



ST JOHN'S NEWS

166 Alfred Street, Narraweena NSW 2099

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Issue No 9 – 28th March 2019

PRINCIPAL NEWS

Dear Parents,

Improvements to our playground equipment area have been completed and officially opened. The new improvements include:

- Finn's Hill – an innovative play space designed for climbing, sliding, crawling and sitting. Finn's Hill is named in memory of Finn Marker, a student of St John's who passed away in July 2017. Each time we use the hill we are encouraged to think of Finn and all those who love him.
- A play stage next to Finn's Hill and a memorial plaque for Finn.
- A cottage complete with shop windows and counters.
- Recycled, re-oiled and reshaped play decks.
- A dry creek bed with fixed rockery and native plants to be used for exploratory and creative play.
- New, established Tuckeroo trees which will provide ample, natural shade to the area.
- A bush tucker walk-through garden.
- An underground irrigation system to nourish our plants.
- Drainage repairs to minimise run-off from storm events.

We officially opened our new sections on Monday with a very special prayer assembly led by Year 5. Finn's parents, Bridget and Stuart were in attendance. Finn's sisters Scarlett and Scout were the first to use Finn's Hill and helped us cut the opening ribbons. More work is planned for the playground. We will need to begin saving to replace the soft fall area under the play equipment and to add more creative items to the area such as a mud kitchen, some weaving frames and spare parts stores for making and building. Our aim is to provide a space that combines active, traditional play with opportunities for creative, unstructured play during which the children can let their imagination run free.

I am receiving enquiries about the hall. It is important to understand that all parties wish to see the hall back in action. The process for doing this is with the Catholic Schools Office. The **Catholic Schools Office Facilities Unit** has advised me that the following actions have occurred in relation to the hall:

- An architect has completed a report on the building and provided this to the Structural Engineer.
- The report will form the basis for specific works which will need to be carried out.
- The CSO has engaged a builder to quote the work, taking the scope of works into account.
- A Memorandum of Understanding (MOU), which will set out conditions for hall use, is being drawn up at the Catholic Schools Office before being presented to the Parish and school for sign off.

A completion date for the works has not been made available to the school until the above has been done.

In other news, we have our Bush Dance coming up this Saturday evening. Mr Frazer has the children well prepared for this celebration. Thank you to our Year 4 parents for their organisation of our first event for 2019. We are looking forward to a great family evening of music, dance and fun.

Have a great week ahead.

Mark Bateman – Principal

Pre-school visits:

St John's is reaching out to our local pre-schools in order to build stronger connections with our local community. 'Making a Difference Long Day Care' visitors enjoyed a library visit today ([video](#)). The children enjoyed listening to stories and taking part in creative activities with our Year 6's. Recently we had a group from 'Explore and Develop Long Day Care' attend for a mini Bush Dance with Year 4 and Mr Frazer ([video](#)). Invitations have been sent to other local pre-schools and long day care centres to have a visit with us.

DIARY

Week 10 Term 1 Mon 1 April	Week 10 Term 1 Tues 2 April	Week 10 Term 1 Wed 3 April	Week 10 Term 1 Thurs 4 April	Week 10 Term 1 Fri 5 April	Week 10 Term1 Sat/Sun 6/7
Core Values Assembly 8:45 in the Church Reconciliation St Kevin's 5pm	Reconciliation – St John's 5pm	Reconciliation – St John's 5pm	St John's Playgroup 9-11am Big Vege Crunch 10am Class Mass Years 3&4 10:10 Reconciliation – St John's 5pm		
Week 11 Term 1 Mon 8 April	Week 11 Term 1 Tues 9 April	Week 11 Term 1 Wed 10 April	Week 11 Term 1 Thurs 11 April	Week 11 Term 1 Fri 12 April	Week 11 Term1 Sat/Sun 13/14
Holy Week – Palm Sunday (K) 8:45	Year 3 & 4 Soccer Gala Day	Holy Week – Holy Thurs (Yr 2-4) 2:15	Year 5 & 6 Soccer Gala Day	Holy Week – Good Friday (Yr 5-6) 2:15 St John's Cross Country Last Day Of Term	

IMPORTANT DATES FOR THE DIARY

Mon 29th April

Staff Development Day

Tues 30th April

First Day of Term 2

AWARDS



Awards are presented on Friday:

K-2 Awards in the Library at 8:45, 3-6 Awards on the Softfall at 2:40

Strength & Gentleness	Olivia O (6B) and Tahlia B (6W)
-----------------------	---------------------------------

KB	Tyler A Alexander C Sienna T Evelyn V	3B	Giselle L Chloe N	5W	Cheriese E Ruby N	Sports All of Year 2 Brooke H (3/4W) Neve S (3/4W)
1B	Joshua S Tasman V	3/4W	Lucas C Brooke H	6B	Emma B Ethan C Ines M	
1W	William F Moana-Lisa P	4B	Zachary C Natalia M Jacob T	6W	Giselle B Piper M Aaron R	
2B	Ilana A Ollie B	4W	Koby B Lucas P	5/6	Oscar J	Library Levi E (1W) Maddie K (4W)
2W	Lucy E Benji L Fletcher M	5B	Elissa G Erin W			

RECONCILIATION

Congratulations to all of the children who will be making their First Reconciliation next week.

What a powerful Sacrament!

Imagine a world where we all thought about the choices we were making and admitted that they are

not always loving choices, where we could forgive and be forgiven without holding on to bitterness and anger.

Thank you to all of the parents who volunteered to lead groups and to all the parents who have prepared their children for this Sacrament.



STATIONS OF THE CROSS

If your family is looking to do something special for **prayer** during Lent, then **Friday 5th April** our School is running the

Stations of the Cross in St John's Church from 7:00 – 7:30pm

Each Friday in Lent the Parish holds the Stations of the Cross to remember Jesus' journey to the cross.

Our Stations will focus on a social justice link at a level that is suitable for the children.

It will be led by the children and we would love to have as many children as possible involved in the liturgy, so if your family can attend, would you please let us know ASAP by clicking on the following link so we can allocate responsibilities. <https://goo.gl/forms/vGxGOThUjdmZ0UfJ2>

UPCOMING EVENTS

Holy Week Liturgies

Holy Week and Easter will take place in the holidays this year. We will hold our Holy Week liturgies in the church in **Week 11** and they are always an important opportunity for our children to connect with this key liturgical time. Everyone is welcome to join us as we recall the story:

Monday 8 April @ 8:45

Kindergarten will begin the journey with the story of Palm Sunday.

Wednesday 10 April @ 2:15

Year 4, Year 3 and Year 2 will share the story of Holy Thursday.

Friday 13 April @ 2:15

Year 5 & Year 6 will remember the events of Good Friday.

When we return to school in Term 3, **Year 1** will lead our Easter Celebrations on Wednesday 1 May @ 2:30.

Term 2 School Parish Masses

Year 5 and Kindergarten will be hosting our next School Parish Mass on Saturday 11 May at 5pm.

Year 2, Year 3 & Year 4 will host a *special* School Parish Mass on Saturday 1 June at 5pm. More about that next term.

Please put the dates in your diary!



ENVIRONMENT TEAM NEWS

Last Friday, the Environment team worked with Natasha (one of the mums at St John's) to sell produce from our eco-garden. We sold rosemary and carrots for \$1.50 and pumpkins for \$2. We raised \$27 and have donated the money to **Project Compassion**. We're looking forward to being able to plant, grow and sell more yummy things from the eco-garden. Thanks Natasha!



CORE VALUES AWARDS – TERM 1

Congratulations to the following children who have been selected by their peers and teachers to receive the Core Values Award for Term 1. The children will be presented with their certificates at our Core Values Assembly next Monday 1 April at 8:45 in the church.

Core Values

KB	Sebastian R	<i>Service and Respect</i>
KB	Evelyn V	<i>Celebration</i>
1B	Erica A	<i>Celebration, Hope & Respect</i>
1W	Violet W	<i>Respect, Justice, Service & Compassion</i>
2B	Taj H	<i>Compassion</i>
2W	Aiden P	<i>Service</i>
3B	Jake F	<i>Celebration, Respect and Compassion</i>
3/4W	Jasmine C	<i>Service and Compassion</i>
4B	Sophia V	<i>Compassion, Celebration & Respect</i>
4W	Will B	<i>Respect, Hope & Celebration</i>
5B	Hugh C	<i>Respect, Service & Compassion</i>
5W	Natalie G	<i>Respect, Celebration, Hope, Service & Compassion</i>
6B	Annie S	<i>Compassion, Justice, Celebration & Service</i>
6W	Olivia B	<i>All Core Values</i>
5/6F	Leela K	<i>Celebration & Service</i>



TEACHING & LEARNING NEWS

THREE-WAY GOAL SETTING INTERVIEWS

A reminder that our three-way goal setting interviews will begin (for the majority of classes) next Monday 1st April. The students have been busy reflecting on their learning so far and setting themselves some goals for the remainder of the year. Teachers are looking forward to meeting with you.

If you have not yet booked, please do so ASAP. The online booking system will be **closed** on Friday morning at 9am. Please go to www.schoolinterviews.com.au and use the code **eqcsb** to book in your meeting time.

The Year 5 students led us in a beautiful liturgy on Monday morning to officially open Finn's Hill. Although we had hoped to celebrate outside on the new playground, the weather was not on our side! Well done Year 5 for recreating the space so well in Church! The playground has been a big hit and is enjoyed during all of play time.



REPRESENTATIVE SPORT @ ST JOHN'S

Broken Bay Hockey Trials



On Tuesday last week, Ella, Pip, Annie and Tahlia went off to Wyong to try out for the Broken Bay hockey trials. We were competing against schools all throughout the Broken Bay Diocese. We all had a lot of fun and we tried our best.

Congratulations to Ella, Pip and Tahlia for making the Broken Bay team, the Polding trials will be held in Tamworth.

Broken Bay Rugby League Trials

Last Friday, we went to Wyong to try out for the U11 Polding team for Rugby League. We played games against students from all over the Diocese. It was very hard and there were lots of skilful players (hotshots!). We gave it our best and felt pretty proud to be there.

Nelson was lucky enough (and skilful enough) to make it into the Polding Team.

It was fun and you should have a go if you get a chance.

Charlie B (5B), Christian C (5W) & Nelson D (5B)



Polding Swimming Carnival



On Wednesday, Andie (Yr 6) represented us at the Polding Swimming Carnival competing against swimmers from Catholic schools all over NSW.

Andie competed in the U11 50m butterfly and had the tenth fastest time. We're so proud of you, Andie!

THE BIG VEGIE CRUNCH

'The Big Vegie Crunch' is an attempt by NSW primary school students to break the record for the highest number of children eating vegetables simultaneously - and to get kids excited about vegetables!

The Big Vegie Crunch being held at 10am on Thursday 4th April.



Bring your vegetables on 4th April and let's get crunching St John's!



CHALLENGE OUR CHESS CHAMPION:

Pictured is our St John's Chess Champion, Aaron R., now in Year 6. Aaron has successfully won the school championship in 2017 and 2018. He was presented with his trophy at our Talent Quest at St Paul's in 2018 and this is on display in the school library. Children interested in chess can play for fun at lunchtimes in the library on Wednesday and Thursdays. For those interested in chess, we will be running lunchtime Chess Club later in the year. We'll be taking part in the NSW Chess League competition during Term 3 and our own St John's Championship will take place in Term 4.

Will Aaron win the Chess hat trick or will a new champion emerge?

THE HEART OF LIVING – MINDFULNESS WORKSHOP

One of the teachers in our Diocese, Angela Tonkin, offers a series of workshops, programs, and even yoga sessions to support teachers and parents in mindfulness (for themselves and to better support the children we care for). She has an upcoming workshop next month that you may find suits your needs!

Creating Mindful Connections

Does your child struggle to manage their emotions? Do they experience uncontrollable meltdowns? Maybe they shut down and stop communicating to you? Make irrational choices and decisions?

When and Where: 27 Apr, 10:00 am – 1:00 pm

The Zen Collective (Building 11J), 106 Old Pittwater Rd, Brookvale NSW 2100, Australia

Investment: \$60.00

About the Event

The life of mums, dads and anyone working with kids can get HECTIC! Yes, I completely understand the busy, crazy days that most parents endure! Parenting alone is an intense full-time job without throwing work into the mix!

Some children can really challenge us with their emotions and behaviours. You love them so much, try everything you can to help them and yet you are often left feeling exhausted and wondering what else you can do??

If this resonates... Then maybe ask yourself...

Does your child struggle to manage their emotions? Do they experience uncontrollable meltdowns? Maybe they shut down and stop communicating with you? Make irrational choices and decisions?

I am really excited to be coming back to Canberra to share this 3hr workshop for parents with many tools/strategies for you to learn. Being conscious in your choices as a parent or when working with kids can assist them in learning:



- How to become self aware
- To recognise and regulate their emotions
- To be less reactive
- To increase their ability to focus and learn

If you feel you like you need to reconnect to yourself (your inner child), learn what mindfulness is and how it effects our brain, experience mindfulness in a fun and creative way to share with your children and most importantly explore strategies that can prevent our busy lives from leading to overwhelm, stress and anxiety amongst children, then come join me.

You will learn life changing skills to better communicate and connect with your every changing and growing little ones! Imagine a home where everyone is aware of themselves and how they affect others, they think before they speak and feel deep loving connections with each other.
Come and discover what's possible! Questions? Call: 0421552212

Tickets purchased through clicking the link below:

<https://www.theheartofliving.com.au/events-1/creating-mindful-connections-sydney>

PARENTS AND FRIENDS



The P&F Gazette

News and information from the St. Johns Narraweena Parents & Friends Association

St John's the Apostle Primary School is fundraising with Entertainment!

We are selling Entertainment Books again this year. \$14 from every book sold comes directly to our school.

There are hundreds of vouchers to cash in on, so it's well worth the \$70 outlay. Purchase your digital or hard copy book ASAP to receive the bonus offers.

<https://www.entertainmentbook.com.au/orderbooks/94u9722>

Thanks for supporting our School.





It's Here – The Bush Dance – This Saturday 30th March at 6:00 PM

Dust off your boots and dig out your overalls, the St John's Bush Dance is on this Saturday!

It's free entry and there will be music performed by our favourite band, Ducks on the Pond.

On the night there will be a BBQ, drinks, lolly bags, face painting, raffles, prizes & more.

We've had some wonderful prizes donated for you to win

	<p>Many Thanks to Dee Why Hotel for their ongoing support and their very generous gift voucher donations</p>
<p>Thank you to WHITE GLO for your very generous donation of products for our Bush Dance Raffle. http://www.whiteglo.com/</p>	<p>THE WORLD'S BEST ORAL CARE White Glo </p>
	<p>Thank you to CHOC & MOI for donating 1.5 hour Kid's Chocolate Workshop for our Bush Dance Raffle. https://www.facebook.com/events/193430841564108/</p>
<p>Many thanks to 7 Miles Coffee Roasters for their donation of a Coffee Hamper towards our Bush Dance Raffle.</p>	

three beans	Thank you to Three Beans for their voucher donation
Thank you to Nomad Distribution for their fabulous hamper	NOMAD DISTRIBUTION p.l.
DEE WHY HEALTH CARE COMPOUNDING PHARMACY  AWARD WINNING PHARMACY	Thanks to Dee Why Compounding Pharmacy for the prizes they have donated
Thanks to Rebel Sports for the prizes they have donated	rebel

Bring along some GOLD coins as there will also be goodies to buy – bandanas, bubble wands, moustaches!

Free Playgroup

Just a reminder that the next playgroup will be held at 9:30AM on **Thursday 4th April** in room 1.

Parents/carers are an important part of playgroup and are required to remain on-site with their children during playgroup.

For queries and questions please contact the office via phone (02 9971 9297), email sjan@db.catholic.edu.au or check out our Facebook page St Johns Narraweena Playgroup.

Best wishes,

Bel, Saartje, Matt, Russell, Jo & Gen

SAVE THE DATE!

Year 5 Parent event!

"Save the Date" - Saturday 13 April

Time - 7pm

Address - Ruby Nable's house in Narraweena

If you don't have all the details please email Joanne.woolford@bigpond.com.au



IT'S CRUNCH TIME!



ST JOHN'S CANTEEN MENU AUTUMN 2019

**CANTEEN IS OPEN
MONDAYS, WEDNESDAYS, THURSDAYS & FRIDAYS**

LUNCH MENU - ORDER VIA QKR!

GOOD FOOD HERO LUNCHES

4.20

- Butter Chicken & Rice
- Chicken Mini Rissoles Mac & Cheese
- Bolognaise Pasta Bake
- Beef Korma & Basmati Rice

Menu selection may change from time to time - check Qkr! for latest menu options!

SUPER FRESH SUSHI

3.50

- Tuna
- Tuna & Cucumber
- Tuna & Avocado
- Teriyaki Chicken
- Avocado
- Mixed Vegetable

SUSHI BOX - 9 PIECES

3.50

- Tuna
- Avocado
- Cucumber

RICE PAPER ROLLS

3.50

- Chicken
- Prawn
- Vegetable

EDAMAME PODS

3.00

Delicious edamame soy beans

OVER THE COUNTER ITEMS

KETTLE CHIPS / GRAINWAVES

1.20

- sea salt/honey soy
- sour cream & chives

CHOCOLATE CHIP COOKIE

1.20

POPCORN

- half bag .50
- full bag 1.00

FROZEN TREATS

ICY BITES

.50

- orange/mango/tropical & more

ORCHIES

1.00

- orange/apple/apple blackcurrant

MOOSIES

1.20

- chocolate/strawberry/bubblegum

100% JUICE SLUSHIES

2.00

- green watermelon/pink lemonade

ISLAND WAY SORBET

2.60

DRINKS

100% FRUIT JUICE

2.20

- orange/apple/
apple & blackcurrant

MILK / MILK WITH SIPAHH STRAW

2.70

CHILL J

2.20

- grape/raspberry

TOP TIPS!

- KEEP AN EYE ON FLEXIBUZZ FOR OUR SPECIAL FOOD DAYS
- REMEMBER TO HIT 'SUBMIT' ON QKR! & VIEW RECEIPT TO ENSURE YOUR ORDER IS COMPLETE
- IF AN ITEM CAN'T BE SEEN ON QKR! IT MEANS THE DAILY ALLOCATION HAS BEEN SOLD OUT



School Holiday Activities

Autumn 2019

What's in this edition?

NEW ONLINE BOOKING SYSTEM

Vacation Care Bookings Open

25 March, 7am

Page 6

Northern Composure Band Competition

Page 8

Art Decko Workshops

Page 9

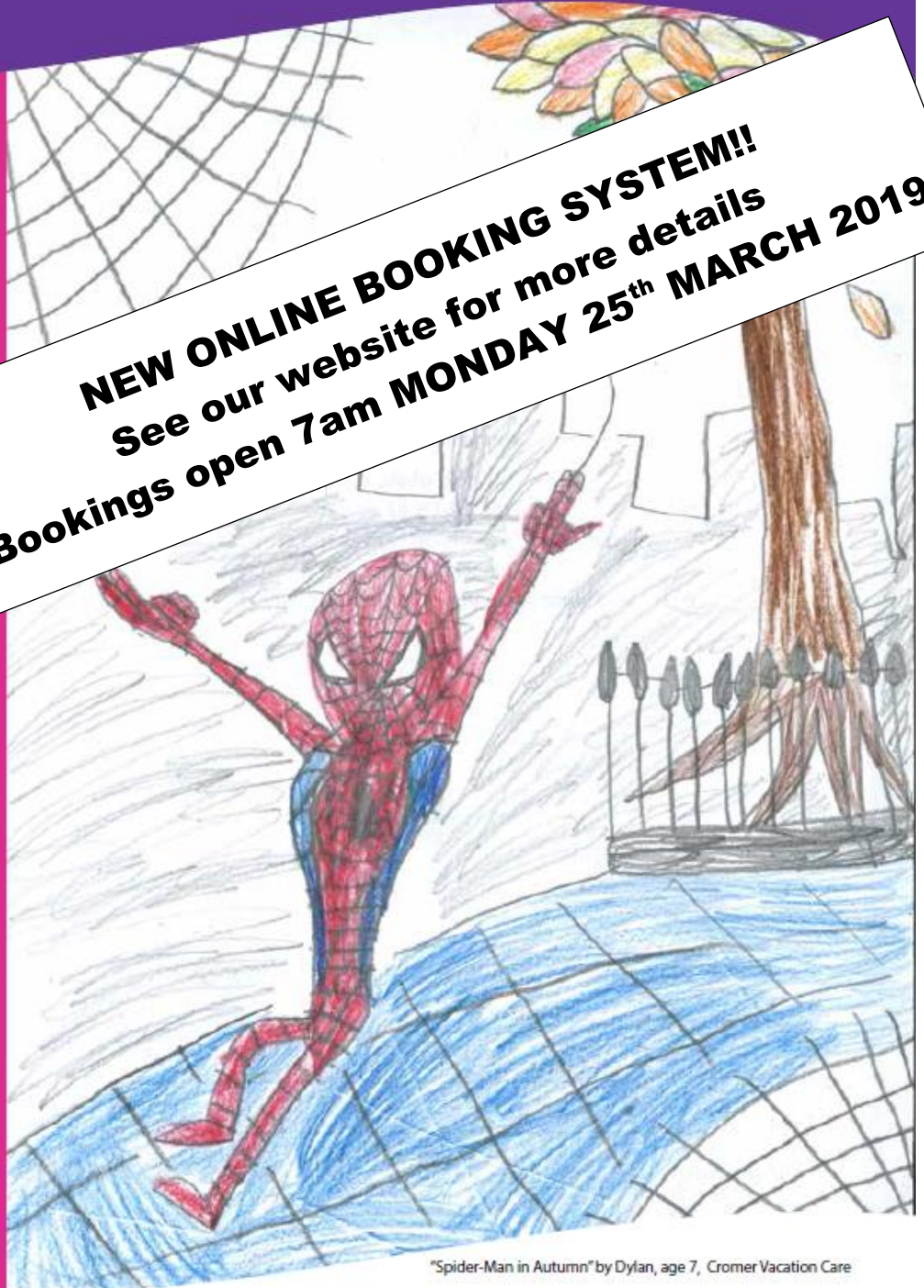
Discount Vouchers

Page 10

School holiday Workshops

Pages 11 & 12

NEW ONLINE BOOKING SYSTEM!!
See our website for more details
Bookings open 7am MONDAY 25th MARCH 2019



"Spider-Man in Autumn" by Dylan, age 7, Cromer Vacation Care

northernbeaches.nsw.gov.au
vacationcare@northernbeaches.nsw.gov.au
t 9942 2312



northern
beaches
council



EVOLVE TENNIS ACADEMY

Multi-Sport Holiday Camps

CAMP DATES

Week 1: 15th - 18th April 2019
Week 2: 23rd, 24th & 26th April 2019

CAMP PRICING

Full Week - 3 Day Camp

Full Week Full Days \$111 (EQUALS \$37 DAILY)
Full Week Half Days \$87 (EQUALS \$29 DAILY)

Full Week - 4 Day Camp

Full Week Full Days \$148 (EQUALS \$37 DAILY)
Full Week Half Days \$116 (EQUALS \$29 DAILY)

Single Day Pricing

Full Day \$60 (9-3pm)
Half Day \$45 (9-12pm)



HOW TO BOOK

By email : evolvetenis@evolvetenisacademy.com

By Phone: **9971-0644**

ONLINE : www.evolvetenisacademy.com

WHAT TO BRING

- A racket, if they have one (if not, we have plenty spare)
- A hat & sunscreen + water bottle
- Morning Tea & Lunch (if staying full day)
- YES, we have Pro-Shops at each venue which sells treats, drinks etc...

DETAILS & MORE INFO

- FREE Before & After Care (7.30 - 5pm)
- Ages 4 to 16yrs welcome
- Experienced, Qualified Coaches
- Hotshots Tennis & MULTISPORT Format
- Prizes, Fun & FREE Pizza Each Friday
- Camps run rain, hail or shine

-  CAREEL BAY TENNIS CLUB - Hitchcock Park, AVALON
-  COLLAROY TENNIS CLUB - Griffith Park, COLLAROY
-  WYATT PARK TENNIS CENTRE - Wyatt Ave, BELROSE

10% EARLY
BIRD DISCOUNT
BOOK BY
SUNDAY 24th
MARCH

Easter Holiday Camps



15th April– 29th April 2019

Join our Holiday Camps and play soccer indoors on grass

CLINICS FILL FAST, SO BOOK NOW!

Here at the Football Factory we acknowledge the necessity to focus on the development of an individual's skills. It is important that children have fun whilst they learn new skills, and that's why we've tailor made our school holiday camps to be both fun and engaging!

- Professionally qualified & engaging FFA & AFC coaches
- Learn new tricks, skills and techniques to improve your overall ball mastery and game play. We will teach you how to execute a 'Zidane Turn', 'The Socrates', 'Rabona', 'Maradona Spin', 'Cryuff Cut', 'Ronaldo Chop', or learn how to do an 'Oxford'!
- Play football, no matter what the weather, in your boots!
- Finish the day with Laser football

Half Days 9.00am-12:00pm | **Full Days 9.00am-3.00pm** | Extended days 8.30am-5.30pm
For 5-14 year olds Book from 2 days to 10 days

Check it Out!



**EARLY BIRD
10% OFF
LIMITED TIME**

2-DAY SUPER CAMP April 2019

**WHERE EVERY CAMPER'S
TREATED LIKE A ROCK STAR**

Duration: 2-days Age: Kindy - Yr 6 Time: 8.30am - 3.30pm daily
EXPERIENCE: 12 HYBRID SPORTS | 6 SUPER SESSIONS | AMAZING COACHING
AT A LOCATION NEAR YOU #noonedoesitlikemotiv8sports

**GET MOTIV8TED DURING THE APRIL SCHOOL HOLIDAYS
AT THE ONE AND ONLY MOTIV8SPORTS SUPER CAMP 2019.**

Held only once each year Super Camp is a sports festival designed just for kids. Super Camp is an energetic mix of sport, music, street culture, art and dance mashed up to create the ultimate atmosphere for kids who love having fun. With a live DJ pumping the beats and multiple prize giveaways, this is an event not to be missed. All camps are 8:30am - 3:30pm daily non-sleep over events.

**April 15 & 16 - DAVIDSON HIGH
April 23 & 24 - NBSC FRESHWATER**



motiv8sports

**IT'S OUR FAVORITE CAMP OF THE YEAR.
DON'T MISS OUT, BOOK TODAY!**

MOTIV8SPORTS.COM.AU

VOYAGER TENNIS ACADEMY

TENNIS COACHING NORTH MANLY

Kids Coaching

Structured after-school tennis programs, with development pathway, for beginner to elite players. From Age 3+. Trial session available

School Holidays

Multi-sport camps run all weekdays during the holidays. 9 exciting team sports, all day supervision, prices from just \$30 per day

Adult Coaching

Improve your tennis and keep fit with programs for all levels



TENNIS AUSTRALIA AWARDS

- 2017 Coaching Excellence, WINNER
- 2017 Best Tennis School, WINNER
- 2018 Most Outstanding Club, FINALIST

BOOKINGS: www.voyagertennis.com
02 9938 1831 wrc@voyagertennis.com



SCHOOL HOLIDAYS



MULTI SPORT CAMP

- 9 exciting team sports
- Perfect for boys and girls, age 5+
- Supervision 8am - 6pm
- Prices from \$30 per day

DATES:

ALL WEEKDAYS DURING THE SCHOOL HOLIDAYS.

PRICES:

EARLY BIRD DEALS FROM JUST \$30 PER DAY.
BOOK MORE DAYS AND SAVE, SEE PRICES ON
OUR WEBSITE.

LOCATION:

WARRINGAH RECREATION CENTRE, KENTWELL
ROAD, NORTH MANLY



BOOK: www.voyagertennis.com (Click Holiday Camps Tab)

INFO: 02 9938 1831 wrc@voyagertennis.com