



# ST JOHN'S NEWS

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Issue No 22– 26<sup>th</sup> July 2019

## PRINCIPAL NEWS

Welcome back to school for Term 3.

We come back amidst celebrations of the 50<sup>th</sup> year since the moon landing and an event almost equal in magnitude – Kindergarten's celebration of their 100<sup>th</sup> day of school on Tuesday! Congratulations to Kinder. Preparations are well underway for our musical, A Kidsummer Nights' Dream which will be held on September 5<sup>th</sup> - tickets are selling steadily. Information is being sent to class parents this week concerning costuming arrangements and details will be Flexibuzzed to all parents next week.

Term Three begins with our Athletics Carnival at the State Sport Centre at Narrabeen tomorrow. The children have been in fine voice preparing their cheers and are looking forward to the event. The First Eucharist program begins this evening with a Commitment Evening beginning at 7:00 pm at St Kevin's Church for parents and children involved in preparing for the sacrament this year.

Term Three is a time for new learning and experiences and exciting community events and happening. We look forward to your involvement with us.

Sincerely

*Mark Bateman* – Principal

## IMPORTANT DATES FOR THE DIARY

### **Saturday 10<sup>th</sup> August**

School Parish Mass Years 5 & 6 5pm

### **Tuesday 13<sup>th</sup> August**

Kinder 2020 Parent Evening 6.30pm

### **Thursday 15<sup>th</sup> & 29<sup>th</sup> August**

Playgroup 9.30am Room 1

### **Friday 16<sup>th</sup> August**

St John's Public Speaking Finals

### **Tuesday 20<sup>th</sup> August**

P&F Meeting – Library 7pm

### **Thursday 22<sup>nd</sup> August**

Northern Beaches Athletics Carnival

### **Thursday 29<sup>th</sup> August**

First Eucharist Rehearsal 7pm – St John's

### **Friday 30<sup>th</sup> August**

Fathers' Day Breakfast 7:30am

### **Saturday 31<sup>st</sup> August**

First Eucharist St John's 11am

### **Monday 2<sup>nd</sup>, 9<sup>th</sup> & 16<sup>th</sup> September**

123 Magic & Emotional Coaching 6.30pm

### **Monday 2<sup>nd</sup> September**

ICAS Digital Technologies 7.45am – Library

### **Thursday 5<sup>th</sup> September**

ICAS Science & Technology 7.45am – Library

### **Saturday 7<sup>th</sup> September**

First Eucharist St Kevin's 11am

### **Monday 9<sup>th</sup> September**

ICAS Writing 7.45am – Library

### **Thursday 12<sup>th</sup> September**

ICAS Spelling Bee 7.45am – Library

### **Saturday 14<sup>th</sup> September**

School Parish Mass Kinder, Year 1, 2 & 3 5pm

### **Monday 16<sup>th</sup> September**

ICAS English 7.45am – Library

### **Thursday 19<sup>th</sup> September**

ICAS Maths 7.45am – Library

## DIARY

Week 2 Term 3 Mon 29 July	Week 2 Term 3 Tues 30 July	Week 2 Term 3 Wed 31 July	Week 2 Term 3 Thurs 1 Aug	Week 2 Term 3 Fri 2 Aug	Week 2 Term 3 Sat/Sun 3/4
Year 2 prayer assembly			Playgroup 9.30am Room 1	Grandparents Day 1pm	
Week 3 Term 3 Mon 5 Aug	Week 3 Term 3 Tues 6 Aug	Week 3 Term 3 Wed 7 Aug	Week 3 Term 3 Thurs 8 Aug	Week 3 Term 3 Fri 9 Aug	Week 3 Term 3 Sat/Sun 10/11
Year 6 prayer assembly <i>The Resilient Child – Library 6.30pm</i>				Kindy Zoo Excursion	School Parish Mass Yr 5 & 6 5pm

## AWARDS

*There will be no Assemblies this week due to the Athletics Carnival.*

*In Week 2 (Fri 2<sup>nd</sup> August) we will hold one K-6 assembly on Friday morning at 8:45 on the blue softfall as we are holding Grandparents' Day in the afternoon.*

## Happy 100 days Kindergarten!

Kindergarten celebrated 100 days of school on the first day of Term 3. We began the day with 10 sets of 10 exercises as we counted our 100th day. We finished the day celebrating with our parents and buddies as we couldn't have done it without them. Our party was all about 100:

- Home-made 100's and 1000's biscuits
- 100 cup building
- 100 unifix sculpture
- counting our own 100 collections
- 100 hand prints

I am so proud of you all KB. Kindergarten wrote about their favourite day of Big School so far. My favourite day was our first day of school as that was the day I met you. Congratulations Kindergarten!  
Mrs Gillett :)

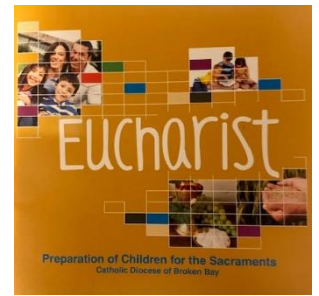


### FIRST EUCHARIST ENROLMENT TONIGHT – 7PM

The Sacrament of First Eucharist is available to all children in Year 3 or older who have received the Sacraments of Confirmation and Reconciliation.

The Commitment and Information Night for First Eucharist is **TONIGHT** 25 July at St Kevin's Church, Dee Why at 7pm.

The children receiving the sacrament should attend this evening with a parent or guardian.



### THIS WEEK'S GOOD NEWS ... OR ... SOMETHING ABOUT SUNDAY'S GOSPEL (LUKE 11:1-13)

When one of Jesus' disciples said, 'Lord, teach us to pray', Jesus gave a very direct and practical response: "Say this when you pray." Then he proceeded to recite a prayer, the basis of what we know today as the 'Our Father'.

Perhaps there is a clue here for parents. There are many ways to pray, and many ways to introduce our children to prayer. But one definite starting point is to teach our children formal prayers from our tradition, such as the 'Our Father'. This week, think about how you teach and model prayer at home.

Here are five different versions of the Our Father – it's interesting to listen to the different interpretations:

Listen to [Andrea Bocelli](#)

Listen to [Hillsong](#)

Listen to the [Aboriginal Our Father](#)

Listen to a [contemplative](#) version

And (blast from the past!) listen to [Sr Janet Mead](#) with her 70's hit.



### THE FIRST EUCHARIST ON THE MOON

It would have been impossible to miss the 50<sup>th</sup> anniversary of the Lunar Landing over the past week or so. It was such a historical landmark – such a “first” experience for mankind (especially for those of us old enough to remember that black and white transmission – even if we were *extremely* young).

What you may not have heard much about, was that while Armstrong and Aldrin waited to walk on the moon, Buzz Aldrin took Holy Communion. It was not announced publicly (NASA had been sued after the Apollo 8 astronauts read from Genesis!) but Aldrin spoke to the world, *“I would like to take this opportunity to ask every person listening in, whoever and wherever they may be, to pause for a moment and contemplate the events of the past few hours and to give thanks in his or her own way.”* He then took the body and blood which he had been given to him by his church.

In later years, Aldrin wondered if there was another way of commemorating the moment - when they were on the moon in the name of all mankind – regardless of their race or religion – but said that at the time he couldn't think of a better way to give thanks to God than to celebrate Eucharist.





## MATHS AND ME

There is a new 'Maths and Me at Home' book on our Maths Weebly complete with new learning activities for K-6 and questions to ask your child as they progress through each activity.

Check it out [here](#)! The password is SJAN

## MATHEMATICS AND ME

## AT HOME

Kindergarten to Year Six



## ATHLETICS CARNIVAL

**9.45am** Arrive at Narrabeen Academy / Classes parade around the stadium/ Students sit in colour houses / **Cheers**

**10.00am** **800m Events Begin**

Junior 800 metre race (girls and boys – 8, 9, 10 year olds)

Intermediate 800 metre race (girls and boys – 11 years old)

Senior 800 metre race (girls and boys – 12, 13 years old)

**10.30am** **Infants 70 metre sprints** - Primary have morning tea

**11.00am** **Primary Track & Field Events Begin**

Times	7/8	9	10	11	12/13
11.00 – 11.25	Track 100/200m	Discus	Shotput	Break-High Jump	Long Jump
11.25 – 11.50	Long Jump	Track 100/200m	Discus	Shotput	Break-High Jump
11.50 – 12.15	Break-High Jump	Long Jump	Track 100/200m	Discus	Shotput
12.15 – 12.40	Shotput	Break-High Jump	Long Jump	Track 100/200m	Discus
12.40 – 1:05	Discus	Shotput	Break-High Jump	Long Jump	Track 100/200m

\*7yr olds in Yr 2 compete with 8yrs but do not qualify for the Northern Beaches (Peninsula) Cluster Carnival

\* 8 & 9 yr olds to do high jump ONLY if they do it out of school. 10, 11, 12 yr olds can choose to high jump if they want to, they do not have to.

**11.00am** **Infant Activities Begin**

**1.05pm** **Finals/Relays – time permitting** (Lunch break in stands for other students)

**1:45pm** **Pack Up / Clean Up – roll call**

At the end of the carnival, each child must report to their class teacher for the class roll to be taken. All rubbish is picked up (grounds left tidy).

**2.15pm** **Finish** (Buses Depart).



Grandparents and special friends of St John's students are invited to spend an afternoon at school on **Friday, August 2<sup>nd</sup>**.

There will be a liturgy in the church, starting at 1:30. The liturgy will be followed by afternoon tea. After the afternoon tea, you may like to visit your grandchildren or special young friends in their classrooms.



**We hope you can join us for this celebration.**

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PDH – ROAD SAFETY IN YEAR 5

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## Do you know Peter, our very own Lollipop Man?

Peter has been working with St John's for over seven years. His job is to help protect families as they cross Alfred Street during school arrival and departure times. Peter has seen children involved in accidents. Peter's main goal is to protect and help families safely cross the road.

Here are some road safety tips to keep you and your family safe and make Peter's job a lot easier:

- If you are 10 years or under, hold the hand of an adult while crossing the road.
- Make sure you, or family members, do not run across the road.
- To be kind to Peter, say thanks as you cross the road.



Thanks for all you do Peter!!

By Year 5.

Wow it is Book Week term!!!

During book (August 19 until August 23) we are once again lucky enough to have a book fair in which families can come and buy some fantastic book for themselves or choose one to donate to the library.

On the Wednesday 23<sup>rd</sup> of August we will have our Book Week Parade where the whole school (yes that includes the teachers) dresses up as a book character. At St John's we do not ask the children to stick to a theme it can be any book character.

This year's book week theme is '**Reading is My Super Power**'. For adults and children alike, reading can be a powerful secret in improving the quality of your life. Each week this term I will publish one of ten reasons a group of librarians thought reading is a secret power. Feel free to visit the library or send me an email with your own reasons.

- 1. Reading is mindful.** When engaged in reading you aren't distracted by devices, chatting or problem solving. It creates a quiet space in the brain and focuses your attention.

2019 Ipswich District Teacher-Librarian Network.

This week in the Library students from Kindergarten to Year 6 will join in the celebration of the 50<sup>th</sup> Anniversary of the Lunar Landing by reading about and looking at space travel in the past, present and future.



Years 5 and 6 discussed why it took almost a decade from President Kennedy's speech to land on the moon and the actual moon landing, 'What they needed to learn to do and what they technology they needed to invent'. They then read a book about people going to Mars and suggested new technologies that will needed for this to happen.

Years 3 and 4 looked at some of the inventions which came out of the mission to the moon and space technology since, we then read this book about the work being done at the International Space Station.



Years 1 and 2 read Moon Walkers then completed a quiz on the Moon landing.



Kindergarten read Moonwalker by Mark Greenwood and looked that the 3 vehicles used to take the Apollo 11 astronauts to the moon. Students then selected from a range of activities including watching a video of the Apollo 11 moon landing, using lego to build a space vehicle, drawing what they would need to take with them to moon, role playing the moon landing with a toy rocket and reading other books about the moon.



## FATHER VOGT WRITING COMPETITION

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The children from kindergarten to Year 6 are invited to write a narrative or an illustrated poem (they may enter 1 of each if they wish) in our annual Father Vogt writing competition.

Entries for the competition will be accepted from now until Monday 5th August. Please see at the bottom of the newsletter for an entry form.



### A Kidsummer Night's Dream

Rehearsals are well underway!

If you haven't already booked your tickets to this year's School Musical, they are still on sale! Next week, a list of what each year group needs regarding costumes and props for the performance will be Flexibuzzed to parents. Please speak with your class parents if you have any concerns.



#### Performance Details

**When:** Thursday 5<sup>th</sup> September 2019 @ 6:30pm

**Where:** C3 Church Oxford Falls, Corner of Wakehurst Parkway and Dreadnought Road, Oxford Falls 2100

**Tickets:** [www.trybooking.com/BDGXP](http://www.trybooking.com/BDGXP)

### School Uniform Shop Reminder

For the first two weeks of Term 3, the shop will be closed in the mornings, as Linda S is on holiday, but thanks to Shirley it will be open in the afternoon this Friday between 2:30 and 3:00 – **Thanks Shirley!**

### Free Playgroup

Just a reminder that the first playgroup for this term will be held at 9:30AM on **Thursday 1<sup>st</sup> August** in room 1.

Parents/carers are an important part of playgroup and are required to remain onsite with their children during playgroup.

For queries and questions please contact the office via phone (02 9971 9297), email [sjan@db.catholic.edu.au](mailto:sjan@db.catholic.edu.au) or check out our Facebook page St Johns Narraweena Playgroup.

Warm regards,

Saartje, Matt, Russell, Jo, Gen & Caroline





# *let's party!*

## YEAR 6 GRADUATION

WEDNESDAY, 18TH DECEMBER 2019  
FROM 7PM - 10PM DINNER & DANCE

**AT THE MANLY PAVILION**  
WEST ESPLANADE, MANLY COVE  
MANLY

\$40 PER CHILD

INCLUDES - 2 COURSE MEAL (MAIN & DESSERT) BREAD & BUTTER ON TABLES.  
3 HOUR DRINKS PACKAGE INCLUDES WATER & SOFT DRINKS.

DRESS SMART CASUAL

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CHILD'S NAME

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CLASS

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PARENT/S NAME

☐ ATTENDING

☐ NOT ATTENDING

FULL PAYMENT TO BE COLLECTED BY THE 8TH AUGUST.  
PLEASE HAND SLIP WITH PAYMENT IN A SEALED  
ENVELOPE TO THE OFFICE. THANK YOU!

FROM YOUR YEAR 6 CLASS PARENTS

6W - GIUSEPPINA CURRAN & RAFFAELA MIESTI

6B - CAROL GLOVER & VANESSA ANASTASIO

# ST. JOHN THE APOSTLE

Catholic Primary School Presents



## Course for Parents

# 1-2-3 Magic and Emotion Coaching

This course encourages a calm approach to parenting, even in those tough moments, and shows parents how to improve their relationship with their children. Recent brain research is showing the importance of giving children practice at managing their emotions, and therefore, their behaviour. We now know that children can learn about their feelings and be taught how to manage their emotional selves to be more resilient and make better choices.

## 1-2-3 Magic is easy to learn and it works!

The logical and practical 1-2-3 Magic method can be learnt in **3 sessions**. It is easy to remember and implement especially when parents are tired or stressed.

**Where:** St. John the Apostle Catholic Primary School  
166 Alfred Street, Narraweena. School library.

**When:** Mondays: 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> September

**Time:** 6:30-8:30pm.

**Cost:** \$12 for a workbook covering the 3 sessions.

**Presenter:** Jeanie Mc Donnell: [Jeanie.mcdonnell@dbb.catholic.edu.au](mailto:Jeanie.mcdonnell@dbb.catholic.edu.au)

**RSVP:** Bookings are essential: <http://www.schoolinterviews.com.au>

**Booking Code:** ducrg

**Queries:** School office 9971 9297 or  
Email: [sjan@dbb.catholic.edu.au](mailto:sjan@dbb.catholic.edu.au)

# PARENT EDUCATION PROGRAM

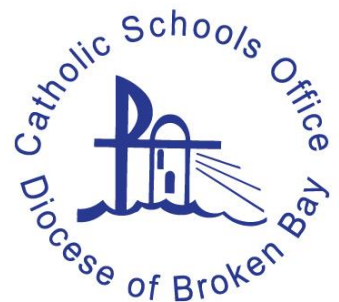


## The Resilient Child

How can we help children develop their resilience and cope better with the ups and downs of school life? What strategies develop “mental health fitness” in children and lifelong wellbeing skills?

Join us for a workshop that will provide you with:

- A better understanding of what is “wellbeing”
- Strategies for building resilience and coping skills
- Ideas to develop “mentally fit” children
- Building a growth mindset at home.



**This is a FREE workshop**

Brought to you by the  
Parent Education Team,  
Catholic Schools Office,  
Diocese of Broken Bay.

**Monday 5<sup>th</sup> August at 6:30-8:30pm**

St. John the Apostle Catholic Primary School Library

166 Alfred Street, Narrabeena.

Parking available on local streets.

Bookings are essential, so please book your spot using the following link:

[www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) Enter code: **F52M2**

For questions please email the school: [sjan@dbb.catholic.edu.au](mailto:sjan@dbb.catholic.edu.au)





**MERCY CATHOLIC COLLEGE**

# **CATHOLIC GIRLS SECONDARY COLLEGE YEARS 7 – 12**

- Providing excellence in teaching and learning since 1890.
- Recognising our students needs are diverse, we constantly aim to develop courses and apply teaching strategies that accommodate different learning styles.
- Offering a comprehensive range of electives in addition to mandatory studies from Year 7, leading to the award of the Higher School Certificate credential in Year 12.
- Achieved outstanding results in the Higher School Certificate.
- Interested in the development of the whole person, we offer numerous opportunities for students to participate in co-curricular activities. Over 30 programs including a variety of Sport, Creative Arts and special interest clubs.
- Based on a framework of positive psychology the College's well developed pastoral care structure supports student wellbeing. With specialised staff including the Director of Student Wellbeing and the Youth Minister who work with students on a variety of projects including faith development, social justice and wellbeing.
- The College enjoys modern facilities and state of the art technology in classrooms designed to cater for 21st century learning.
- Located in the heart of Chatswood the College is a short walk to Chatswood Interchange where there are connecting buses and trains.

**OPEN MORNING**  
**TUESDAY 13th AUGUST**  
**9:00am - 11:00am**

**MERCY CATHOLIC COLLEGE, CHATSWOOD**

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