



ST JOHN'S NEWS

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Issue No 3 – 15th February 2018

PRINCIPAL NEWS

Dear Parents,

There are times during the year that are particularly good for setting up good habits for ourselves and our families.

This time of year is perfect for establishing good routines with the children; for setting up expectations that help everybody get on with life confidently and supportively. It's time to set the boundaries and be persistent in implementing them until they become habitual. There are some practices that are foundational for developing healthy life skills. Building your child's resilience – the ability to bounce back or move forward from a setback will help them with their ability to handle the difficulties that will inevitably come their way. I don't think I know a parent who doesn't want this for their child but what can get in the way?

We can never love our children too much, but you can love them helplessly. Over-indulging them; solving their problems or not giving them real responsibility can lead to low self-sufficiency and a block to resilience. It is a good time to think about how to build responsibility and self-sufficiency in your child this year. Our teachers often talk about slow release of responsibility in learning. They let them know what is to be learned; they model how to learn and what to do; the children then have a go with some help or support and finally the children do it themselves. The process builds confidence, independence and could easily apply in the family situation. For more on the idea of building resilience the following link from 'Parenting Ideas' could be of interest to you https://drive.google.com/file/d/1G1NDINVUuwqVL_cSUIXQkY6fzUS6CQee/view?usp=sharing

The season of Lent began this week and your child attended either the Parish Mass (3-6) or a special Lenten liturgy (K-2) at which they received the ashes on their forehead – a sign that Jesus loves us deeply and wants us really try to be great friends with him. In the picture featured, Miss Cahill is helping our K-2 children learn how they develop that friendship at school and at home in practical ways including pray and actions towards others.

The children (K-6) are encouraged to support Project Compassion by making a donation into their class Project Compassion box during Lent. Having a box at home is also another way to engage the family in Lenten practices. The following link from our Diocesan parent resource walkingtheway.dbbco.org offers some easy to read ideas on Lenten practices at home <http://wgm8.r.a.d.sendibm1.com/8wwreqnh3nnf.html>. This is also available on the Faith page of our Weebly.




Thanks to all parents who have been able to attend our Parent Information Evenings so far – we have Years 2, 3 and Kinder to go. The evenings are offered as a first step in making a connection between home and school this year. We have individual interviews happening at the end of Term One, some social events including class gatherings and our Bush Dance and our Parents and Friends Term One meeting is coming up. All events are in our calendar. How will you help us make the connection between home and school this term?

Sincerely,

Mark Bateman – Principal

DIARY

Week 4 Term 1 Mon 19 Feb	Week 4 Term 1 Tues 20 Feb	Week 4 Term 1 Wed 21 Feb	Week 4 Term 1 Thurs 22 Feb	Week 4 Term 1 Fri 23 Feb	Week 4 Term1 Sat/Sun 24/25
	<i>Advisory Council Meeting 6-9pm Postponed till 6th March</i>	<i>Y2 Parent Information Meeting 6.30-7:15 Y3 Parent Information Meeting 7.15-8pm 1-2-3 Magic 6.30-9pm</i>	<i>Kindergarten Parent Information Night 6.30pm</i>		
Week 5 Term 1 Mon 26 Feb	Week 5 Term 1 Tues 27 Feb	Week 5 Term 1 Wed 28 Feb	Week 5 Term 1 Thurs 1 Mar	Week 5 Term 1 Fri 2 Mar	Week 5 Term1 Sat/Sun 3/4
	<i>St John's Playgroup 9-11am Meeting for Class Parents 6:30 P&F Meeting 7:15 1-2-3 Magic 6.30-9pm</i>	<i>Northern Beaches Swimming Carnival</i>			<i>Bush Dance</i> 

IMPORTANT DATES FOR THE DIARY

Sat 3 March

School Bush Dance

Sat 10 March

Family Mass (Kinder & Year 5 hosting)

Mon 12 & Thurs 29 March

Open Day morning 9.15-10.40am evening 8.30-8pm

Tues 13 & 27 March

St John's Playgroup 9-11am

27 March

Year 3 boys visiting St Paul's College Manly

Tues 3 April

Staff Development Day

Thurs 5 April

St John's Cross Country

Sat 7 April

Family Mass (Year 1 & Year 6 hosting)

Fri 13 April

Last Day of Term One

COMMUNICATION UPDATES FOR 2018

To ensure effective communication we ask for families to please remember to download and use Flexibuzz and Qkr.



FLEXIBUZZ

- **UPDATE YOUR CHILDREN'S YEAR GROUP FOR 2018**
- We suggest you also select 'Whole School' in addition to your individual child's class

QKR – for canteen ordering, school fee and other payments.

Refer to school website (<https://www.sjandbb.catholic.edu.au/news-events/150/p/>) or Weebly (<https://stjohnsnarraweena.weebly.com/parent.html>) for information on each app

SPIRITUAL NEWS

SACRAMENT OF RECONCILIATION

Reconciliation

The Parent Information Evening for Reconciliation will take place **TONIGHT at 7pm** in St John's Church. Reconciliation is open to all children in Year 3 and above who have received the sacrament of Confirmation. There are further details available on the Faith page of the Weebly (<https://stjohnsnarraweena.weebly.com>).

SCHOOL PARISH MASS

A huge thank you as always to those families who came along and made our family Mass such a wonderful celebration of our faith.

Parents, when you bring your children to Mass, it is such a powerful message that you are sharing with them – the centrality of God in our lives, being part of a faith community, the importance of service (thank you all of you role models who put your hand up to help out with hospitality) – your children are watching and learning!

PROJECT COMPASSION

All families will have received home a Project Compassion box for Lent. Our parish and our school support Caritas in their work at this time as part of our Lenten observance of almsgiving (giving to the poor).

This can be a very powerful tool to teach your children about compassion and empathy. Great opportunities to talk about, and be grateful for, all that we have and to recognise that not everyone is so fortunate and that we are in a position to help.

TOUR DE CURE – RAISING FUNDS TO FIGHT CANCER:

The Tour de Cure bike riders will be attending St John's for Monday morning assembly February 26th – 8:45 am. The leader of the group, Geoff Coombes, will be talking to the children about cancer and the importance of a healthy life style (diet and exercise) and the work of the group. One of our students Khyla M has been an amazing support of Tour de Cure and has inspired the visit. Tour de Cure visits schools across the country to promote their message.

AWARDS



FRIDAY MORNINGS – 8:45am Kindergarten – Year 2, FRIDAY AFTERNOONS – 2:40pm Year 3 – 6 STRENGTH & GENTLENESS will be presented on MONDAY mornings during Prayer Assembly

Strength & Gentleness	Charlie S (5D), Charlotte B (5NF)					
KC	CLASS KC	2R	Chelsea H Jimmy J	4SC	Marlon I Rose Mc	Sport Blake W (2N) Nelson D (4B)
KG	CLASS KG	3B	Susannah C Jacob T	5D	Monica G Taylah P	
1B	Ollie B Gibson G Alessia G	3O	Christopher A Keeley F	5NF	Michael A Liam C Rose R	Library Matthew F (30) Owen N (1B)
1G	Liam F India G	3R	Anton C Brooke H	6DI	Luke C Matthew S	
2N	John Paul F Luella V	4B	Liam C Chloe C	5/6B	Luke B	Music/Drama

The following students will be presented with their SRC badges at Fridays’ assemblies (K-2 – 8:15, 3-6 2:40)

KC	Mitchell J	2R	Jake F	4SC	Ruby N
KG	Holly S	3B	Madeline K	5D	Ines M
1B	Charlie P	3O	Joy N	5NF	John B
1G	Tobias P	3R	Angus B	6DI	Joel I
2N	Giselle L	4B	Khyla M	5/6B	Luke B

We congratulate these children and are sure they will be excellent ambassadors for their class and represent them well in our SRC meetings.

SCHOOL NEWS

IT’S CRUNCH TIME AT THE CANTEEN

STOP PRESS:

The canteen will be open tomorrow (Friday) at lunchtime. All purchases will be over the counter (no online ordering).

Snacks

- GF** Red Rock Deli Chips Plain \$1.00
- GF** Mamee Rice Sticks \$1.00
- GF** Mamee Cornitos \$1.00

Drinks - \$2.00

- 100% Fruit Juice
- Grape, Raspberry

Frozen Treats

- Frozen Orchies – 80c
- Icy Bites - 50c
- Icy Pops – \$1.20
- Moosies \$1.00
- Frozen Yoghurt \$2.00
- Juicies \$1.00
- Frozen Slushies \$1.50

ENROLMENTS FOR 2019 – SPREAD THE WORD



Enrolments are open for Kindergarten children for 2019. Interest in other grades is welcome. We will be holding Open Mornings and Evenings this year for interested families. Dates and time are as follows:

- **St John’s Open Mornings – Monday March 12th and Thursday March 28th, 9:15 am – 10:40 am. Open Evenings 6:30 – 8:00 pm on the same dates.**

Enrolment forms must be in by the end of May 2018 for 2019. We encourage all siblings to have forms in by the beginning of May – this will assist us in identifying available spots for next year.

School Tours can be booked on Wednesdays or attend playgroup every second Tuesday of the month. Please phone 9971 9297 or email sjan@dbb.catholic.edu.au for a booking or further details.

SWIMMING CARNIVAL

Thank you to everyone who made this year's swimming carnival such a success! The day ran smoothly thanks to our fabulous Sports team and volunteer parents. As we continue to move to a paperless world, we thank the families who had to be patient with us as we work out the kinks with Google Forms. We did have a pretty good response rate and most families were able to enter their children's details on the form relatively stress-free!

The day itself was a lot of fun – our newly appointed colour house captains kept the enthusiasm running hot with their inventive cheers, and we have quite a few amazing swimmers who may have an Olympics in their future!

Information on the Northern Beaches Swimming Competition will be sent home to participating children soon.



LOST AND FOUND AT THE SWIMMING CARNIVAL – we do have some belongings that may have accidentally gone home with the wrong children. Can everyone please check, and if you have any extra belongings, send them back to school!

BEY BLADES/YU-GI-OH CARDS

With your permission, children can bring in bey blades and game cards to play with but are not allowed to do any 'swaps/trades' – they take home exactly what they brought in AND please don't send it to school if it is too precious!

SCHOOL BUS

➤ **Students will now require an Opal card which you can apply for online via**
<http://www.transportnsw.info/school-students>

➤ **School Bus route**

<http://www.sydneybuses.info/news/new-bus-route-numbers-for-school-special-bus-services-in-2016>

PROCEDURE FOR PICKING UP AND DROPPING OFF CHILDREN ON WARATAH PARADE

A reminder that each family must register to use **Walkers**, in order to receive a laminated family name card. Drivers will place one of these name cards in the windscreen on the passenger side to allow the teachers to see which children need to be ready to get into cars.

The procedure for Walkers is attached to the newsletter.

The Parking Rangers have been spotted up on Waratah Avenue. Please ensure you are obeying the parking restrictions in the mornings and afternoons.

LIBRARY NEWS



We have lots of new books in the library if you are able to help with covering them we will provide the contact you need.

Just pop into the library or ask at the office and we will send home a bag with the books and contact.

CANTEEN

IMPORTANT NOTE: The Canteen is CLOSED every THURSDAY

W3 Term 1 Mon 6 FEB	W3 Term 1 Tues 7 FEB	W3 Term 1 Wed 8 FEB	W3 Term 1 Thurs 9 FEB	W3 Term 1 Fri 10 FEB	
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	
W4 Term 1 Mon 13 FEB	W4 Term 1 Tues 14 FEB	W4 Term 1 Wed 15 FEB	W4 Term 1 Thurs 16 FEB	W4 Term 1 Fri 17 FEB	
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	

NEW CLASS PARENTS NEEDED FOR 2018

Our class parents are an important role for our school and our children. Having a strong school community and support network assists our children to thrive at St Johns.

If you would like get to know people, contribute to the school and your child's development we need volunteers for 2018. To become a class parent (two class parents for each class) or if you would like to enquire about the role, please contact Joanne Woolford (Class Parent Co-ordinator) via email joanne.woolford@bigpond.com.au Thanks.

CLASS	TEACHER	CLASS PARENT	CLASS PARENT
KC	Ms Cahill	Wendy Jones	Carol Glover
KG	Mrs Gillett	Joanne Woolford	
IG	Miss Gorman	Lauren Willoughby	Shelly Thorn
1B	Mrs Blyton	Carly Dircks	Anita Richter
2N	Mrs Navarro	Julie Felice	Anna Amoroso
2R	Ms Rath		

3B	Miss Blake	Amelia Chandler	
3O	Mrs O'Connell	Gen Ferris	
3R	Miss Roache		
4B	Mrs Booth	Caroline Miller	Brooke Gunasti
4SC	Mrs Coram and Mrs Stachersky	Michelle Southan	Jo Woolford
5D	Miss Dunk		
5NF	Mrs Nelson-Smith and Mrs Fountain	Belinda Bedford	
6DI	Mrs Douglas and Ms Ingram	Christine Hodge	Kylie Johnston

SCHOOL BANKING

Tuesday is School Banking Day...

Calling for volunteers – we need your help!



Our students really enjoy participating in the Commonwealth Bank School Banking program and to keep this program running we need your help.

The program requires volunteers to facilitate the banking and distribution of School Banking rewards. If you can spare an hour on a Tuesday morning please let us know. Your help with the program will greatly benefit students as they develop vital saving skills and also help our school with fundraising.

Currently, School Banking day is Tuesday.

If you are interested in volunteering please email our School Banking Co-ordinator, Belinda Bedford, (bgbedford@optusnet.com.au) with the following details:

Your name, phone number, and days/dates you are available.

OPEN DAYS

Attention Year 5 Parents:

Children attending Catholic systemic high schools (Mater Maria Warriewood, St Paul's Manly, Mercy College Chatswood) should enrol for those schools in Year 5 for Year 7. Read on for the dates of high school Open Days.

Stella Maris

Year 7 2019 Academic and Performing Arts Scholarships – Applications close on 21 February 2018

Details and applications forms can be downloaded from the website: www.stellamaris.nsw.edu.au

Mater Maria Catholic College – Thursday 8th March 4-7pm 5 Forest Road WARRIEWOOD

Year 7, 2020 applications close on Wednesday 4 April 2018. Applications welcome for Years 8-11

Please contact our enrolment Register (Deborah Fitzgerald) on 9997 7044 or email deborah.fitzgerald@dbb.catholic.edu.au

Mercy Catholic College, Chatswood Sunday 4th March from 11am - 2pm. 101 Archer Street, CHATSWOOD

Applications for placement in Year 7, 2020 are open and should be received by the College office by the end of Term 1, 2018.

It is anticipated that the interview and acceptance process for entry into Year 7, 2020 will commence in Term 3, 2018.

For further information please visit the College website <http://www.mercychatswood.nsw.edu.au/> or contact our College Registrar SMCCC.Registrar@dbb.catholic.edu.au

Marist College North Shore Open Day Saturday 3 March 2018 10am-1.30om 270 Miller Street NORTH SYDNEY

www.maristcollege.com



The P&F Gazette

News and info from YOUR Parents & Friends Association

What's the role of the P & F?

If you're new to our School, you might wonder what it is that the Parents & Friends Association does.

Put simply, we support our School and actively work with the School to help build the sense community that surrounds it. This is all done on a voluntary basis.

We hold annual social occasions that include the Bush Dance (see below!), the Disco, Mother's and Father's Day events and more. We help to coordinate the Canteen, School Uniform Shop, School Banking & any areas where the school calls upon the help of the community. We raise money to assist the school's resources. We are also a part of the Broken Bay Catholic School Parent group that works to further improvements on a larger scale.

We do it for the School, our community, and of course - our kids!



P & F meeting, Tuesday 27th February - Save the date!

Our first P & F meeting for the year is on Tuesday 27th March from 7pm in the school library. All are welcome!

If you have any questions or items to add to the agenda, please email stjohnspandfassociation@gmail.com

**STOP
PRESS!!**

Canteen Open at lunchtime tomorrow!

YES! – the Canteen will be open at lunch time tomorrow, so children will be able to purchase delicious icy treats on what promises to be a hot dry day. Please note – service will be over the counter only (no lunch orders).

We're still in the process of recruiting our new coordinator, and appreciate your patience 😊

BUSH DANCE

Saturday 3rd March 6pm onwards

Get ready to kick off the new school year St John's style as we dance the night away to our long-time favourite live band, **Ducks on the Pond**. Entry is free, BYO food and drinks. There'll be a sausage sizzle, sliders, raffles and more! Further info will be coming next week via FlexiBuzz. See you there!

School Uniform Shop Reminder

Now open Fridays, 8.30 – 9am and 2.30 – 3pm
in the canteen

**I LOVE
FRIDAYS**

Questions? Comments? Email any time at stjohnspandfassociation@gmail.com

Warm regards

Bel, Pip, Jo, Russell & Caroline



SUPPORT OUR SCHOOL AND GET COLLECTING

We would love your help collecting Coles Sports for Schools for our school. Tell your friends and family to get involved as well, because the more vouchers we collect, the more sports gear our school will receive.

Bring your vouchers to the office.



www.ooshnb.com.au Centre No: 0403 074 015 or Office: 9984 8089

Email: narraweena@ooshnb.com.au

Kids Club News

Parents, I would like to inform you that we are almost at 100% capacity on a Tuesday and Thursday. If you have not re-enrolled your child please come and see Jeff and he will be able to help you.

You can download the 'My Family Lounge' app through the app store and use this to book casual days where the calendar is marked green.

PLEASE NOTE, IF YOU REQUIRE A CASUAL BOOKING, YOU MUST BOOK THROUGH YOUR MY FAMILY LOUNGE ACCOUNT EITHER ONLINE OR THROUGH THE MFL PHONE APP. IF YOU HAVE ANY PROBLEMS WITH MAKING A BOOKING PLEASE RING US ON 0430 074 015 or EMAIL US AT narraweena@ooshnb.com.au or RING HEAD OFFICE ON 9984 8089 AS WE CAN NOT ACCEPT CHILDREN WHO ARE NOT BOOKED IN, DUE TO NUMBERS AND STAFFING RATIOS. PLEASE SEE JEFF YOU HAVE ANY QUESTIONS.

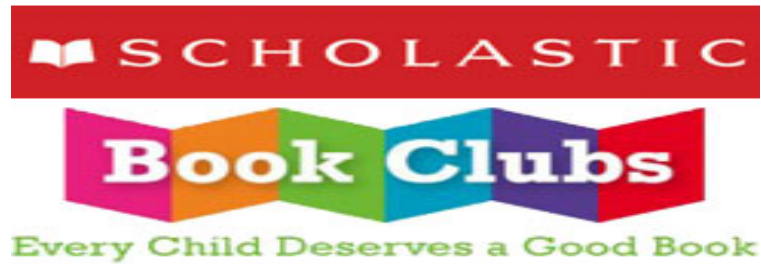
'This week we were lucky enough to get some new toys from Mr Fraser. He brought in some small action figures which the children have been loving all through the morning and afternoons. The children are making teams using the different types of ships and tanks and having fun trying to win each other's figurines.

The older children are having a wonderful time looking after the new kindy kids. It is amazing to see the older children take on more responsibility during the afternoon to show the new kids where to play, what to play and what is the most fun!

We are still continuing with our craft projects and look forward to more input from the kids and families.

If you have any questions please come in and see Jeff at any time during the morning or afternoon.

OOSH Team.'



Welcome back to Book Club for 2018

For on line ordering please follow the link <https://mybookclubs.scholastic.com.au/>

Unfortunately, we cannot accept cash or cheque orders.

Remember to collect your orders from the office if you request a “gift” order

Book club orders for Issue 1 are due no later than [Friday 16 February](#)



WANT YOUR KIDS TO MAKE FRIENDS EASILY?

- | | |
|--|-----|
| 1) Can we keep friends in same team? | YES |
| 2) Does every child receive a trophy? | YES |
| 3) Is our club part of active kids & receive \$100 discount? | YES |
| 4) Do we offer extra coaching via academy? | YES |

Then come & play football with Dee Why FC & register at www.dyfc.com.au

For Academy Trials & dates visit www.dyfcacademy.com.au

We currently need to fill a few teams from last year in Under 7, Under 10 Girls, Under 12 Girls, Under 12 Mixed Team, Under 10 Mixed team. Please call Sasha 0411656444.





ST JOHN THE APOSTLE CATHOLIC SCHOOL

OPEN DAYS MARCH 2018

**ENROL NOW
FOR 2019**

Monday 12 March 2018

Open morning 9.15am – 10.40am, Open Evening 6.30pm – 8pm

Thursday 29 March 2018

Open morning 9.15am – 10.40am, Open Evening 6.30pm – 8pm

Providing quality Catholic education to the local community since 1961. Enrolling now for Kindergarten 2019 and other grades 2018, 2019. Meet the principal; student leader activities for the children; see our school in action.

St John's, Narraweena, a place of 'Strength and Gentleness'.

Come and see what a Catholic education can offer your child.

School tours are available on Wednesdays or can be arranged by appointment.

ST JOHN THE APOSTLE CATHOLIC PRIMARY SCHOOL 166 Alfred St Narraweena NSW 2099
TEL 02 9971 9297 EMAIL sjan@dbb.catholic.edu.au

sjandbb.catholic.edu.au

ST. JOHN THE APOSTLE

Catholic Primary School



Presents Parent Course

1-2-3 Magic and Emotion Coaching

The program supports parents and caregivers with effective strategies to help their children self-regulate and manage their emotions and behaviour. Children who have developed social and emotional skills find it easier to manage themselves, relate to others, resolve conflict, and feel positive about the world around them.

1-2-3 Magic is easy to learn and it works!

The logical and practical 1-2-3 Magic method can be learnt in **3 sessions**. It is easy to remember and implement especially when parents are tired or stressed.

Strategies are given for the following 3 tasks of parenting:

- ✓ Helping children to self-regulate and learn to control their own unwanted behaviour
- ✓ Encouraging social and emotional learning and self-awareness
- ✓ Strengthening parent-child relationships (shared fun, praise and listening.)

Where: St. John the Apostle Catholic Primary School

166 Alfred Street, Narraweena. School library.

When: Tuesdays 14th, 21st and 27th March. **Time:** 6:30-9:00pm

Cost: \$10 for a workbook covering the 3 sessions.

RSVP: Bookings are essential: <http://www.schoolinterviews.com.au>

Booking Code: 235y8

Queries: School office 9971 9297 or
Email: sjan@dbb.catholic.edu.au

Interested in playing hockey in 2018?



Manly Junior Hockey welcomes players from 5 years and up, boys and girls.

Specially modified games for our younger age groups so that you can learn the game!

Friendly grass competition at Curl Curl each Saturday.

Fast and furious turf competition played at grounds across Sydney.



'Come and try' sessions to be held in Feb
All newcomers welcome.

Registrations open early Feb!

For further information visit our website:
www.revolutionise.com.au/manlyhockey or
contact us at **manlyjuniorhockey@gmail.com**