



ST JOHN'S NEWS

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Issue No 23– 1st Aug 2019

PRINCIPAL NEWS

Dear Parents,

“Children’s children are a crown to the aged

and parents are the pride of their children.’ Proverbs 17:6

As we prepare for Grandparents and Special Friends’ Day on Friday this week, I’d like to offer a reflection about grandparents and the value they have for us. In doing so I acknowledge the fact that some families may have lost their grandparents; others may live with the challenge of them being far away, including overseas. With gratitude, we keep them all in our thoughts and prayers.

It is true that grandparents provide us with wonderful memories through experience and stories. They become a source of connection with the history of our families and they encourage us to celebrate this. These stories often lay the foundations of the values we hold dear in our lives.

As life becomes more demanding for parents, it is often grandparents who step in to help out. Making sacrifices in relation to their own time is something many grandparents are prepared to do in support of their families. At St John’s I notice many wonderful grandparents picking children up or dropping them off to school so that mum and dad can tend to the demands of their workplace. In Australia about one fifth of grandparents are engaged in caring for grandchildren for an average of about 12 hours per week.

Recent research from Oxford University revealed the positive impact grandparents can have on the wellbeing of their grandchildren, especially when they get stuck into doing things with them.

Grandparents can provide a sense of meaning to life. As their health begins to fail and not all their hopes are fulfilled, the children remain as the living expression of their relationship; living proof of the value and relevance of their life together.

It’s not all a one way street, though. Grandparents benefit, too. Grandchildren don’t seem to notice the wrinkles and sagging skin! Often having the time to spend with grandchildren helps develop that special relationship between; one that helps both generations see themselves as lovable, good and made in God’s image.

So, I invite you to offer a prayer and a thought or two for our Grandparents tomorrow. Our liturgy begins in the Church at 1:30 pm followed by afternoon tea. A coffee van will be provided along with a light afternoon tea. Classrooms will be open for visits and we will have our usual Book Fair set up in the school library should any of our visitors or parents wish to purchase a book for the children or make a donation to the school. We look forward to a wonderful afternoon.

Sincerely,

Mark Bateman – Principal

Peter Hamill, Director of Schools – change of roles:

Our Director of Schools, Mr Peter Hamill, will be finishing his role this Friday. He will be taking up an executive role at the National Catholic Education Commission. In the meantime, Dr Tony Bracken has been appointed Acting Director of Schools. Mr Hamill has led our diocese with great integrity, compassion and fairness. Mr Bateman will be attending his farewell this Friday evening.

Update on the hall:

All documentation has been signed off in relation to the hall with the Catholic Schools Office (CSO). Processes are in place with the CSO to select a builder to complete the scope of works. Once this decision is made we will be in a position to inform you about intended building start and finish dates.

DIARY

Week 3 Term 3 Mon 5 Aug	Week 3 Term 3 Tues 6 Aug	Week 3 Term 3 Wed 7 Aug	Week 3 Term 3 Thurs 8 Aug	Week 3 Term 3 Fri 9 Aug	Week 3 Term 3 Sat/Sun 10/11
<i>Year 6 Prayer Assembly 8:45 SRC Badges</i> <i>The Resilient Child – Library 6.30pm</i>		<i>Parent Ed – Maths 9am & 6.30pm</i>	<i>Feast of St Mary of the Cross (Mary MacKillop) Liturgy 8:45 on the softfall</i>	<i>Kindy Zoo Excursion</i>	<i>School Parish Mass Yr 5 & 6 5pm</i>
Week 4 Term 3 Mon 12 Aug	Week 4 Term 3 Tues 13 Aug	Week 4 Term 3 Wed 14 Aug	Week 4 Term 3 Thurs 15 Aug	Week 4 Term 3 Fri 16 Aug	Week 4 Term 3 Sat/Sun 17/18
<i>3/4W & 4B Prayer Assembly 8:45</i>	<i>Kinder 2020 Parent Evening 6.30pm</i>		<i>Playgroup 9.30am Room 1</i> <i>Feast of the Assumption – Whole School Mass 9:30</i>	<i>St John’s Public Speaking Finals 11.15</i>	

IMPORTANT DATES FOR THE DIARY

Tuesday 20th August

Parent Ed – Reading 6.15pm followed by P&F Meeting – Library 7pm

Thursday 22nd August

Northern Beaches Athletics Carnival

Thursday 29th August

Playgroup 9.30am Room 1

Thursday 29th August

First Eucharist Rehearsal 7pm – St John’s

Friday 30th August

Fathers’ Day Breakfast 7:30am

Saturday 31st August

First Eucharist St John’s 11am

Monday 2nd, 9th & 16th September

123 Magic & Emotional Coaching 6.30pm

Monday 2nd September

ICAS Digital Technologies 7.45am – Library

Thursday 5th September

ICAS Science & Technology 7.45am – Library

Saturday 7th September

First Eucharist St Kevin’s 11am

Monday 9th September

ICAS Writing 7.45am – Library

Thursday 12th September

ICAS Spelling Bee 7.45am – Library

Saturday 14th September

School Parish Mass Kinder, Year 1, 2 & 3 5pm

Monday 16th September

ICAS English 7.45am – Library

Thursday 19th September

ICAS Maths 7.45am – Library

AWARDS



Awards are presented on Friday:

NB: K-6 Awards will be presented on the softfall at 8:40

STRENGTH & GENTLENESS will be presented on MONDAY mornings during Prayer Assembly

Strength & Gentleness		Christopher A (4B) Taylah P (6B)				
KB	Klay G Sam M Toby O	3B	Tayla C Coddie D Chelsea H	5W	Amelia H Matthew H	Sports Jonathan B (5B) Zac A (5W) Oscar (5/6F) Toby O (KB)
1B	Tasman V Holly S	3/4W	Smith O Gemma T	6B	Alessia La Charlotte Y	
1W	Joshua M Alexia N	4B	Benjamin F Sophie M	6W	Domenic B Lucas D Andie M	Music/Drama Joshua R (2B) Lucas C 3/4W
2B	Chloe C Annabella L	4W	Fin H Madeline K Pascal K	5/6	Joshua G	Library Klay G (KB) Marcus H (4B)
2W	Lucy E Alessia G	5B	Jonathan B Rose Mc			

SPIRITUAL NEWS

SCHOOL PARISH MASS – SATURDAY 10TH AUGUST @ 5PM

Our Senior Students will be leading our School Parish Mass on Saturday 10th August. A link was emailed to all Year 5 & 6 parents this week (or it can be accessed from here <https://forms.gle/GcyMJzh54xSB2FE7>).

We hope that many of our children preparing for First Communion will also join us for this Mass as they continue on their journey to receiving Jesus' in the Eucharist.

Everyone is welcome and we will be having a Sausage Sizzle after Mass. If you will be joining us for the Sausage sizzle (**and you don't have a child in Year 5 or 6**) please use this link to let us know how many sandwiches you need <https://forms.gle/XuNqyCrA7rHCsmnU8>

DIFFERENT TYPES OF THINKING IN RE

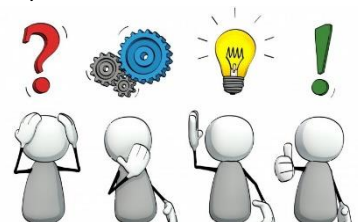
School is a great place to think! That might sound obvious, but did you know there are a lot of different types of thinking we can do?

Year 1 have been "wondering" about Creation. Wondering can be creative and it can also be a way to clarify your thoughts. Wondering lets you imagine "What if...?" and "What next...?" Wondering lets you connect the information you hear to your own ideas. I've borrowed just a few "wonderings" from Mitchell J (1B):

I wonder why God created things?

I wonder how long it took to create the sun?

And my personal favourite: *I wonder how long it took to imagine the world?*



Mitchell has a great understanding of the creative process – being able to imagine something in order to create it!

Stage 3 are looking at connections between Christian spirituality and Indigenous spirituality and the sacred nature of land. Following a discussion on the closure of the walk up Uluru later this year, 5W did some “reflective” thinking and “empathetic” thinking about the idea.

- *What possible purpose can there be when there are so many other activities provided and ways to enjoy Uluru?*
- *Why are people still climbing when they know they are being disrespectful?*
- *There are so many signs asking you not to climb and explaining why – we feel angry/sad that people don’t get it.*
- *We need to help take care of Uluru and other sacred sites.*
- *It’s like climbing on someone’s roof of their house and damaging it or like breaking in.*
- *Horrified that people go to the toilet on Uluru. Such disrespect.*
- *What for? Bragging rights? It’s all about “me”.*



TEACHING & LEARNING NEWS

SEMESTER 2 – STUDENT COUNCIL REPRESENTATIVES

Congratulations to the following students who have been elected by their teachers and classmates for Semester 2.

The children will receive their SRC badges on Monday morning at 8:45am at our Prayer Assembly in the church.

KB	<i>Christian C</i>	1B	<i>Imogen S</i>	1W	<i>James S</i>
2B	<i>Harry D</i>	2W	<i>Fletcher M</i>	3B	<i>Crystal L</i>
3/4W	<i>Jasmine C</i>	4B	<i>Isabella S</i>	4W	<i>Koby B</i>
5B	<i>Hugh C</i>	5W	<i>Natalie G</i>	6B	<i>Taylah P</i>
6W	<i>Domenic B</i>	5/6F	<i>Joshua G</i>		

MATHS – PARENT EDUCATION INVITATION

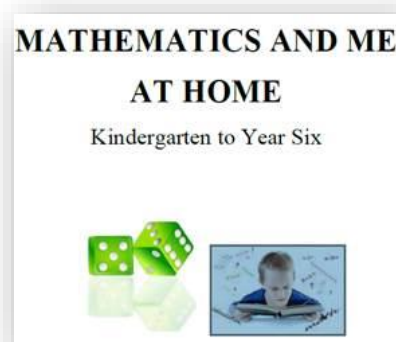
We will be having Maths Parent Education sessions next **Wednesday 7th August at 9am** in Room 13 and at **6:30pm** in the library. Our Maths Coordinator (& Yr 1 teacher) Mrs Blyton will be demonstrating some maths games and activities that we do at school and you can also do at home to assist with your child’s mathematical understanding. The focus will be on the purpose of the games and the types of questions we ask the children to promote learning and deeper understanding.

All welcome but our focus will be on K-4 learners and activities.

Please RSVP to Kirstin.blyton1@dbb.catholic.edu.au by Monday 5th August.

And don’t forget - there is a freshly updated and improved ‘Maths and Me at Home’ book on our Maths Weebly complete with new learning activities for K-6 and questions to ask your child as they progress through each activity.

Check it out [here](#)! The password is SJAN



SPORTS UNIFORM TERM THREE

There will be some changes to the days Sports Uniforms will be worn this term.

With our Musical rehearsals, there may be additional days that we ask for sports uniform to be worn. Any changes or extra days will be notified through Flexibuzz.

KB	Tuesday & Thursday	1B	Thursday & Friday	1W	Thursday & Friday
2B	Thursday & Friday	2W	Thursday & Friday	3B	Tuesday & Wednesday
3/4W	Tuesday & Wednesday	4B	Tuesday & Wednesday	4W	Tuesday & Wednesday
5B	Wednesday & Friday	5W	Thursday & Friday	6B	Thursday & Friday
6W	Wednesday & Friday	5/6F	Wednesday & Friday		

ATHLETICS CARNIVAL

Wow! What a fun day we had at the Athletics Carnival last Friday! Thank you SO MUCH to our wonderful Sports Committee and all of our teachers for their great organisation and work behind the scenes, and a HUGE shout out and thank you to our fabulous parent volunteers – we really couldn't do it without you!

Congratulations to **Gold** for taking away the win on the day!



The Northern Beaches Athletics Carnival will be held on Thursday 22nd August – information for participants will be sent home soon.

MUSICAL PROGRAM COMPETITION

Thank you to everyone who entered the Program Cover Competition for our school musical. The competition is now closed. All entries were amazing and it will be very hard to decide on the winner. The winning entry will be announced in next week's newsletter.

MUSICAL SNEAK PEEK

Our class parents have been busy behind the scenes this week getting costumes organised for the musical.

Here's a sneak peek of what we might see on stage!



Have you bought your tickets yet? Tickets are on sale through Trybooking
www.trybooking.com/BDGXP

CELEBRATING OUR GRANDPARENTS AND SPECIAL FRIENDS

Grandparents and special friends of St John's students are invited to spend an afternoon at school on **Friday, August 2nd**.

There will be a liturgy in the church, starting at 1:30. The liturgy will be followed by afternoon tea. After the afternoon tea, you may like to visit your grandchildren or special young friends in their classrooms. Please see flyer attached at the bottom of the newsletter.



We hope you can join us for this celebration.

LIBRARY NEWS

BOOK WEEK 2019

This year's book week theme is '**Reading is My Super Power**'. For adults and children alike, reading can be a powerful secret in improving the quality of your life. Each week this term I will publish one of ten reasons a group of librarians thought reading is a secret power. Feel free to visit the library or send me an email with your own reasons.

- 2. Reading Reduces Stress.** When in the flow of a good book, perhaps with a cup of tea, there are few better ways to momentarily halt the stresses of life. Hold on tight to this feeling.

2019 Ipswich District Teacher-Librarian Network.

BOOK WEEK PARADE

Each year at St John's the students participate in a Book Week Parade during Book Week. It is always a fun day where the students can dress up as a book character of their choice. This website has a few costume ideas for anyone looking for inspiration.

<http://www.scholastic.com.au/dressuptime>

FATHER VOGT WRITING COMPETITION



The children from kindergarten to Year 6 are invited to write a narrative or an illustrated poem (they may enter 1 of each if they wish) in our annual Father Vogt writing competition.

Entries for the competition will be accepted from now until Monday 5th August. Please see at the bottom of the newsletter for an entry form.

2019 ASSESSMENT DATES

					
DIGITAL TECHNOLOGIES 2 SEPTEMBER	SCIENCE 5 SEPTEMBER	SPELLING 12 SEPTEMBER	WRITING 9 SEPTEMBER	ENGLISH 16 SEPTEMBER	MATHEMATICS 19 SEPTEMBER

ICAS Assessments are available for our St John's students to participate in again this year. In 2019, the ICAS test papers will be delivered online over a 3 week period on Monday and Thursday mornings in September.

Online tests

Use the free online [ICAS Practice Interaction Test](#) to become familiar with how to:

- navigate through a test
- answer questions
- scroll and expand parts of the screen
- use the online ruler and calculator.

The last question requires audio. *Please note: Audio is only required for ICAS Spelling Bee.* Students can practice the test more than once if needed.

School: ST JOHN THE APOSTLE CATHOLIC PRIMARY SCHOOL

Link: <https://pay.unswglobal.com.au> (online ordering for tests close on Monday 26th August)

Access Code: **4e212580de**

SITTING DATES AT ST JOHN'S

Please note all assessments will be held in the school library with a 7.45am start time. We ask for children to be prompt.

iPads will be provided. Children should bring headphones and a pencil (just in case/ for working out).

Year 3 and 4 students will need to bring pencil, rubber and sharpener for the Writing assessment.

ICAS Digital Technologies	MONDAY 2 nd September (Wk 7, Term 3) – 7.45am - Library
ICAS Science and Technology	THURSDAY 5 th September (Wk 7, Term 3) – 7.45am – Library
ICAS Writing	MONDAY 9 th September (Wk 8, Term 3) – 7.45am – Library
ICAS Spelling Bee	THURSDAY 12 th September (Wk 8, Term 3) – 7.45am – Library
ICAS English	MONDAY 16 th September (Wk 9, Term 3) – 7.45am – Library
ICAS Maths	THURSDAY 19 th September (Wk 9, Term 3) – 7.45am - Library



The P&F Gazette

News and information from the St. Johns Narraweena Parents & Friends Association

Save the Date - P&F Meeting – 20th August at 7pm

This term's P&F meeting will be held on Tuesday 20th August at 7pm in the school library. Come along early and listen to an information session from Mrs. Sheehan on Reading from 6.15pm. Everyone in our community is welcome, it is our opportunity to see what great things are happening at the school and ask any questions, *plus there are yummy refreshments provided!* If you have any items that you would like to place on the agenda, please feel free to chat to any of the current the P&F committee personally, or you can send us an email at stjohnspandfassociation@gmail.com

School Uniform Shop Update

Please note that the School Uniform Shop will be closed this Friday as the canteen is being used for the Grandparents Day Afternoon Tea but will back to its normal opening times from next week – Friday Mornings 8:30-9:00 and 2:30-3:00.

Grandparents Day Afternoon Tea

This Friday, 2nd August, the school will be celebrating our Grandparents and Special Friends with a liturgy in the church at 1:30 followed by afternoon tea at the school. Just a reminder for Year 5 students to bring a sweet treat and for Year 6 students to bring a savoury item for the afternoon tea. Thank You to everybody that is helping out!

Free Playgroup

The next playgroup for this term will be held at 9:30AM on **Thursday 15th August** in room 1. Parents/carers are an important part of playgroup and are required to remain on-site with their children during playgroup.

For queries and questions please contact the office via phone (02 9971 9297), email sjan@db.catholic.edu.au or check out our Facebook page St Johns Narraweena Playgroup.

Warm regards,

Saartje, Matt, Russell, Jo, Gen & Caroline

LIDS4KIDS



Some of our families spent time these holidays collecting plastic lids for the Lids4kids initiative. This recycles the plastic lids to create amazing prosthetics for kids using a 3D printer.

The company is *Envision Hands*

(<https://envision.org.au/envision-hands/>) and we would love to continue supporting this initiative. Bring in your plastic lids (from milk and water bottles) at the same time you are bringing in your

plastic bottles for Return and Earn – save the environment AND supporting worthy causes!

YEAR 6 GRADUATION PARTY

Invitations were sent out last week. The Year 6 Class Parents would appreciate RSVP's as soon as possible. Please contact Giuseppina Curran & Raffaella Mesiti (6W) or Carol Glover & Vanessa Anastasio (6B) if you have any queries.

Live Life Well @ School

NSW HEALTHY SCHOOL CANTEENS ARE...

Using the Health Star Ratings

Health stars
are on the
front of many
packaged
foods.

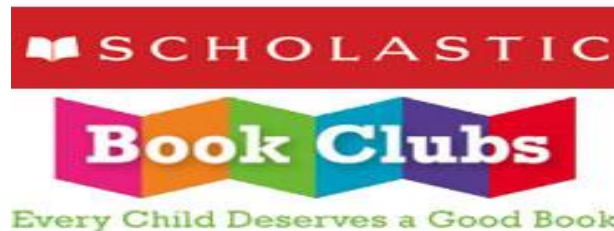


Fresh is
best, but
when buying
packaged
food use the
health stars.

Discover more at:
healthstarrating.gov.au
healthyschoolcanteens.nsw.gov.au



Health
Northern Sydney
Local Health District



For on line ordering please follow the link

<https://mybookclubs.scholastic.com.au/>

Unfortunately, we cannot accept cash or cheque orders.

Remember to collect your orders from the office if you request a “gift” order

Book Club orders for Issue 5 are due no later than

Monday 12th August



Join us as we celebrate

GRANDPARENTS' DAY

August 2, 2019

1:30pm Liturgy in the church followed by
afternoon tea and open classrooms.

Tea, treats and a coffee van will be available.

ALL WELCOME



1-2-3 Magic and Emotion Coaching



FREE Course for Parents!
An easy 3 step program for Calm, Effective and Happy Parenting



It's easy to learn and it works!

The logical and practical 1-2-3 Magic method can be learnt in 3 sessions. It is easy to remember and implement, especially when parents are tired or stressed.

1-2-3 Magic allows you to take charge of your home and enjoy your kids by setting limits and breaking down the complex task of parenting into three simple steps. You'll learn tools to use in virtually every parenting situation. The course helps parents to improve the relationship with their children by having children practice managing their emotions, resulting in improved behaviour. Children will ultimately become more resilient and make better choices.



- Where:** St. John the Apostle Catholic Primary School
166 Alfred Street, Narrabeena. School library
- When:** Consecutive Mondays – 2, 9 & 16 September
- Time:** 9am – 11.15am or 6.30pm – 8.30pm
- Cost:** \$12 for a workbook covering the 3 sessions
- Queries:** School office 9971 9297



BOOK TODAY!

This is a free event, but bookings are essential as places are limited.

Visit www.schoolinterviews.com.au and use the code **ducrg**



The workshop will be led by **Jeanie McDonnell, Family Liaison Officer** for St John the Apostle. Jeanie is also a member of the Diocesan Parent Education Team, delivering parenting workshops such as *The Resilient Child*, *Social and Emotional Learning* and *1-2-3 Magic and Emotion Coaching* across Northern Beaches schools.

PARENT EDUCATION PROGRAM

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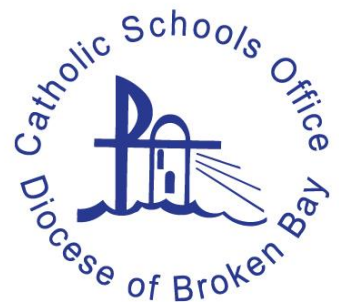


The Resilient Child

How can we help children develop their resilience and cope better with the ups and downs of school life? What strategies develop “mental health fitness” in children and lifelong wellbeing skills?

Joins us for a workshop that will provide you with:

- A better understanding of what is “wellbeing”
- Strategies for building resilience and coping skills
- Ideas to develop “mentally fit” children
- Building a growth mindset at home.



This is a FREE workshop

Brought to you by the
Parent Education Team,
Catholic Schools Office,
Diocese of Broken Bay.

Monday 5th August at 6:30-8:30pm

St. John the Apostle Catholic Primary School Library

166 Alfred Street, Narrabeena.

Parking available on local streets.

Bookings are essential, so please book your spot using the following link:

www.schoolinterviews.com.au Enter code: **F52M2**

For questions please email the school: sjan@dbb.catholic.edu.au

FATHER VOGT MEMORIAL WRITING COMPETITION ENTRY FORM 2019



Name: _____

Class: _____

Each year at St John's we have a writing competition which was started in 1999 in memory of Father Vogt who was the Parish Priest at St John's when the church was being built.

Entries for the competition will be accepted from now until Monday 5th August. The competition winners will be announced during Book Week celebrations. The theme for Book Week this year is **"Reading is my secret power"**.

Please tick the categories in which you wish your entry to be judged. Entries should be edited and published either in clear handwriting or typed. Please give your work a title. Poems can be illustrated by hand or by using a computer.

CATEGORIES	PLEASE TICK	PLEASE TICK
Kinder - Best piece of writing- narrative	<input type="checkbox"/>	Kinder - Best illustrated poem
Yr 1 & Yr 2 - Best piece of writing- narrative	<input type="checkbox"/>	Yr 1 & 2 - Best illustrated poem
Yr 3 & 4 - Best piece of writing- narrative	<input type="checkbox"/>	Yr 3 & 4 - Best illustrated poem
Yr 5 & 6 - Best piece of writing- narrative	<input type="checkbox"/>	Yr 5 & 6 - Best illustrated poem

Kinder narrative - 100 words or less

Yr 1 & 2 narrative - 350 words or less

Yr 3 & 4 narrative - 600 words or less

Yr 5 & 6 narrative - 950 words or less

- Entries should be given to Ms Sheehan, OR emailed to: kylie.cardow@dbb.catholic.edu.au
- Entries must have the entry form attached OR if your entry has been emailed it should also have your name, class and categories you are entering
- Closing date - Monday 5th August.

Entries must be **your** original work and should be on A4 paper.

Please sign to acknowledge that it is your own work

Good Luck, everyone.