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<https://www.facebook.com/sjannarraweena>

<https://www.instagram.com/stjohnsnarraweena>

Issue No 33 – 31st October 2019

PRINCIPAL NEWS

Dear Parents,



Love it or hate it each year, Halloween seems to be growing in popularity in the community and amongst our families. It is an exciting time for our children and they often talk about it, referring to dressing up, collecting lollies and helping with scary decorations. There's another way to think about it. It can provide a wonderful opportunity for us as teachers and parents to give our children a Catholic perspective on this event while taking part in it – from a different perspective.

All Saints Day is celebrated November 1st. Halloween comes from 'All Hallows' Eve'. Hallows refers to the blessed, to saints. People in bygone days used to actually dress as saints the evening before All Saints Day to recognise and honour the close relationship these people had with God.

So what does a Catholic celebration of All Hallows' Eve look like these days?

I found the following article written by Cath Family, which puts the occasion into perspective and which gives a refreshing and positive view on how to celebrate the event, referred to in the article as 'The Night of Light', with your children in some really fun ways that counter the focus on ghouls, morbidity and on filling baskets with lollies.

I hope you enjoy reading it as much as I did.

https://drive.google.com/file/d/1GBP_HhGWm5jxC-DRwAoLxyU_JfHHIRy/view?usp=sharing

Next weekend, Sunday, November 10th, the Parish is celebrating the Intercultural Day in the Church and school grounds from 11:30-3:30 pm, beginning with Mass at 10am. Local schools including St Kevin's and St John's have been invited to come along. A number of our children will be taking part in choir and band activities on the day. International food, games and entertainment are being organised by our Parish. The day is free and all families are welcome to attend.

Have a great weekend,

Principal – *Mark Bateman*

Thurs 21st Nov & Thurs 5th Dec

Playgroup – 9:30am - Room 1

Thurs 28th Nov

Class Mass 4B & 4W 9:30am

Advisory Council Dinner 6pm

Fri 29th Nov

Volunteer Afternoon Tea 2pm

Sat 7th Dec

School Paris Mass

Wed 11th Dec

Year 6 Graduation Liturgy & Celebration
6:30pm

Thurs 12th Dec

Seasons Liturgy

Fri 13th Dec

Year 5/6 Surf Awareness

Wed 18th Dec

Last Day of Term 4

DIARY

Week 4 Term 4 Mon 4 Nov	Week 4 Term 4 Tues 5 Nov	Week 4 Term 4 Wed 6 Nov	Week 4 Term 4 Thurs 7 Nov	Week 4 Term 4 Fri 8 Nov	Week 4 Term 4 Sat/Sun 9/10
	<i>MISSION DAY</i> <i>Advisory Council Meeting 6:30pm Library</i>	<i>Hockey Gala Day Yr 5 & 6</i>	<i>Playgroup 9:30am Room 1</i>		<i>Sunday Warringah Parish Intercultural Festival</i>
Week 4 Term 4 Mon 11 Nov	Week 4 Term 4 Tues 12 Nov	Week 4 Term 4 Wed 13 Nov	Week 4 Term 4 Thurs 14 Nov	Week 4 Term 4 Fri 15 Nov	Week 4 Term 4 Sat/Sun 16/17
<i>Remembrance Day Liturgy 8:45am</i>	<i>P&F AGM - Library</i>		<i>Kindy Transition Session 4 9:30am-10:40am</i>	<i>Kindy Transition Session 4 9:30am-10:40am</i>	<i>Parish Family Mass – Blessing of Kinder 2020 & Yr 4 Sat 5pm</i>

AWARDS



Awards are presented on Friday:

K-6 awards will be presented on the softfall at 8:40

(or in classrooms in case of wet weather)

STRENGTH & GENTLENESS will be presented on MONDAY mornings during Prayer Assembly

Strength & Gentleness	Christopher A (4B)
-----------------------	--------------------

KB	Eliza B Klay G Sam M	3B	James C Chelsea H Lachlan M	5W	Claudia G Amelia H	Sports
1B	Willow B Imogen S Tasman V	3/4W	Valentina B Aiden M	6B	Monica G Tamar M	
1W	Levi E Mitchell K	4B	Abbie D Joy N Jacob T	6W	Tahlia B Isabella G Aaron R	Creative Arts
2B	Cristiana G Joshua R	4W	Koby B Jake D Jacob H	5/6F	Toby	Library
2W	Liam F Fletcher Mc	5B	Charlie B Chloe C	Rock & Water	Aurora P (5B)	

PARISH INTERCULTURAL DAY – SUNDAY 10TH NOVEMBER @ ST JOHN'S

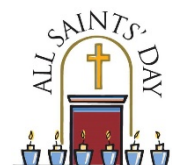
Everyone is invited to join in a celebration of our parish's vibrant cultural heritage. Held here in the school grounds next Sunday 10th, The day will begin with a special intercultural Mass at 10:00.

Come and enjoy **free food and cultural entertainment**, our **choir and Ensemble band** performing at 11:30, a **poster making and colouring competition** and lots of **games** for young and old.

If you are attending the Mass, would you let me know christine.dunk@dbb.catholic.edu.au as the Parish would like to have them help with the offertory procession.

ALL SAINTS' DAY – NOVEMBER 1 - WHOLE SCHOOL MASS 9:30

Tomorrow, we celebrate All Saints' Day. Saints are sometimes regarded as 'Catholic superheroes'. Stories of miraculous and remarkable deeds abound (less speeding bullets and tall buildings, more conversions and cures). But to get caught up on the Saints of the stained glass windows is to overlook the vast majority of saints. You see, a saint is anybody whose soul is in heaven.



We will be attending Mass with the Parish and you are very welcome to join us.

HALLOWEEN

If you are planning to mark Halloween (or All Hallows' Eve – or All Saints' Eve) it is important to remember that it is actually the vigil of All Saints' Day. Just as we celebrate Christmas Eve – because it is the night before Christmas, so it is with Halloween – its significance should be that it is the night before All Saints' Day.

ALTAR SERVER TRAINING

A note was sent home this week inviting children who have made their First Communion to train as altar servers. Training will begin next Thursday and will enable the children to serve at our class weekday Masses and hopefully at weekend Parish Masses.



MISSION DAY

Thursday Week 5 we are holding our annual Mission Day. A flyer with details of the day is attached to the newsletter. The purpose of Mission Day is to put our learning into action. We are focussing on issues that require us to create awareness and projects that we can support financially. We are raising funds for issues that are meaningful to us and, importantly, realising that we have a voice, and we can make a difference!



The children have all been asked to try and "earn" the money that they bring for Mission Day – rather than just asking for money. We would like to encourage them to having a sense of achievement around "raising" the money and then being able to use it to help others. So if there are any odd jobs around the house that are worth a dollar or two ... we would appreciate your support.

TALENT QUEST

Each year we take the opportunity to share our gifts and talents in the Talent Quest. It is another opportunity for us to reach out and make a difference, to carry out our mission as disciples of Jesus. There is a "Frequently Asked Questions" section at the bottom of the newsletter.



WASTE FREE TUESDAY

Our SRC are encouraging all students to get back in the habit of 'Waste Free Tuesday' as part of our agenda on caring for God's creation and creating a more sustainable world. Year 2 will conduct a waste audit to see just how much rubbish we accumulate here at St John's and what we can do to minimise it. Every little bit counts!

For the remainder of term, we won't be putting the green rubbish or red recycling bins out on Tuesday – just the compost bins! Ideally, children are coming to school with waste-free lunches! If not, they will take their rubbish home with them.

It is a great opportunity for your family to discuss the decisions made in the supermarket about how things are purchased – bulk buying rather than purchasing items in single serves is an easy adjustment to make (and cheaper too!). The majority of our waste at St John's is single serve packaging ☹️

PARENTS – YOU ARE INVITED TO JOIN IN

The Advisory Council invite the parent community to join our children in Mission Month and do something extraordinary for mission. Our children have all selected a charity to contribute to for mission. Parents on the Advisory Council have selected "Share the Dignity", a women's charity that makes a real difference to homeless women and victims of domestic violence. Share the Dignity will be donating bags full of essential items for women and girls they assist. You can put a complete bag together (see pictures at end of the newsletter) or donate items that we will put the bags together. Suggested items to donate include:

- Handbag you no longer use and/or
- Items for the girls and women, such as – shampoo, conditioner, body wash, deodorant, toothbrush, toothpaste, tissues, hair brush, hair ties, sunscreen, moisturiser, perfume (please only donate new items).

We welcome parent involvement in the spirit of Mission Month and hope the parent community will participate to make a difference, especially for the women and girls assisted by this charity. Donations can be dropped off at room 13. All donations are greatly appreciated.

#itsintheBag

A quick guide to your #ITSINTHEBag donation

NAPPY BAG ESSENTIALS

Choose a nappy bag or large handbag you no longer use, fill it with items that would make a new mum feel special, pop in a thoughtful note or Christmas card and show her someone cares. Your donation to our "It's in the Bag" initiative will be given to homeless women, women at risk or women experiencing domestic violence all around Australia.

All items included in your bags MUST BE NEW and in sealed packaging for health, safety & hygiene reasons. Medium to large sized nappy bags or backpacks may be in good to excellent second hand condition or brand new.

NAPPY BAG ESSENTIALS

- | | | |
|--|---|--|
| <input type="checkbox"/> Shampoo | <input type="checkbox"/> Maternity pads | <input type="checkbox"/> Baby shampoo |
| <input type="checkbox"/> Conditioner | <input type="checkbox"/> Baby wipes | <input type="checkbox"/> Baby wash |
| <input type="checkbox"/> Toothbrush | <input type="checkbox"/> Breast pads | <input type="checkbox"/> Nappy rash cream |
| <input type="checkbox"/> Toothpaste | <input type="checkbox"/> Dummies | <input type="checkbox"/> Disposable nappy bags |
| <input type="checkbox"/> Roll-on deodorant | <input type="checkbox"/> New born nappies | |

EXTRAS

- | | | |
|--------------------------------------|--|---|
| <input type="checkbox"/> Face Wipes | <input type="checkbox"/> Movie Tickets | <input type="checkbox"/> Towel |
| <input type="checkbox"/> Tissues | <input type="checkbox"/> Gift Vouchers | <input type="checkbox"/> Poncho |
| <input type="checkbox"/> Perfume | <input type="checkbox"/> Meal Vouchers | <input type="checkbox"/> Scarf |
| <input type="checkbox"/> Dry Shampoo | <input type="checkbox"/> Phone Card | <input type="checkbox"/> Jewellery |
| <input type="checkbox"/> Hair Ties | <input type="checkbox"/> Book | <input type="checkbox"/> Moisturiser |
| <input type="checkbox"/> Hair Brush | <input type="checkbox"/> Socks | <input type="checkbox"/> Lip gloss |
| <input type="checkbox"/> Comb | <input type="checkbox"/> Undies | <input type="checkbox"/> Handwritten note or card |
| <input type="checkbox"/> Sunscreen | <input type="checkbox"/> Stationery | |

PLEASE DO NOT INCLUDE THESE ITEMS:

- | | |
|--|--|
| <input checked="" type="checkbox"/> Pharmaceutical items (including but not limited to condoms, throat lozenges, paracetamol or nurofen) | <input checked="" type="checkbox"/> Any food or drinks |
| | <input checked="" type="checkbox"/> Razors/knives/scissors |
| | <input checked="" type="checkbox"/> Loose tampons and pads |

The charities, organisations and shelters the bags go to for distribution have requested that the above listed items are not included in the bags for the health, safety and hygiene of the volunteers, staff and recipients of the bags. Thank you for your understanding.

For more information visit sharethedignity.com.au

A quick guide to your #ITSINTHEBag donation

TEEN BAG ESSENTIALS

Choose a backpack or large handbag you no longer use, fill it with items that would make a teen feel special, pop in a thoughtful note or Christmas card and show her someone cares. Your donation to our "It's in the Bag" initiative will be given to homeless teens, teens at risk or teens experiencing domestic violence all around Australia.

All items included in your bags MUST BE NEW and in sealed packaging for health, safety & hygiene reasons. Medium to large sized bags or backpacks may be in good to excellent second hand condition or brand new.

TEEN BAG ESSENTIALS

- | | |
|--|--|
| <input checked="" type="checkbox"/> Shampoo | <input checked="" type="checkbox"/> Roll on Deodorant |
| <input checked="" type="checkbox"/> Soap/body wash | <input checked="" type="checkbox"/> Conditioner |
| <input checked="" type="checkbox"/> Toothbrush | <input checked="" type="checkbox"/> Pads/Tampons |
| <input checked="" type="checkbox"/> Toothpaste | <input checked="" type="checkbox"/> Suitable for teens |

EXTRAS

- | | | |
|--------------------------------------|--|---|
| <input type="checkbox"/> Face Wash | <input type="checkbox"/> Movie Tickets | <input type="checkbox"/> Pens/Pencils |
| <input type="checkbox"/> Tissues | <input type="checkbox"/> Gift Vouchers | <input type="checkbox"/> Towel |
| <input type="checkbox"/> Body spray | <input type="checkbox"/> Meal Vouchers | <input type="checkbox"/> Poncho |
| <input type="checkbox"/> Dry Shampoo | <input type="checkbox"/> Phone Card | <input type="checkbox"/> Scarf |
| <input type="checkbox"/> Hair Ties | <input type="checkbox"/> Lip Gloss | <input type="checkbox"/> Jewellery |
| <input type="checkbox"/> Hair Brush | <input type="checkbox"/> Socks | <input type="checkbox"/> Moisturiser |
| <input type="checkbox"/> Scrunchies | <input type="checkbox"/> Undies | <input type="checkbox"/> Handwritten note or card |
| <input type="checkbox"/> Sunscreen | <input type="checkbox"/> Notebook | |

PLEASE DO NOT INCLUDE THESE ITEMS:

- | | |
|--|--|
| <input checked="" type="checkbox"/> Pharmaceutical items (including but not limited to condoms, throat lozenges, paracetamol or nurofen) | <input checked="" type="checkbox"/> Any food or drinks |
| | <input checked="" type="checkbox"/> Razors/knives/scissors |
| | <input checked="" type="checkbox"/> Loose tampons and pads |

The charities, organisations and shelters the bags go to for distribution have requested that the above listed items are not included in the bags for the health, safety and hygiene of the volunteers, staff and recipients of the bags. Thank you for your understanding.

For more information visit sharethedignity.com.au

A quick guide to your #ITSINTHEBag donation

Choose a handbag you no longer use, fill it with items that would make a woman feel special, pop in a thoughtful note or Christmas card and show her someone cares.

Your donation to our "It's in the Bag" initiative will be given to homeless women, women at risk or women experiencing domestic violence all around Australia.

All items included in your bags MUST BE NEW and in sealed packaging for health, safety & hygiene reasons. Medium to large sized handbags or backpacks may be in good to excellent second hand condition or brand new.

ESSENTIALS

- | | |
|--|--|
| <input checked="" type="checkbox"/> Shampoo | <input checked="" type="checkbox"/> Conditioner |
| <input checked="" type="checkbox"/> Soap/body wash | <input checked="" type="checkbox"/> Pads/Tampons |
| <input checked="" type="checkbox"/> Toothbrush | <input checked="" type="checkbox"/> Toothpaste |
| <input checked="" type="checkbox"/> Deodorant | |

EXTRAS

- | | | |
|--------------------------------------|--|---|
| <input type="checkbox"/> Baby Wipes | <input type="checkbox"/> Sunscreen | <input type="checkbox"/> Stationery |
| <input type="checkbox"/> Face Wipes | <input type="checkbox"/> Movie Tickets | <input type="checkbox"/> Towel |
| <input type="checkbox"/> Tissues | <input type="checkbox"/> Gift Vouchers | <input type="checkbox"/> Poncho |
| <input type="checkbox"/> Perfume | <input type="checkbox"/> Meal Vouchers | <input type="checkbox"/> Scarf |
| <input type="checkbox"/> Dry Shampoo | <input type="checkbox"/> Phone Card | <input type="checkbox"/> Jewellery |
| <input type="checkbox"/> Hair Ties | <input type="checkbox"/> Book | <input type="checkbox"/> Moisturiser |
| <input type="checkbox"/> Hair Brush | <input type="checkbox"/> Socks | <input type="checkbox"/> Handwritten note or card |
| <input type="checkbox"/> Comb | <input type="checkbox"/> Undies | |

PLEASE DO NOT INCLUDE THESE ITEMS:

- | | |
|--|--|
| <input checked="" type="checkbox"/> Pharmaceutical items (including but not limited to condoms, throat lozenges, paracetamol or nurofen) | <input checked="" type="checkbox"/> Any food or drinks |
| | <input checked="" type="checkbox"/> Razors/knives/scissors |
| | <input checked="" type="checkbox"/> Loose tampons and pads |

The charities, organisations and shelters the bags go to for distribution have requested that the above listed items are not included in the bags for the health, safety and hygiene of the volunteers, staff and recipients of the bags. Thank you for your understanding.

For more information visit sharethedignity.com.au

Join The St John's Musical Ensemble!

Ever wanted to learn a new instrument but didn't know where to start?

Are you interested in learning trumpet/clarinet/saxophone/flute/euphonium?

Did you know that St John's has a number of these instruments here at school just waiting for people to use them!



Now we have a special offer to any budding musicians who may be willing to join the school band through learning one of these instruments!

If you agree to take lessons at Evergreen Music – www.evergreenmusic.com.au – you get to use one of the school instruments as your take home instrument free of charge! Even though the instrument will remain the property of St John's, it will be yours to take home for as long as you are a member of the school band and continue to take lessons with Evergreen. That's right, no hire charges!

Contact Mr Frazer at school – anthony.frazer@dbb.catholicedu.au or Evergreen Music - info@evergreenmusic.com.au for more details.



A very big thank you to Mr Bassett who led some of our year 6 boys in assembling some of our new sports equipment, a portable netball ring! The children have been having a blast today playing full games of basketball.

CHESS CLUB

ST JOHN'S ANNUAL CHESS COMPETITION

The St John's Annual Chess Competition will be held this year on **FRIDAY 29th NOVEMBER**. This will be an all-day competition held in the school Library.

Children planning to enter the competition are required to have an understanding of how each piece moves and the objectives of the game. Please complete the entry form (attached to newsletter). Payment of **\$5.00** per student entering is to be made via **Qkr** – this covers award costs. A trophy will be awarded to a winner in each year with 2nd & 3rd places to receive medals.

Any parents are welcome to assist with the chess competition - for the whole day or half day (parent volunteers do not need to know how to play chess). If there are not enough helpers the competition may not be able to go ahead.

For further information please contact Rachael Crookwell on 0408 627 270.

Entry form is attached to this newsletter or can be obtained from the office.

Please return the completed entry form to the school office by Friday 22nd November. Entry forms will not be registered until Qkr payment made.



The P&F Gazette

News and information from the St John's Narraweena
Parents & Friends Association

Call for nominations – St John's P & F Executive Committee 2020

In line with the P & F Constitution, all Parents & Friends Executive Committee roles will be declared open at this Term's AGM. As such, nominations are now open for the following positions: President, Vice President, Treasurer, Secretary.

If you are passionate about our school and our community, we encourage you to apply! If you have any questions, feel free to chat to any of the current the P&F committee personally, or you can send us an email at stjohnspandfassociation@gmail.com

Voting and appointments will take place at our annual AGM, Tuesday 12th November, 7pm in the school library.



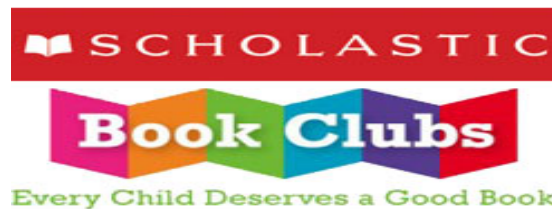
We're running a Bunnings BBQ – Sunday 3rd November



There's nothing like a Bunnings BBQ to put a smile on people's faces as they prepare for a weekend's DIY projects. And St John's will be running the BBQ at Bunnings Narrabeen on Sunday 3rd November! Starting at 8:30am and finishing sometime after 3pm, we still have a couple of shifts where we need volunteers, so if you're free to help, please join us and sign up here - <https://signup.com/go/AVdnaNm>
The P&F will all be there at some stage, so come join us raise funds for the school - it's guaranteed loads of fun!

Warm regards,

Saartje, Matt, Russell, Jo, Shirley, Linda, Gen & Caroline



Unfortunately, we have not received the issue 7 Book Club catalogue. Use the following link to browse through the magazine.

https://www.scholastic.com.au/media/5324/719_final.pdf

For online ordering please follow the link <https://mybookclubs.scholastic.com.au/>

Remember to collect your orders from the office if you request a "gift" order

Book Club orders for Issue 7 are due no later than

Friday 1st November

Northern Beaches Council's Christmas Choral Concert

This concert is being held at Manly Oval on Thursday 5th December.

This free event features choristers from local schools, choral societies and drama and singing schools; plus over 120 local residents led by Ms Margi Coen of the Sydney Vocal Arts Centre.

The official Christmas Choral Volunteer callout – is attached at the bottom of the newsletter.

TALENT QUEST – FREQUENTLY ASKED QUESTIONS

Why do we have a Talent Quest?

The Talent Quest serves two main purposes. It allows us to be disciples who reach out to help others because we raise funds for Catholic Mission and it is fun to share our gifts and talents to entertain our friends.

What “talents” are we looking for?

Singing, dancing, a musical instrument, magic shows, a little play...you name it – we’ll love it! It can be a solo act or with a group.

When do entries close?

Entries close on **Friday 8th November – Week 4** and can be given to Miss Gorman (Room 4) or left in the entry box in the office.

What days and times are the heats on?

Dates for the heats will be decided once we have all the entries in.

The children’s heats will be posted in the library window. Buddies work with the younger children to find their heats.

All heats begin at 1:25 and finish at approx 2:00.

If your child is unable to perform for a legitimate reason (eg: doctor’s appointment/illness) we will look at rescheduling – please notify your class teacher via email.

Are parents invited to the talent quest?

Parents are invited to watch the finals of the Talent Quest.

If you wish to come and watch your children in their heats you are able to do so. However, it is not an expectation and there will be no changes made to heat schedules to accommodate parents. The Talent Quest is first and foremost for the students.

Choosing appropriate costumes and music.

Please remember the children are performing at a Catholic Primary School with 5 year olds in the audience. Outfits that might be acceptable at dance class are not necessarily appropriate for the talent quest. Simple is always best and no-one is expected to buy anything for the Talent Quest. The group does not need to go and buy matching outfits.

Make sure that EVERYTHING is labelled (especially the uniform they take off).

Check the lyrics of any song your child is singing or dancing to – you can do this on the internet. The fact that a song has a radio edit indicates that the original does have inappropriate content.

Can my child wear make-up for the Talent Quest?

No make-up is to be worn during the Talent Quest.

Can I come and take my child out of class to get ready before their performance?

Simple answer - no.

The lunch bell goes at 1:15 and the Talent Quest does not take precedence over learning. The Talent Quest will begin at 1:25 so children will need to eat their lunch either before it begins or after they perform- they must eat their lunch before the end of lunch time.

What if my child joins a group or decides they do not want to be in the Talent Quest?

If they are joining a group that has already put in their entry form (or they are pulling out of a group) – there is no need to advise anyone – the group will still perform.

If they are a solo performer who no longer wants to perform, they need to advise **Miss Gorman (1W)**.

When will I know if my child is in the Finals?

Details of the finals will be posted when the heats are finished. As this can be fluid, we can't give you an exact date but it will be around the end of Week 8. Finalists are posted around the school. Again, we are promoting independence in the children - they are encouraged to check the lists (buddies will help).

When and where are the Finals?

Finals will be held at St Pauls Catholic College in Manly on Monday 16th December (Week 10) **time is TBC**. All children will travel to the venue by bus and parents are welcome to meet us there.



ST JOHN'S ANNUAL CHESS COMPETITION - ENTRY FORM



The St John's Annual Chess Competition will be held this year on **FRIDAY 29th NOVEMBER**. This will be an all-day competition held in the school Library.

Children planning to enter the competition are required to have an understanding of how each piece moves and the objectives of the game. Please complete the entry form (attached to newsletter). Payment of **\$5.00** per student entering is to be made via **Qkr** – this covers award costs. A trophy will be awarded to a winner in each year with 2nd & 3rd places to receive medals.

Any parents are welcome to assist with the chess competition - for the whole day or half day (parent volunteers do not need to know how to play chess). If there are not enough helpers the competition may not be able to go ahead.

Please return the completed entry form to the school office by Friday 22nd November.

ST JOHN'S ANNUAL CHESS COMPETITION

Student Name: _____ Class: _____

Parent Name: _____ Parent Signature: _____

I have made payment via Qkr: _____ Circle Yes/No

I am able / unable to assist at the Chess competition _____ (name).

Parent Helpers contact details _____

YEAR 4 PARTY



FRIDAY 29TH NOVEMBER

4PM - 6PM



Year 4 and their families are invited
to celebrate the end of the school
year at Manly Surf N Slide.

Contact Amelia on
0431 138 977 for ticket details

LETS END 2019 WITH A SPLASH

CHEMIST MAX

Chemist Max Narraweena
Shop 3/172 Alfred St, Narraweena NSW 2099
FREE local delivery

- ✓ **With MedAdvisor there's no more waiting!**
Pre order your medication easier and faster with us
- ✓ **Carer mode** allows you to manage medication for your kids, spouse or elderly parents
- ✓ Receive **reminders to refill scripts** so you don't run out!
- ✓ **Learn more about medications** to help better manage your health

www.medadvisor.com.au **FREE**

Special offer for St John's
school Staff, Parents and
their families.

Register your interest for
2020 Flu vaccine and get 5%
off any purchase for
November 2019

Also get discounted Flu
Vaccination when you
register by 30/11/2019

Enjoy our **FREE** App to order
prescription and any
pharmacy stock without
waiting.

Christmas Choral Concert

Call out to all Northern Beaches
primary and high school singers



northern
beaches
council

Call out to all Northern Beaches primary and high school singers

We are seeking volunteer singers for the Northern Beaches Council's Christmas Choral Concert held at Manly Oval on Thursday 5 December.

This free event features choristers from local schools, choral societies and drama and singing schools; plus over 120 local residents led by Ms Margi Coen of the Sydney Vocal Arts Centre.

This annual event includes a stage production with the Christmas Choral Community Choir, The Northern Beaches Orchestra and solo performers with a visit from Santa, food stalls and fireworks.

Choir members will perform traditional Christmas carols, with some feature roles available.

Event Details

Thu 5 Dec, 6.30 - 8.30pm
Manly Oval

Rehearsals

Students will be required to attend a minimum two of four weekly rehearsals from 6.15 - 7.15pm for those aged 6 - 12 and 7.30 - 8.45pm for age 13+ at the Manly Senior Centre, Main Hall, 275 Pittwater Road on these dates:

- Thu 7 Nov
- Thu 14 Nov
- Thu 21 Nov
- Thu 28 Nov

Students will also be required to attend a mandatory rehearsal with the Northern Beaches Orchestra on:

- Sun 1 Dec, 10am - 1pm

Location

To be confirmed

To apply click **here**

Enquiries: events@northernbeaches.nsw.gov.au

MISSION DAY 2019

Tuesday 5th November (Week 4)

Mission Day helps us to reach out to others just like Jesus did. We will reach out by raising money and awareness for a variety of local and global projects that have particular meaning to us:

Poverty: Catholic Mission "Sock it to Poverty" for Ghana.

Caring for God's Creation: Australian Marine Conservation Society

Health: Bear Cottage

Drought Relief: Aussie Helpers



Funky Disco

Get out your best moves and join the groove.

Estimation Skills Required

How many jelly beans in the jar!

Table Tennis

Show us your ping pong talent.

Cupcakes

So many scrumptious cakes – how will you choose?

Obstacle Course

Do you have the skill to make it through?

Colouring In Competition

Unleash your inner Picasso.

Lucky Dip

What will you get when you take a dip?

The Haunted House

A K-2 version and a 3-6 version! Come and have some fun!

Spinach Scrolls

Homemade delicacies made with spinach harvested from our very own eco garden!

Book Stall

Find something new to read

What happens on Mission Day?

We get to wear mufti (different clothes)! Bring a Gold coin donation.

Wear your **craziest** pair of socks to help *sock it to poverty*!



- You bring in money to spend on the stalls and activities.
- Each activity will cost 50c: if you bring \$2 you can do 4 things (or the same thing 4 times!)
- In the morning you give your money to the teacher and swap it for "tokens" that you can spend at the stalls. (NB: no child should bring more than \$5.)
- Each class sets up their activity and makes a roster for running it.
- Then for one hour before lunch, we will be free to enjoy all the activities around the school.

What do you need to do?

Have a great attitude about making a difference in our world!

Think about the activities you would like to do and bring enough money: for example, if you would like to have a cake, get a cupcake, play table tennis and go to the disco that will cost you \$2.

Talk to mum and dad about how you can "earn" the money for Mission Day. Can you earn money by being of service?

On Tuesday, wear sensible, sun-safe mufti (closed shoes and no singlet tops please) and wear the craziest, most colourful pair (or mixed pair!) of socks.

Bring a gold coin for mufti and your spending money for the stalls and activities.