



ST JOHN'S NEWS

166 Alfred Street, Narraweena NSW 2099

T: 02 9971 9297 F: 02 9971 2157 E: sjan@dbb.catholic.edu.au W: sjandbb.catholic.edu.au

Issue No 29 – 13th Sept 2018

PRINCIPAL NEWS

Dear Parents,

The Diocese of Broken Bay recently launched its Office of Safeguarding and Professional Standards.

The office has been established as an initiative of our Church leaders in Broken Bay and is in direct response to the recommendations made to institutions nationally from the Royal Commission into Institutional Responses to Child Sexual Abuse. During this month of September, there is a national focus on Child Protection. The focus aims to encourage each of us to think about the role that we play as adults in playing our part to ensure the safety of our children.

The Diocese has accountability processes in place as part of school compliance concerning Child Protection and these are regularly monitored. There is also a team of trained officers in place to support our staff with regular training and with any matters related to Child Protection and support our communities in this area.

Your child will receive a 'Safe Contacts Card' and an information card for parents to take home today. The 'Safe Contacts Card' carries information about who children can approach if they experience a worry or concern along with a set of phone numbers they can access. The information card for parents aims at raising adult awareness about our responsibilities and about the things we can do to ensure our children are safe. We will include a copy of both cards on our website for your information. A sample of the items sent home is attached to today's mail out.

Further information about this important initiative can be reached at the following link under the Safeguarding tab:

<https://www.bbcatholic.org.au/>

It was good to see the response rate to our recent request to complete the 'Tell them from Me' survey has been steady. I encourage you to give us feedback via this anonymous tool as it will assist us with us consider the direction of our school and the information will be used in our planning processes. In addition to the TTFM survey is an opportunity to provide feedback to me in relation to my leadership via another survey link sent on Tuesday this week. I appreciate we live in a world of surveys. Nevertheless your contribution to these requests is appreciated.

We are receiving great support from our community regarding our St John's Fete November 3rd. You should have received a 'sign up' notification asking for assistance on the day for a short amount of time – many hands make light work. We are looking for some assistance with the distribution of flyers to the local community this week. Mrs Blyton and Miss Blake are working with our Class Parents and our P&F to organise this activity. Read on for further fete information.

Finally, more of our children will be receiving their First Eucharist this weekend at either St Kevin's or St John's. We keep these children in our prayers.

Best wishes

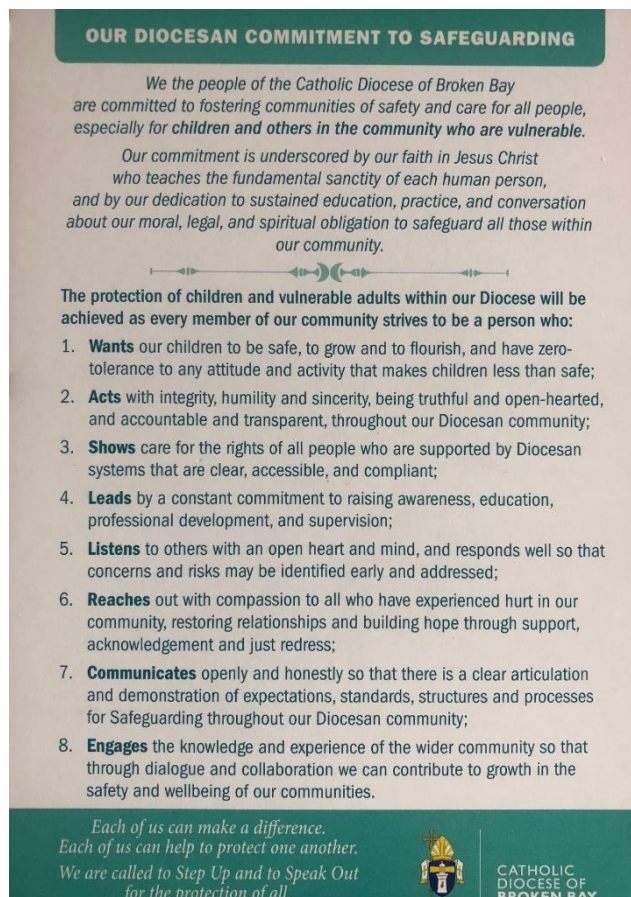
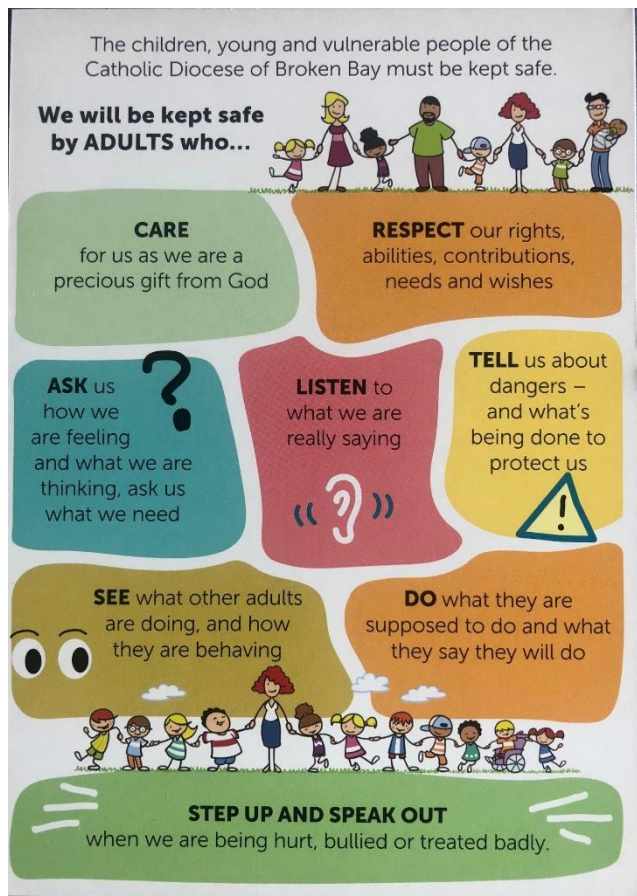
Mark Bateman – Principal

DRIVEWAY PARKING:

We are noticing an increase in the number of cars using our driveway on Alfred Street for drop off and pick up of children. Please note that the right side of the driveway is for 'Access Parking'. The left side is actually an EMERGENCY EXIT point and should be left clear at all times. There are two large red signs indicating this on the gate. Parents and carers are requested to find a park along Alfred Street or the surrounding streets before coming into the school to pick up or drop off unless arrangements have been made directly with us in writing to use the driveway. The Rangers recently visited the office about school safety, please see below for more information.

OFFICE OF SAFEGUARDING AND PROFESSIONAL STANDARDS – DIOCESE OF BROKEN BAY

WHAT CAN WE DO AS ADULTS TO ENSURE OUR CHILDREN ARE SAFE?



SAFE CONTACTS CARD FOR OUR CHILDREN:



DIARY

| Week 9 Term 3 Mon 17 Sept | Week 9 Term 3 Tues 18 Sept | Week 9 Term 3 Wed 19 Sept | Week 9 Term 3 Thurs 20 Sept | Week 9 Term 3 Fri 21 Sept | Week 9 Term 3 Sat/Sun22/23 |
|-------------------------------|--|--|--|-------------------------------|--|
| | <i>St John's Advisory Council Meeting</i> | <i>Yr 3-6 Cricket Skills @ Beverly Job</i> | | | <i>First Communion @ St John's</i> |
| Week 10 Term 3 Mon 24 Sept | Week 10 Term 3 Tues 25 Sept | Week 10 Term 3 Wed 26 Sept | Week 10 Term 3 Thurs 27 Sept | Week 10 Term 3 Fri 28 Sept | Week 10 Term 3 Sat/Sun29/30 |
| | <i>Yr 3&4 Gala Day (Eagle Tag and Cricket)</i> | | <i>Yr 5&6 Gala Day (Eagle Tag and Cricket)</i> | | |

IMPORTANT DATES FOR THE DIARY

Sun 9th Sept

First Communion 9.15am – St Kevin's

Sat 15th Sept

First Communion 5pm – St John's

Sun 16th Sept

First Communion 10am – St John's

Sat 22nd Sept

First Communion 5pm – St John's

Sun 23rd Sept

First Communion 10am – St John's

Fri 28th Sept

Last Day of Term

AWARDS



****PLEASE NOTE – THE HALL IS CURRENTLY UNAVAILABLE. AWARDS WILL BE PRESENTED IN CLASSROOMS****

| | | | | | | |
|-------------------------|-------------------------------------|-------------|---------------------------------------|-------------|--------------------------------|--|
| KC | Jake J Lawson L James S | 2R | Matilda B Chelsea H Chloe N | 4SC | Kai K Jacob O Philippa P | Sports Tabias P (1G) |
| KG | Teya H Isaac M | 3B | Susannah C Madeline K | 5D | Ruby C Maurice J | Biba D (4SC) Krish R (5/6F) |
| 1B | Ollie B Sophia M Ellie W | 3O | Zachary C Jacob H | 5NF | Giselle B Emma B Chloe F | Library Chloe C (1B) |
| 1G | Harrison D India G Michalis S | 3R | Victor K Dominic Y | 6DI | Jade C Vanesa H Nikita M | Asha F (3R) |
| 2N | Katia K Luella V | 4B | Christian C Cheriese E Aurora P | 5/6B | Joshua G Harry P | Drama Cheriese E (4B) Alexandra J (4B) Sophie R (4B) |
| Rock & Water | | Max K (5NF) | | | | |

MISSION PROJECT DAY BY OUR MISSION TEAM

Last Thursday, we attended the Mission Project Day at St Paul's Manly. There were students representing the primary catholic schools of our parishes on the Northern Beaches. We worked with St Kevin's students. In addition, there were students from Mater Maria and St Pauls who worked with us during the day.

We had guest speakers: Miss Thorpe, the boys at St Pauls and Jack (Fiver for a Farmer founder). Miss Thorpe is a teacher who works with children in Cambodia to provide them the basic needs of education and nutrition and a safe home (as well as a few extra treats). In October, she will be returning to Cambodia and buying all of the children new school uniforms and we were very excited to hear that Miss Ingram will be going with her to help out with the children during their school holidays.



The boys from St Pauls also visited Cambodia last year and shared details of their trip – they are hoping they can go again this year, they really loved the people.

It was great to listen to Jack who has now raised over \$1M through his project which began as a CBL idea in class!



We've got lots of ideas that we are looking forward to talking to Mr Bateman about for Social Justice at St John's.

St John's Mission Team

FIRST COMMUNION & SECOND COMMUNION

Congratulations to all of the St John's students who made their First Communion last weekend. There was great excitement this morning in the Year 3 classrooms as the children prepared to join the Parish for morning Mass – and some children were going to make their *second* Communion.



We will continue to celebrate First Communion over the next two weekends at St John's.

COOPERATERS IN GOD'S GRACIOUS ACT OF CREATION

Our Stage 3 students have been investigating our responsibilities towards creation – and the fact that we are not doing a great job! Creation means the environment and the people around us and we were stunned to realise just how wealthy Australia is in terms of the world. Even worse, is our environmental footprint – we use (and waste) so many of the planet's resources. When we do that, not only are we not caring for creation, but we are using resources that should be shared with others – the poor.

So what can we do? Have a massive lifestyle change? Sure! Or, we could just start with small things...

This entire crate of plastic containers is going to be sent to landfill today.

Not one of them has a name on it, and no one has come to look for them for over a week.

There are eight jumpers in lost property that either have no name or old names of students who have left the school. They are going to the clothing pool today.



HOW CAN YOU MAKE A DIFFERENCE? SIMPLY LABEL YOUR CHILD'S BELONGINGS.

TELL THEM FROM ME – PARENT SURVEY

Thank you to the parents who have already completed the 'Tell them from me' survey. It will be open until the end of Term 3 and we encourage all of our parent community to get involved.

This survey will give us insight regarding student engagement, well-being, classroom climate, and other factors known to affect learning outcomes and will be used to inform school policy and practice. Your answers can bring changes to the school.

The survey only takes about 20min to complete and we would appreciate your feedback. Please go to <https://www.tellthemfromme.com/survey/splash/sjan> (or click on the image below).



BROKEN BAY PUBLIC SPEAKING FINAL



Vanessa in Year 6 was a worthy representative for St John's in the Diocesan Public Speaking competition held at St Patrick's in Asquith on Tuesday night. Vanessa was one of 12 competitors and there was definitely tough competition. Speeches ranged from the topic of the alphabet, to overcoming obstacles, to space, to ethical fashion, to the spirit of the game. Vanessa's topic was 'Speaking up to make a difference' and she spoke with conviction, confidence and poise and we were very impressed.



The competition is in two parts - a 3 minute prepared speech, then a 1 minute impromptu speech (with a 10 minute preparation time). As you can imagine, having only 10 minutes to prepare and practice a speech can be quite a nerve-wracking thing to do, but the children all did a spectacular job!

Special guest judge included [Philip Ruddock](#), second longest running member of parliament. He commended all of the speakers on the passion and strong performance and talked about the good hands we are in for our future with thinkers and speakers like these.

WHAT IT TAKES TO RAISE 'GOOD KIDS' – ARTICLE

I came across an article on Facebook this morning called '*Harvard psychologists have been studying what it takes to raise 'good' kids. Here are 6 tips*'. I read through and actually really agreed with all of the points, particularly how they tie in with our Christian values. Basically, following Jesus as a role model and following the golden rule of *treating others as you would like to be treated* will help our children develop and grow both as 'good kids' and 'good adults'. The 6 ideas are listed here but some really do need to be unpacked as they are in the article.

1. Hang out with your kids
2. If it matters, say it out loud
3. Show your child how to 'work it out'
4. Make helpfulness and gratitude routine
5. Check out your child's destructive emotions
6. Show your kids the bigger picture

I highly recommend the read - <https://www.upworthy.com/harvard-psychologists-have-been-studying-what-it-takes-to-raise-good-kids-here-are-6-tips?c=ufb1>

ATTENDANCE

Regular attendance at school is essential for your child to achieve their best. When kids miss school, not only is there an impact on their academic progress, but on their social connection as well.

School supervision begins at 8.15am every day, and we have Before and After School Care on site as well from 7am. Children should be at school by 8.45am at the latest as this is when we head into class and begin the academic learning for the day.

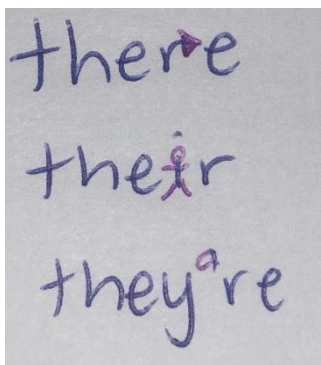
Children do enjoy the time before our classwork begins – it is a time to connect with friends, to get a bit of exercise, to have time to breath and feel settled before the day starts. There are always important messages and reasons to celebrate in our morning assemblies as well, which begin on the blue soft-fall at 8.40am each day.

Remember, if your child is arriving to school AFTER 8.45am, you MUST accompany them to the office and sign them into school using Passtab on our school iPad. Please do not just drop them at the gate.

If your child is absent from school, you must ensure you provide us with a verbal or written explanation for the absence ideally within 24 hours. The easiest way to do this is with Flexibuzz – you can do it from your phone on the day your child is sick or away from school.

Please take the time to read the attachment to this week's newsletter from our Parenting Ideas subscription on what happens when kids come to school late or otherwise miss out on school. If you need help or support or having any questions regarding attendance, please talk to your class teacher.

SPELLING AND VISUAL MNEMONICS



We have been exploring the use of visual tools to help us with spelling words, particularly homophones (which sound the same but have different spelling and different meanings).

One of the ways we have been doing this is to create a visual mnemonic (memory device), such as this one to help with remembering the difference between **there** (a position word), **their** (an ownership word) and **they're** (a contraction of they are).

Have you got any helpful ideas? Send them in!

PLASTIC FREE TUESDAY – 18TH SEPTEMBER – WEEK 9

Yesterday, our Yr 3 Eco Warriors did a count on plastic rubbish that we put in the bin. There were 74 pieces in one bin at morning tea time. If we multiply that by the four bins – that's 296 pieces – and if we double that for lunchtime that's 592 pieces of plastic. If we multiply that by 5 days, that is 2460 pieces of plastic we are using every week.

Rethink, Refuse, Reduce, Reuse, Recycle

We can try and recycle our plastic – but that is the final option. Before that happens we should be **reducing** the amount of plastic we use and **rethinking** our alternatives.

Next Tuesday we are asking all families to think about how they can **reduce** the amount of plastic packaging that we bring to school. Is there a way to **eliminate** plastic waste completely? Can you **reduce** 5 pieces down to 1? What alternatives are available?



A big shout out and thank you to the wonderful companies and families who have already donated gifts or sponsored parts of our school Fete – it's going to be such a fun day! Stay up to date with what's going on in our lead up to the big day by checking out our Fete web page - <https://www.sjandbb.catholic.edu.au/our-school/st-johns-fete/>

St John's Narraweena Fete

Saturday 3rd November 10am - 3pm
166 Alfred Street, Narraweena

Free Entry
DJ Kit Kat - All Day Disco
Giant Inflatable Rides & Mechanical Rides
Side Show Alley
Show Food
Come experience the fun!

Pre-purchase ride tickets \$20
<https://www.trybooking.com/book/event?eid=401089&>
Tickets also available on the day



Some of our incredible raffle prizes include **an xbox**, **a two night get away to Hamilton Island**, **an android tablet** and lots more. We are looking for more donations large or small.

There are stalls available (3mx3m) for only \$100 plus GST. BYO table and marquee.

Please email our Fete committee on sjan@dbb.catholic.edu.au

SCHOOL DISCO

“SAVE THE DATE”

Friday 19th October 2018



LIBRARY NEWS

BOOK COVERING

We have lots of new books thanks to the generous donations from the Book Fair. If you are able to help us get these books ready for borrowing by taking home a small bag of books for covering we would really appreciate it. Contact will be supplied with the books.

No Parking

No Parking zones can be used to **drop off** and **pick up** children

- Drivers may stop to drop off or pick up passengers or goods for a maximum of 2 minutes.
- The driver **must** remain in or **within 3 metres** of the car
- Do not leave the vehicle unattended



Penalty \$187 and two demerit points

Bus Zone

Stopping is **not permitted** at any time.

- Drivers are not permitted to stop in a bus zone at any time. Unless, the sign shows times of operation, then the restriction only applies during those times.



Penalty \$337 and two demerit points

Driveways

Do not park across or on a driveway or any other vehicle access way.

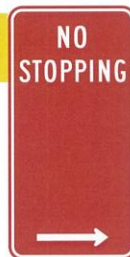
Penalty \$337 and two demerit points



No Stopping

Stopping is **not permitted** at any time.

- Dropping off or picking up passengers is **not permitted** in these areas.
- A continuous yellow line on the edge of the road also indicates a No Stopping zone.



Penalty \$337 and two demerit points

Double Parking

Double parking reduces visibility for other motorists and pedestrians.

- Vehicles must not stop next to legally parked vehicles, even for a short time.
- It is illegal to park within three metres of double white centre lines



Penalty \$337 and two demerit points

Please note:

Penalty rates are current as of 1 July 2018.
Demerit points can increase the cost of your Greenslip.

School Zones

They keep our children safe



HOLIDAY WORKSHOPS

SPRING

COME & CHECK OUT OUR NEW WATERSLIDE!

DATES FOR THE DIARY: TUES 2nd OCT - MON 15th OCT 2018

Activities Include: Gymnastics, Trampolines, Games, Waterslide, Water play & Sandbucket Play Centre.
Age Specific Activities: Flipz & Trix, Baking, Kayaking, Arts and Crafts, Nintendo Wii and Table Tennis.

Located in Pittwater Sport Centre
1525 Pittwater Road, North Narrabeen NSW 2101

CONTACT US TODAY: 9913 7421

TIMES
Drop off from: 7:00am
Pick up by: 6:00pm

COST

| Non Members | Members | Half-Day | Members Half-Day |
|-------------|---------|----------|------------------|
| \$97 | \$85 | \$60 | \$56 |

MEALS ARE INCLUDED

Parenting *ideas* INSIGHTS

Building parent-school partnerships

WORDS Michael Grose

It's not okay to be away ... nor to be late to school

When kids miss school, not only is their academic progress impeded, forcing them to catch up on missed work (which some never do), they often miss important interactions with their peers which can compound issues of social isolation and low self-esteem.

One of the most important things you can do to ensure your child has a bright future is to make sure he or she goes to school every day—and gets there on time.

It sounds simple, but it's true. The correlation between school attendance and children's achievement levels is well-established. The more time kids spend at school, the more likely they are to experience school success.

Conversely, according to a report from the Victorian Auditor General, students who are regularly absent from school are at the greatest risk of dropping out of school early, and of experiencing long-term unemployment.

When kids miss school, not only is their academic progress impeded, forcing them to catch up on missed work (which some never do), they often miss important interactions with their peers which can compound issues of social isolation and low self-esteem. Also, many teachers tell me, it's often the kids who can least afford to take time off school who are most likely to be serial absentees.

Of course, most people know this intuitively, yet school absenteeism is a huge problem in Australian schools—and much of it is parent-condoned.

It's hard to get an accurate picture across the country but it would appear that Australian students miss an average of between 12 and 15 days per school year, with parent-condoned absenteeism highest among young primary-aged children.

That adds up to a year's lost schooling over the school-life of a child. In today's highly competitive world, this rate of absenteeism is alarming, putting our kids at a distinct disadvantage.

That's not a reason to be away!

It's now commonplace for children to stay away from school for reasons that would have been unheard of just twenty years ago. These include staying away to celebrate their own or a sibling's birthday; being absent because they stayed up too late watching television; going shopping for clothes; an extended long weekend; and kids not wanting to take part in a

sports day or special school event.

This type of absenteeism sends a strong message to kids that parents don't really value learning or their children's school experiences.

Australian kids only spend 15% of their total time at school. They spend more time asleep than they do at school. So we need to maximise every day to get full value. That means turning up to school every day, on time.

Being late is not okay either

Missing a few minutes each day may not seem like a big deal but your child may be missing more than you realise if he or she is continually late.

Current research shows that mornings for most children are the most productive time of the day, with 10.00am the peak period for productivity. When children arrive late and take time to settle as they inevitably do, valuable learning time is lost.

more on page 2 >>



Stay one step ahead of your kids with great ideas & expert advice from Michael Grose. Join Michael's **NEW Parentingideas Club** today at parentingideasclub.com.au. You'll be so glad you did.



... It's not okay to be away ... nor to be late to school...

It takes strong parenting ...

As a parent myself I know how persuasive children of all ages can be when it comes to taking a day off school. It takes a strong will to resist the persistent pressure that kids can bring to bear, particularly if they play the guilt card with comments such as "It's not fair that I have to go school today because Aunty is coming to visit!" Nice try. But the answer should be "No!"

As parents we need to make a commitment that our kids make the most of their precious time at school. That means that we send them to school every day, on time and ready to make the most of the school day.

Of course, there will be times, such as illness or genuinely extenuating family circumstances, when kids should be away. But these need to be a rarity rather than the norm.

It's reassuring to know that you increase their chances of future success just by making sure they turn up to school every day. And of course regular school attendance also helps kids prepare for the workforce, where it will be expected that they turn up each day work-ready. The real world is unforgiving of those who stay away with NO EXCUSE.

AS A PARENT:

- ✓ Commit to sending kids to school every day.
- ✓ Make sure kids arrive at school and class on time.
- ✓ Inform the school when they are away, sending medical certificates and other evidence of genuine absence.
- ✓ Consider catching-up on missed work.
- ✓ Make kids who are away stay in their bedroom – that is where ill kids should be.



Stay one step ahead of your kids with great ideas & expert advice from Michael Grose. Join Michael's **NEW Parentingideas Club** today at parentingideasclub.com.au. You'll be so glad you did.





2-DAY MEGA CAMP

OCTOBER 2018

BOOK YOUR CHILD IN NOW TO GET **MEGA MOTIVATED**
DURING OUR 2-DAY SCHOOL HOLIDAY MULTI-SPORTS CAMP

KINDY - YEAR 6 | 8:30AM - 3:30PM

NON STOP SPORTS, MUSIC AND HIGH ENERGY ALL DAY LONG
NEW CAMPERS RECEIVE A FREE ROOKIE JERSEY

DAVIDSON HIGH SCHOOL

MIMOSA ST, FRENCHS FOREST

2nd-3rd October 2018

NBSC SENIOR CAMPUS

HARBORD RD, FRESHWATER

8th-9th October 2018

EARLY BIRD OFFER

**20%
OFF!**

FIRST 100 TICKETS ONLY



motiv8sports

BOOK NOW
MOTIV8SPORTS.COM.AU

EVOLVE TENNIS ACADEMY

Multi-Sport Holiday Camps

✓ CAMP DATES

Week 1: 2nd - 5th October | Week 2: 8th - 12th October

✓ CAMP PRICING

Full Week - 5 Day Camp

Full Week Full Days \$175

Full Week Half Days \$145

Full Week - 4 Day Camp

Full Week Full Days \$140

Full Week Half Days \$115

Single Day Pricing

Full Day \$60 (9-3pm)

Half Day \$45 (9-12pm)



✓ HOW TO BOOK

By email : evolvtennis@evolvtennisacademy.com

By Phone: **9971-0644**

ONLINE : www.evolvtennisacademy.com

✓ WHAT TO BRING

- A racket, if they have one (if not, we have plenty spare)
- A hat & sunscreen + water bottle
- Morning Tea & Lunch (if staying full day)
- YES, we have Pro-Shops at each venue which sells treats, drinks etc...

✓ DETAILS & MORE INFO

- FREE Before & After Care (7.30 - 5pm)
- Ages 4 to 16yrs welcome
- Experienced, Qualified Coaches
- Hotshots Tennis & MULTISPORT Format
- Prizes, Fun & FREE Pizza Each Friday
- Camps run rain, hail or shine

✓ Collaroy Tennis Club, Careel Bay Tennis Club, & Wyatt Park Tennis Centre

10%
DISCOUNT APPLIES
CHECK ONLINE
FOR MORE
DETAILS

SCHOOL HOLIDAYS



MULTI SPORT CAMP

- 9 exciting team sports
- Perfect for boys and girls, age 5+
- Supervision 8am - 6pm
- Prices from \$30 per day

DATES:

ALL WEEKDAYS DURING THE SCHOOL HOLIDAYS.

PRICES:

EARLY BIRD DEALS FROM JUST \$30 PER DAY.
BOOK MORE DAYS AND SAVE, SEE PRICES ON
OUR WEBSITE.

LOCATION:

WARRINGAH RECREATION CENTRE, KENTWELL
ROAD, NORTH MANLY



BOOK: www.voyagertennis.com (Click Holiday Camps Tab)

INFO: 02 9938 1831 wrc@voyagertennis.com