



166 Alfred Street, Narraweena NSW 2099

9971 9297

sjan@dbb.catholic.edu.au

www.sjandbb.catholic.edu.au

<https://www.facebook.com/sjannarraweena>

<https://www.instagram.com/stjohnsnarraweena>

Issue No 4 – 27th Feb 2020

PRINCIPAL NEWS

Dear Parents,

At our Parents and Friends Meeting on Tuesday night, parents were introduced to our plans for the year and the list of events and happenings that are in place. The minutes from the meeting will be available on our website within the week. Opportunities for parent involvement were discussed during the meeting. Parents are always welcome to contribute to our school and there are plenty of ways to be involved.

In the short term we are looking for assistance in the following areas:

- **Sponsorship for our Movie night** May 1st. We are looking for donations and interest in advertising on the night – see the P&F section of the newsletter for information about this in coming weeks.
- **Canteen helpers** – shifts run for just one hour, from 12:45 pm to 1:45 pm Monday, Wednesday, Thursday and Friday. Wednesdays and Thursdays really need helpers at the moment. We need volunteers in order to keep the canteen running.
- **Eco Garden helpers.** Natasha Pardoen has been our Gardening and Composting champion for many years working with our teachers and children to instil a love for the garden. Natasha would love some help. Green thumb or not, there's always plenty to do.
- **Classroom assistance** – The teachers will communicate the need for parent assistance during the year, either in class or with excursions or sporting events. Perhaps you are interested adding some value to our learning? Perhaps your line of work creates an interesting opportunity for learning for our children - let us know
- **Selling entertainment books** - an ongoing fundraising opportunity for our school. There's lots to do and we'd love some extra funds to help.
- **Library assistance.** Book covering, helping restack the shelves or organising the space. Ms Sheehan, our librarian is grateful for assistance.

For information about any of the above or other opportunities please contact the school office or email sjan@dbb.catholic.edu.au

Our Parents and Friends Executive this year:

President – Jo Woolford

Secretary – Saartje Destoop

Vice President – Matthew Milligan

Treasurer – Russell Scott

Class Parent Co-ordinator – Amelia Chandler

We now have Class Parents in place for each of our 13 classes. The group met last night to talk about their role and consider plans for 2020. Our Class Parents are part of our Parents and Friends group. They are organising a few parent and/or family get together activities for the class and support for the teachers when required. Responding to their communication, taking part in activities as you are able during the year and valuing your part in building connections with other parents in the class will go a long way to providing a great sense of community at St John's. Our Coordinator, Amelia Chandler is providing support for our Class Parent Team.

Finally, the children in Years 3-6 attended the Parish Mass and children K-2 attended a special liturgy to mark the beginning of the season of Lent. Father Francis inspired the children to pray, fast and help others as ways of growing closer to Jesus during Lent and as we prepare for the joyous season of Easter.

Best wishes for the weekend

Mark Bateman - Principal

IMPORTANT DATES FOR THE DIARY

Tues 17th March

Yr 5 & 6 Soccer & Cricket Gala Day

Thurs 19th March

Yr 3 & 4 Soccer & Cricket Gala Day

Sat 21st March

Yr 5&6 School Parish Family Mass 5pm

Tues 31st March

Open Day Morning 9:15am – 10:40am

Evening Session 6:30pm – Library

Wed 8th April

St John's Cross Country

Thurs 9th April

Last Day of Term 1

DIARY

Week 6 Term 1 Mon 2 March	Week 6 Term 1 Tues 3 March	Week 6 Term 1 Wed 4 March	Week 6 Term 1 Thurs 5 March	Week 6 Term 1 Fri 6 March	Week 6 Term 1 Sat/Sun 7/8
Year 3 Prayer Assembly - 8:45 in the Church Northern Beaches Swimming Carnival					St John's Bush Dance 6pm
Week 7 Term 1 Mon 9 March	Week 7 Term 1 Tues 10 March	Week 7 Term 1 Wed 11 March	Week 7 Term 1 Thurs 12 March	Week 7 Term 1 Fri 13 March	Week 7 Term 1 Sat/Sun 14/15
Year 1 Prayer Assembly - 8:45 in the Church	Broken Bay Diocese Swimming Carnival		Playgroup 9.30am – Hall		

AWARDS



Awards are presented on Friday:

**K-6 awards will be presented on the softfall at 8:40
(or in the Hall or classrooms in case of wet weather)**

STRENGTH & GENTLENESS will be presented on MONDAY mornings during Prayer Assembly

Strength & Gentleness						
KB	Jacob B Madeline K Grace W	3B	Emery H Oscar S	5W	Anton C Abbie D	Library Alessia G (1B) Heidi K (4W)
KW	Scarlett B Grace J Michael M	3W	India G Senuk R	6B	Rose Mc Cameron O	
1B	Zachary A Issac C Malia S	4B	Hannah J Smith O	6W	Zac A Ava R	Creative Arts Aurelia B (5B) Jasmine C (5B)
2B	Antonella B Mitchell J	4W	James C Crystal L	5/6F	Leela K	
2W	Gabriella A Alexia N	5B	Aurelia B Chloe O			



Yesterday we began our Lenten Journey by receiving the Ashes. For the next 40 days (Sundays are not included in the "count") we are asked to do three things:



Prayer: What could that look like?

Throughout the season of Lent, we are called to deepen our prayer life. For some of us, this means beginning a habit of daily prayer, setting aside time each day to share our hopes, joys, fears and frustrations with God. Praying first thing in the morning, while the house is still quiet, or talking to God while on your commute to work are simple ways to integrate prayer into everyday life.

Yesterday, at Ash Wednesday Mass, Fr Francis invited the children to do three things every day in Lent: *make their bed, help with the washing up and to pray with their family.*

What a wonderful invitation to share in your child's faith life and perhaps even strengthen your own! It doesn't have to be complicated: perhaps an Our Father together at the dinner table, or saying Grace and giving everyone a chance to be grateful for something that happened today, even just a simple prayer at bedtime. Make it something easy that you will stick to every day!

Fasting: Looking for something to "GIVE UP" this Lent?

Forget the old chestnut – giving up chocolate. In his Ash Wednesday address, Pope Francis remarked on the fact that, for many of us, it is not easy to be in silence as we live in an environment that is "polluted by too much verbal violence," by so many "offensive and harmful words" which are amplified by the internet.

"It is the time to give up useless words, chatter, rumours, gossip, and talk and to speak directly to the Lord," he said, it is a time in which to dedicate ourselves to an ecology of the heart.

What are the negative things in your life that you could "give up" this Lent? Something to think about!

Alms Giving: Is it all about the money?

We are encouraged to reach out to those who need us during Lent. Supporting Project Compassion to help the marginalised in our world is a great way to do that. But there are other ways to "reach out". Giving your time and energy to help out is just as valid. Even just taking time to listen when someone needs your attention instead of rushing off to your priority is a way of giving. *It's about putting away selfishness and bringing out generosity.*

Thank you to everyone who came to our School Parish Mass last Saturday night. A special thank you to the parents who helped out with hospitality. Your generosity is greatly appreciated.



RECONCILIATION INFORMATION AND COMMITMENT EVENING

Tonight – 7pm St John's Church, Narraweena

SWIMMING CARNIVAL

Congratulations to our Rosella green colour house team for taking out first place at the St John's Swimming Carnival last week! Ruby and Cameron were happy to take the trophy on behalf of their team. We were happy to see so many children get in the pool and have a go to support their team, and we were blown away by the sportsmanship of all colour houses and the support they showed cheering on their mates!



Many of our students will now proceed on to the Northern Beaches Swimming Carnival Monday 2nd March at the Warringah Aquatic Centre.

<i>Tasman V (2B)</i>	<i>Arwen T (3W)</i>	<i>Susannah C (5B)</i>	<i>Victor K (5W)</i>	<i>Ava H (6W)</i>
<i>Ollie B (3B)</i>	<i>Skye B (4B)</i>	<i>Emma H (5B)</i>	<i>Hugh C (6B)</i>	<i>Matthew H (6W)</i>
<i>Arkie T (3B)</i>	<i>Jimmy J (4B)</i>	<i>Isabella S (5B)</i>	<i>Christian C (6B)</i>	<i>Khyla M (6W)</i>
<i>Ellie W (3B)</i>	<i>Blake W (4B)</i>	<i>Indianna V (5B)</i>	<i>Ellie G (6B)</i>	<i>Ruby N (6W)</i>
<i>Harry D (3W)</i>	<i>Matthew C (4W)</i>	<i>William B (5W)</i>	<i>Amelia H (6B)</i>	<i>Philippa P (6W)</i>
<i>Taj H (3W)</i>	<i>Heidi K (4W)</i>	<i>Abbie D (5W)</i>	<i>Erin W (6B)</i>	<i>Ava R (6W)</i>
<i>Aidan P (3W)</i>	<i>Aurelia B (5B)</i>	<i>Marcus H (5W)</i>	<i>Jonathon B (6W)</i>	

YEAR 3 FUN

On Tuesday the Year 3 girls started their day with giant smiles! They were so excited to spend the whole day together, ready to do many fun activities. In the morning, to commemorate Shrove Tuesday, the girls put their cooking skills to good use as they measured and stirred ingredients to make delicious pancakes with fresh whipped cream and maple syrup. This was just the beginning, when the girls got creative with their bonding and made gorgeous bracelets and necklets with Rainbow Loom Bands. When Mrs Miceli mentioned that she had come up with a way to catch the beautiful sunshine, the girls were more than happy to help. So, with great enthusiasm they delicately crafted stained-glassy-stars which will be hung across the Year 3 classroom windows.

It was wonderful that the girls could celebrate their friendships today. They had a fantastic time with Mr Frazer in music and working in pairs to program the 'Sphero' robots to move all around the classroom brought so much laughter and joy between them. The girls certainly showed great respect and excellent manners towards each other today. Mrs Miceli was so delighted and impressed to see how much they valued their friendships, she decided to give the girls a treat..... Red Velvet cupcakes topped with cream cheese icing and a Orio biscuit base. The girls assisted Mrs Miceli with making the mixture and baking them to perfection.

The day ended with more entertainment playing outside. While some girls bounced like rabbits on the giant bouncy balls, others skated around on the skate-boards.

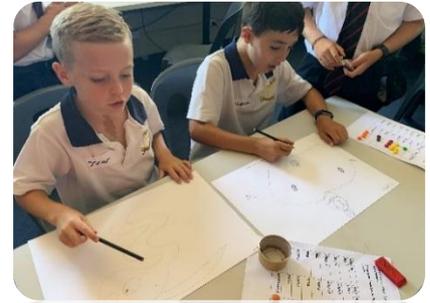
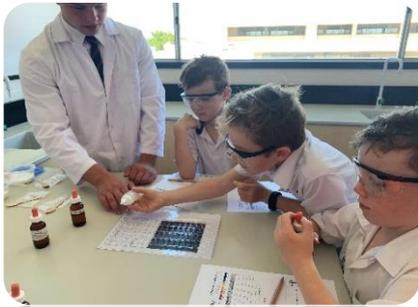
Girls' Day was a great experience for the Year 3 girls; a beautiful memory of laughter, bonding, caring and sharing that they will remember forever. As quoted in Proverbs 27:9 'A sweet friendship refreshes the soul.'

Year 3 boys went to St Paul's for the Open Day on Tuesday and had a blast! We participated in Sport - building our cricket, soccer, AFL, basketball and rugby league skills, playing tip and had relay races.

Then we went to Science class and learnt about acids and bases, experimented with magnesium metal and acid and got to make sherbert out of baking soda, citric acid, jelly crystals and icing sugar. We also observed the teacher make elephant toothpaste.

Finally, the boys went to Visual Arts where they created weird and wonderful monsters from their Skittles and Smarties colours.

The boys had a great time and got a little taste of what high school is like!



ENROLMENTS FOR 2021 – SPREAD THE WORD

Enrolments are open for Kindergarten children for 2021. Interest in other grades is welcome. We will be holding Open Mornings and Evening this year for interested families. Dates and time are as follows:

St John's Open Mornings

Tuesday March 31st 9:15 am – 10:40 am

Tuesday May 12th 9:15 am – 10:40 am

Open Evening

Tuesday March 31st 6:30 – 8:00 pm

Enrolment forms must be in by the end of May 2019 for 2021. We encourage all siblings to have forms in as soon as possible – this will assist us in identifying available spots for next year.

School Tours can be booked on Mondays. Families can also attend playgroup every second Thursday of the month. Please phone 9971 9297 or email sjan@dbb.catholic.edu.au for a booking or further details.



WE LOVE OUR AMAZING PARENT HELPERS! THEY'RE BUSY TODAY COOKING UP SOME PANCAKES FOR SHROVE TUESDAY. THANKS FOR YOUR HELP!



THE BIG CRUNCH AT ST JOHN'S

'The Big Vegie Crunch' is an attempt by NSW primary school students to break the record for the highest number of children eating vegetables simultaneously - and to get kids excited about vegetables!

Vegetable Week 2020 will run from Monday 2nd March to Friday 6th March, with The Big Vegie Crunch being held at 10am on Thursday 5th March.

Bring your vegetables on 5th March and let's get crunching St John's!



LIBRARY NEWS

Library Opening Hours

Families are invited to come and spend some time together in the Library on **Tuesday morning or Thursday after school**. Take a look at the new books in the library, read some of the books your children have been enjoying during lessons or borrow some books to take home.



Book covering

If you have some time to take home a small bag of books to cover, please visit the library. We will supply the contact needed. The more people we have covering the books the sooner we can get them into your children's hands.

This week in library some classes were busy making pancakes for Shrove Tuesday. Ask your child about the recipe they wrote out while waiting for their delicious treat.



Open Days

Mercy Catholic College – Sunday, 1 March 2020 11am-2pm 101 Archer Street, Chatswood, 2067

Mater Maria – Wednesday, 4 March 2020 4pm-7pm 5 Forest Road Warriewood, NSW 2102

Live Life Well @ School

PARK & WALK or RIDE

Try parking a short distance from your school and let the kids either walk or ride a bike under your supervision the rest of the way.



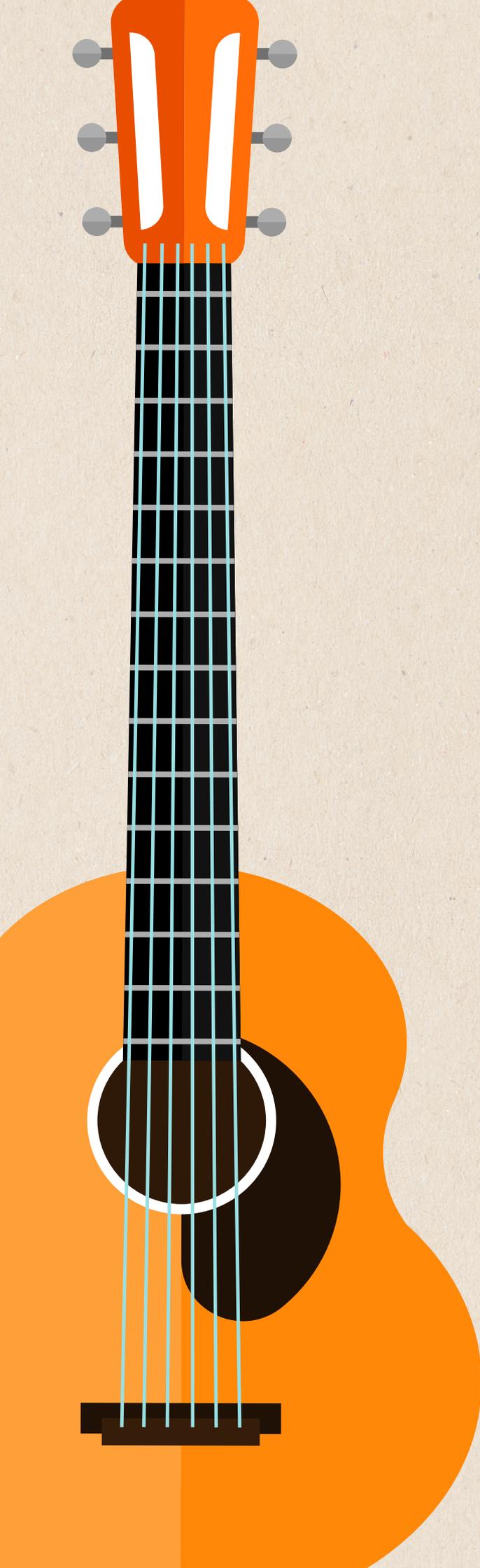
Benefits include:

- Less traffic congestion around your school
- Extra exercise for you and your children
- Socialising with community members and other families
- Learning important road safety skills
- Children who live too far to walk or ride all of the way can still participate in active travel.

Hold the hands of children aged up to 10 when crossing roads!



Health
Northern Sydney
Local Health District



You're invited to St John
the Apostle's annual

FAMILY BUSH DANCE

Featuring:

- Music by Ducks on the Pond
- BBQ & Drinks
- Lolly Bags
- Face Painting
- FREE entry

Saturday 7th March, 2020

6:00 - 9:00pm

St John's playground

Place your food orders via the
QKR! app



**St John the Apostle
Catholic School**

Strength & Gentleness

19 February 2020

Dear Families,

In 2014 we launched our 'Maths and Me at Home' kits and booklet which can be found on the St John's Maths Weebly : <http://stjohnsnarraweena.weebly.com/>. **To access the Maths and Me at Home Booklet click on the Maths tab.** Please contact us at sjan@dbb.catholic.edu.au or on 9971 9297 if you have forgotten the password.

Kits are provided free of charge to every family in the school due to the efforts of the P&F.

It is important that every family has a complete kit as teachers will set homework and home activities from the kits. We believe each family can share a kit between the children in their family but we appreciate that some families might like to have more than one kit for their children to use.

If you have lost your kit and you would like to order another 'Maths and Me at Home' kit please order through Qkr. Replacement kits will cost \$15.00 each.

Yours sincerely,

Kirstin Blyton

Mathematics Coordinator



ST JOHN THE APOSTLE, NARRAWEENA P&F PRESENTS

CINEMA UNDER THE STARS



FRIDAY 1 MAY 2020

Gates open at 5.30pm, movie will begin at 6.15pm

Approximate finish time 8.00pm

Stay tuned for ticket details and the delicious food options we will have available

After School Climbing Classes

Classes cover:

Climbing games; feet work; body positioning; hands; problem solving & flow

Parties

Includes:

Dedicated party room; party host; easy parking; great coffee

Book online at:

umbrellanineco.com.au

UNCO
umbrellanineco



Easter Holiday Camps

14th April 2020 – 24th April 2020



Join our Holiday Camps and play soccer indoors on grass

CLINICS FILL FAST, SO BOOK NOW!

Here at the Football Factory we acknowledge the necessity to focus on the development of an individual's skills. It is important that children have fun whilst they learn new skills, and that's why we've tailor made our school holiday camps to be both fun and engaging!

- Professionally qualified & engaging FFA & AFC coaches
- Learn new tricks, skills and techniques to improve your overall ball mastery and game play. We will teach you how to execute a 'Zidane Turn', 'The Socrates', 'Rabona', 'Maradona Spin', 'Cryuff Cut', 'Ronaldo Chop', or learn how to do an 'Oxford'!
- Play football, no matter what the weather, in your boots!
- Finish the day with Laser football

Half Days 9.00am-12:00pm | Full Days 9.00am-3.00pm | Extended days 8.30am-5.30pm

For 5-14 year olds

Book from 2 days to 10 days

Check it Out!



What's On



See what's on during school terms at The Football Factory

Classes for all ages – 2 years to Adults

Preschool Classes

2-6 years Monday to Saturday

Teach your child to learn football in an environment focused on helping your child's development. All sessions are based on technique and skill development. You will be amazed to see how skilful they become.



Skills and Small-Sided Games

5-9 years Saturdays

Each week your child will focus on different skills and football fundamentals. Finishing with a 3-game tournament.



The Football Factory's Skills Classes

5-12 years Monday to Saturday

Improve the foundation of your child's touch, both first and last. Build their confidence, creativity and personal flair. Each week we focus on the fundamentals, tricks and skills.

Development Squad

6-15 years Monday to Friday

The Development Squad is an elite program designed from the ground up to ensure maximum player performance. Focusing on all areas of play the development squad leaves no stone unturned. The training environment has been crafted to advance and build player confidence and creativity. A trial is required to enrol in the Development Squad.



The Football Factory's Academy

U6s-U16s Sunday Matches & Weekday Training

The Football Factory competes in the Premier Academy League (PAL) a competition for the top football academies in Sydney. Players are given a platform to challenge themselves against quality opposition and improve themselves along the way.



2-DAY SUPER CAMP April

Early birds
10% OFF

WHERE EVERY CAMPER'S
TREATED LIKE A ROCK STAR

Duration: 2-days Age: Kindy - Yr 6 Time: 8.30am - 3.30pm daily

EXPERIENCE: 12 HYBRID SPORTS | 6 SUPER SESSIONS | AMAZING COACHING
AT A LOCATION NEAR YOU #noonedoesitlikemotiv8sports

GET MOTIV8TED DURING THE APRIL SCHOOL HOLIDAYS
AT THE ONE AND ONLY MOTIV8SPORTS SUPER CAMP.

Held only once each year Super Camp is a sports festival designed just for kids. Super Camp is an energetic mix of sport, music, street culture, art and dance mashed up to create the ultimate atmosphere for kids who love having fun. With a live DJ pumping the beats and multiple prize giveaways, this is an event not to be missed. All camps are 8:30am - 3:30pm daily non-sleep over events.

NARRABEEN - April 14

KILLARNEY HEIGHTS - April 16 & 17

TURRAMURRA - April 20 & 21

FRESHWATER - April 22 & 23

DON'T MISS OUT, BOOK TODAY!

MOTIV8SPORTS.COM.AU

0402 281 842



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