and colourful!

On the day we encourage all children to dress up as brightly as they can in their colour house colours or just go rainbow! Include bright runners if you have them, wigs, body paint, nails! Go mad! Get creative! Best dressed will star in the newsletter.

It would be great to have as many parent helpers and supporters as possible.

**Year 4 are organising the event and we will be calling for helpers shortly.**

Parents, join in the fun! Jump in and run with the kids for a while to inspire them!  
Go crazy with colour yourself!

As this has been a hugely successful fundraising event in the past, for 2017 the P&F have decided to continue the Cross Country sponsorship program.

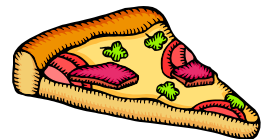
All funds raised will be put towards **playground improvement**.

Each child will receive a sponsorship envelope so they can gather sponsorship for completing the Cross Country race and activities.

We ask that children approach family and friends for support, and encourage parents to escort children if they are door knocking.

## Great Prizes!

- The class that **raises the most money** and has returned a full set of envelopes and money by the due date will receive a **Domino's Pizza lunch** at school.
- All children who participate in the run and activities, and return their envelopes and money by the due date, will go in a draw to win some **Taronga and Western Plains Zoo passes**.
- This year, we are also very lucky to be able to offer a fabulous **\$200.00 Criniti's Italian Restaurant Voucher** as the main prize for to the family who raises the most money and returns money and envelopes to the school by the due date.  
Thank you so much to Criniti's and our other wonderful sponsors for their support.
- Every child will be given an iceblock when they return to school!!!



Children are asked to return their Sponsorship envelope and money raised to school by

**Due date: Friday, 12<sup>th</sup> May 2017.**

CLIFFSIDE

FUN RUN

APRIL  
9TH  
2017

**REGISTER NOW!**  
[www.cliffsidefunrun.com.au](http://www.cliffsidefunrun.com.au)  
**EARLY BIRD DISCOUNT**  
register by  
1st March

**3km & 10km  
Courses**



**JOIN THE FUN!**

📍 **Long Reef Headland, Northern Beaches, Sydney**

**PLUS a SPORTS FESTIVAL FINISH!**

with stalls from the Sydney Sixers, NSW AFL,  
food, coffee, kids activities & more!



Run on Clouds.



Run by the AVAAL 4 Life Foundation and the Mona Vale Surf  
Life Saving Club to raise funds for 'How Can it be?'  
mental health awareness and the National Breast Cancer  
Foundation.



**NATIONAL  
BREAST CANCER  
FOUNDATION**  
CORPORATE SUPPORTER



# SCHOOL HOLIDAY ACTIVITIES

*Autumn 2017*

VACATION CARE  
BOOKINGS OPEN

7.00am  
13 MARCH

PAGE 7

COMIC BOOK  
WALLET  
WORKSHOP  
PAGE 9

HEALTHY  
LUNCH  
INFORMATION  
PAGE 8

HORRIBLE  
HARRIET

PAGE 12

DISCOUNT  
VOUCHERS

PAGE 10

**Booking open 7:00am  
Monday 13 March 2017 !!**



"Autumn Activity" by Isla, age 7, Cromer Vacation Care

NORTHERN BEACHES  
COUNCIL

[northernbeaches.nsw.gov.au](http://northernbeaches.nsw.gov.au)



# MULTISPORT CAMPS



**BOOK EARLY! PREVIOUS CAMPS REACHED CAPACITY**

- Prices starting from \$28.50 per full day
- Free supervision 8am to 6pm
- Perfect for boys and girls ages 4 – 13
- New programs with 9 different sports
- After camp activities program every afternoon
- Dates available: April 10 – 13, 18 – 21, 24
- Save 10% if booked on or before March 27th
- Warringah Recreation Centre - corner Kentwell & Pittwater Roads, phone 9938 1831  
[wrc@voyagertennis.com](mailto:wrc@voyagertennis.com)
- Book and pay online  
[www.voyagertennis.com/](http://www.voyagertennis.com/)  
click north manly tab



# Waratah Parade Procedures



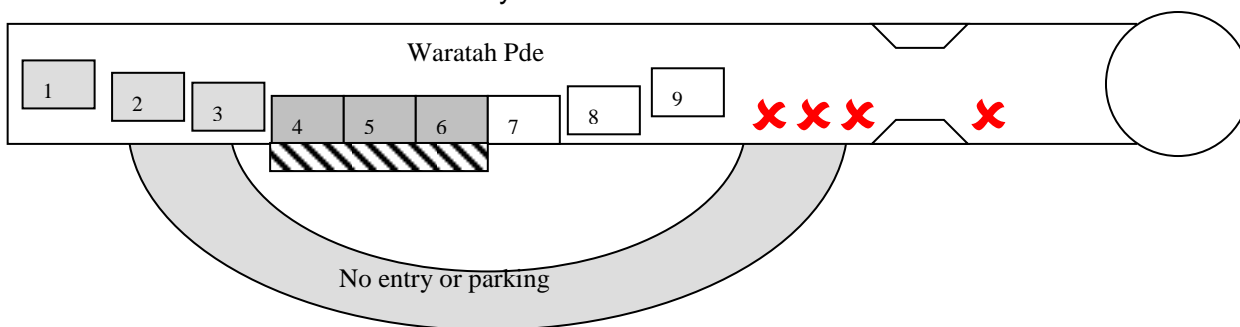
Please follow the instructions below for **dropping off** and **picking up** children in Waratah Parade. It is imperative for the safety of all children that all parents and carers use the correct procedures. If you have others (eg. grandparents) using this entrance it is your responsibility to train them to use this area safely.

- The zone runs between the two driveways of the church in Waratah Parade. It is a small area and holds only 6 cars at a time.
- Do not PARK in this zone – morning or afternoon. It is a 5 minute zone for loading and unloading passengers. If you wish to walk into the school please **DO NOT** park here!

**In the morning** - pull into the zone, let your children out and drive off. You should not need to get out of your car. **DO NOT** drive into the church driveway or park in the church grounds.

**In the afternoon** – children are escorted to “walkers” by 3:10pm.

- If the zone is full – you need to drive around the block or park somewhere else. **DO NOT** line up over the church driveway or pedestrian crossing! This is illegal and you may be fined.
- When the children arrive at Waratah Parade, they will sit down while teachers organise them to be loaded into the waiting cars.
- Children will only be allowed to get into the **first three cars** in the line up. Once these cars are loaded and leave the pick up area, the line of cars will move forward and the next three will be loaded. The three cars being loaded must move away in that order (eg. in the picture below, car 6 can not pull away before cars 4 or 5).
- Under no circumstances should you block Waratah Parade.



- Each family must register to use Walkers and receive a laminated family name card. Drivers will place one of these name cards in the windscreen on the passenger side to allow the teachers to see which children need to be ready to get into cars.

## Registration for St John's Afternoon Walkers

- ☐ I have read the revised procedures for the afternoon Walkers system and will abide by them.
- ☐ I have advised all caregivers for my children of these procedures:

Surname: \_\_\_\_\_ Eldest Child's Class: \_\_\_\_\_ Signs Required: # \_\_\_\_\_

These name tags will be placed in the windscreen (passenger side) to assist with the efficient loading of children.

Signed: \_\_\_\_\_