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Issue No 6 - 12th March 2020

### PRINCIPAL NEWS

Dear Parents,

The talk of the town has been the COVID-19 spread. It will be important during these coming months to have your cooperation and understanding with procedures as they are put into place. As knowledge about the virus develops, often procedures change or have to be introduced to make things as safe as possible for everyone.

We have been sending updated information to you as it comes to hand. The information is sourced from the Catholic Schools Office, Catholic Schools NSW and the NSW Department of Health.

As a result, we're taking a number of steps aimed at decreasing the risk of cross-contamination. These include:

- Asking families returning from overseas to inform us of their destination and to be aware of any signs or symptoms of illness. Please see this information from the CSO https://www.csodbb.catholic.edu.au/news/105/article/403/Coronavirus-Information-for-Parents
- Teaching the children about the importance of handwashing as well as making times throughout the day for each class to wash hands;
- Increasing our supplies of paper hand towels, soap and anti-bacterial wash;
- Reminding the children about coughing into their elbow;
- Increasing cleaning procedures in relation to hard surfaces in the classrooms;
- Offering a friendly non-contact greeting instead of a handshake to our visitors and each other;
- Asking families to keep children at home if they are sick and informing staff not to come to work if they are sick.

The issue of how to talk to children about this event will no doubt arise. We find that including them by answering questions they need to know is a helpful principle. A little background information helps with understanding what it is all about. We have found this <u>video</u> about the virus helpful, and the link to it will also be placed under the parent tab on our Class Pages for your reference. You can choose to use the video if you feel it is warranted.

In other news, I wish to express my sincere thanks to all families who attended last Saturday evening's Bush Dance. It was one of the best attended events we have held in recent years and we were truly blessed with the break in the weather lasting just long enough for the event to take place. Community support for the Lake Conjola Fund saw \$1000 sent off to assist families recovering from bush fire and flood in the area which was a marvellous effort! Our Year 4 parents organised the event and our Advisory Council members ran the barbeque during the night with everything sold. A big thank you to both groups. Congratulations to all raffle winners and our appreciation to our local sponsors for their generosity.

Proceeds from fundraising this year will go towards improvements for St John's hall which include new windows, painting, replacement of fans, a new folding wall and a new foldable chair system.

Best wishes for the weekend

Mark Bateman - Principal

Mon 30th March

Reconciliation, St Kevin's 5pm

Tues 31st March

Open Day Morning 9:15am – 10:40am Evening Session 6:30pm – Library

**Tues 31**st **March - Thurs 2**nd **April** Reconciliation, St John's 5pm

Wed 8th April

St John's Colour Run Cross Country

Thurs 9<sup>th</sup> April

Last Day of Term 1

TERM 2

Mon 27<sup>th</sup> April First day of Term 2

Fri 1st May

St John's Movie Night

### DIARY

Week 8 Term 1 Mon 16 March	Week 8 Term 1 Tues 17 March	Week 8 Term 1 Wed 18 March	Week 8 Term 1 Thurs 19 March	Week 8 Term 1 Fri 20 March	Week 8 Term 1 Sat/Sun 21/22
		Wellbein	g Week		
Year 4 Prayer Assembly - 8:45 in the Church	Yr 5 & 6 Soccer & Cricket Gala Day	Harmony Day	Yr 3 & 4 Soccer & Cricket Gala Day	National Day of Action against Bullying	Yr 5 & 6 School Parish Family Mass 5pm
Week 9 Term 1 Mon 23 March	Week 9 Term 1 Tues 24 March	Week 9 Term 1 Wed 25 March	Week 9 Term 1 Thurs 26 March	Week 9 Term 1 Fri 27 March	Week 9 Term 1 Sat/Sun 28/29
Year 6 Prayer			Parish Cook Up		
Assembly - 8:45 in			9:30 meeting room		
the Church					
Naplan "Practice"					
Test Yr 3 & Yr 5					

### **AWARDS**



### Awards are presented on Friday:

### K-6 awards will be presented on the softfall at 8:40

(or in classrooms in case of wet weather)

STRENGTH & GENTLENESS will be presented on MONDAY mornings during Prayer Assembly

Strength & Gentleness	Christian C (6B), Nelson D (6B), Matthew H (6W)
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КВ	Cora B Nia T Mia W	3B	llana A Arkie T	5W	Brooke H Elysia L	<b>Library</b> Darren A (KB)
KW	Blake C Fawn S Maya T	3W	Gibson G Taj H	6B	Nelson D Natalie G	Max C (6W)
1B	Isaac C Alfons M Toby O	4B	Chelsea H Alby R	6W	Liam C Cherise E	Creative Arts  Matteo F (KB)
2B	Ethan C Teya H Tahlia M	4W	Jeremy B Aiden M	5/6F	Rachael S	Rose Mc (6B)
2W	Emma G Jamie M Imogen S	5B	Lennox D Annika H Natalia M			

### PARISH FAMILY MASS - SATURDAY 21<sup>ST</sup> MARCH

Our Year 5 & 6 students will be taking on ministries at our next family Mass. We have been learning about Sacraments of Service – and while we are not yet able to participate in either Marriage or Holy Orders, we can certainly fulfil our Baptismal call to service by taking an active role in the celebration of Eucharist.



For children in Year 5 & 6, please use this form to let us know you are attending: https://forms.gle/K7CsH2Rgs2ywvqDb7

If you will be joining us for Mass, but you don't have children in Year 5 or 6, fill in this form to let us know how many sausage sandwiches you would like: https://forms.gle/GbWy5bd2dg7Ez8c8A

### PARISH COOK UP - THURSDAY 26<sup>TH</sup> MARCH

It's time to fill the freezers! We will be cooking from 9:30 on Thursday 26<sup>th</sup> in the meeting room behind St John's church, to prepare meals to deliver or freeze for our school and parish families in need. There are currently school families living through hard times and sick or senior parishioners who need meal support.



Come and enjoy the company, help peel the vegies, stir the pot, roll meatballs or just keep the coffee on. Come for an hour or come for the day. Wynne Molica has again offered to help coordinate the morning. Previously, her Italian community has helped greatly with donations. Fr Reinaldo is asking all our parishioners to support this and we invite the school community to contribute if they can. We need about \$400 to cook 100 meals, so if you can provide a family with one or two meals, that would be wonderful.

Donations to help us buy ingredients can be left at the church office or St John's school office. (Attention: Toni Byrne) Please bring along an electric frying pan if you have one, we can cook faster as the oven is not adequate. Thankyou in anticipation... Contact Toni Byrne tbyrne01@optusnet.com.au and let her know you are coming!

#### HOLY THURSDAY PARISH MASS

Fr Emman has asked if the children who will be at the Holy Thursday Mass (9th April at 7pm) could assist him by taking part in the washing of the feet and helping with the reading of the Passion.

If your child/children are able to take part, please let us know by completing the form:

https://forms.gle/bKmTwnN55eVFHK8t7



#### PROJECT COMPASSION

As well as supporting Project Compassion financially, they have also asked us to pray together this Lent:

# PRAYER

God of all peoples and nations,
As you accompany us on
our Lenten journey,
May our fasting strengthen our

commitment to live in solidarity,

Our almsgiving be an act of justice, And our prayers anchor us

in love and compassion.

Awaken our hearts and minds that
we may be one human family

As we all go further together. We ask this in Jesus' name,

Amen





### **ENROLMENTS FOR 2021 – SPREAD THE WORD**

Enrolments are open for Kindergarten children for 2021. Interest in other grades is welcome. We will be holding Open Mornings and Evening this year for interested families. Dates and time are as follows:

St John's Open Mornings

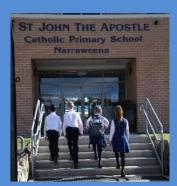
**Tuesday March 31**st 9:15 am - 10:40 am **Tuesday May 12**th 9:15 am - 10:40 am

**Open Evening** 

**Tuesday March 31**st 6:30 – 8:00 pm

Enrolment forms must be in by the end of May 2019 for 2021. We encourage all siblings to have forms in as soon as possible – this will assist us in identifying available spots for next year.

School Tours can be booked on Mondays. Families can also attend playgroup every second Thursday of the month. Please phone 9971 9297 or email <a href="mailto:sjan@dbb.catholic.edu.au">sjan@dbb.catholic.edu.au</a> for a booking or further details.



### **SCHOOL NEWS**

### SOME CHANGES TO LIBRARY AND SPORT LESSONS NEXT WEEK

Due to the Year 3&4 and Yr 5&6 Gala Days for Cricket and Soccer next week, please note the following changes to library and sports lessons for some classes.

LIBRARY CHANGES	SPORT CHANGES
2B, 2W, 4B & 4W - Tuesday	2B, 2W, 3B, 3W and 4B – Wednesday
1B & 6W - Thursday	6W – Thursday

### YEAR 3 & 4 AND YEAR 5 & 6 GALA DAYS - NEXT WEEK

On Tuesday 17<sup>th</sup> March (Yr 5 & 6 students) and Thursday 19<sup>th</sup> March (Yr 3 & 4 students) will attend either a Soccer or Cricket Gala Day – competing against our local Northern Beaches Catholic Schools. It is always a fun day, much enjoyed by all attendees. Information has been sent out to our parent volunteers – thank you for your support!

Information for ALL Yr 3-6 parents about what your child needs on the day:

### What to wear:

- sports uniform
- school hat
- sport shoes

### What to bring:

- bottled water
- healthy food recess/lunch (no sharing of food allowed, thank you)
- SOCCER shin-pads (if you don't have any need to see teachers FRIDAY (**tomorrow**) to organise to borrow some)
- SOCCER soccer boots \*optional but encouraged
- CRICKET no additional equipment needed

#### **Medication:**

- asthma puffers from school will be taken for our asthmatic children
- epipens x 2 this is the child's SCHOOL and HOME epipens needed for the day

### Week 8 is Wellbeing Week!

The Wellbeing team had organised a number of fun activities for the children.

We are encouraging the students to participate in activities which will enhance their spiritual, mental, and physical wellbeing.



Monday	Meditation with student leaders
Tuesday	Meditation K-4 with Mrs Tompkins
Wednesday	Water Infusions in the Eco Garden: <u>Bring a reusable cup from home</u> (make sure your name is on it). We are going to use mint, limes, oranges, lemons, berries to make refreshing, healthy drinks.
Thursday	Craft Day: Do you have a favourite craft or something you like to do? We will be making pom poms and will have mindful colouring, but you can bring in your own craft ideas.
Friday	Buddy Board Game Fun Afternoon: every class is going to "buddy up" and we will play board games together. Bring in your favourite board game (with your name on it).

### HARMONY DAY - WEDNESDAY 18th MARCH

This year at St John's we are celebrating Harmony Day on Wednesday 18<sup>th</sup> March. It is a celebration of our cultural diversity - a day of cultural respect for everyone who calls Australia home.

The message of Harmony Day is <u>'everyone belongs'</u>. The day aims to engage people to participate in their community, respect cultural diversity and foster a sense of belonging for everyone.

At school we will celebrate Harmony Day with special activities in the classroom, including art, reading stories, listening to and sharing our own family stories.

We are looking forward to a great week celebrating the gifts and diversity of Australia.

### **BROKEN BAY SWIMMING CARNIVAL SUCCESS**

Congratulations to our swimmers for representing us so well at the Broken Bay carnival on Tuesday night. The children were competing with swimmers from over 30 schools stretching from Central Coast down to Manly and out to Carlingford. We are very proud of their results.



Aidan P	9yo boys 50m freestyle – 7 <sup>th</sup> place!
Ava R	12yo girls 50m breaststroke – 8 <sup>th</sup> place!
Indianna V	11yo girls 50m freestyle – 6 <sup>th</sup> place! 11yo girls 50m butterfly – 7 <sup>th</sup> place!
Blake W	10yo boys 50m breaststroke – 4 <sup>th</sup> place!
Erin W	12yo girls 50m breaststroke – 7 <sup>th</sup> place!

NAPLAN assesses literacy and numeracy – important skills that each child needs to succeed in school and life. The NAPLAN tests are designed to help us make sure students are on track with their literacy and numeracy development. Students in Years 3, 5, 7 and 9 participate in NAPLAN tests for reading, writing, conventions of language (spelling, grammar and punctuation) and numeracy.

Students will sit for a practice test March 23<sup>rd</sup> across the diocese. This will enable the technical aspects of the test to be trialled and it will provide the students with an online test practice experience. The practice test will include a variety of items from the literacy and numeracy areas. The practice test will not be marked, nor will it include any feedback to the children.

The actual NAPLAN tests will take place between May 12 - May 22 next term. Students do not need to be computer experts to take the NAPLAN test online. Making sure students have computer skills is part of our school curriculum, and our teachers will ensure your child is familiar with the online format. To see the types of questions and interactive features of NAPLAN Online, visit the public demonstration site. This site was used during the 2019 tests and gives a helpful insight into the how the tests look.

General information about NAPLAN can be found at www.nap.edu.au

#### MATER MARIA ANTI-BULLYING PLAY

Thank you to the Year 11 Mater Maria students who performed an anti-bullying play for our Yr 4 to 6 children yesterday.

Today the year 11 students at Mater Maria performed a play on antibullying. There were two sides to the story, a boys' side and the girl side.

With the girls, Imogen and the two bystanders bullied Eva. The girls bullied her because of the way she dances, sings and the food she eats. Then Chiara, one of the bystanders stands up to Imogen to stop bullying Chiara. The reason she didn't stand up to Imogen sooner was because she was afraid that she would get bullied, too.

In the boys' play, Tommy was being bullied by a group of boys who said he always stunk and they picked on him and teased him because he was different to them. They killed him in Minecraft, teased him and ruined his property. All four types of bullying were shown - cyber, verbal, physical and social bullying.

We learnt that it's really important to speak up and get help if we see bullying. We learnt that: "It's not dobbing, it's asking for help".

Yr 6 Citizenship team









Blake W (4B) competed at the Swansea State Nippers carnival a couple of weeks ago.

Blake competed in the ocean swim, beach sprints and flags.

Blake came 3rd overall in the flags out of a total of 126 competitors!!

Well done, Blake!

### **LIBRARY NEWS**

### **Library Opening Hours**

Families are invited to come and spend some time together in the Library on Tuesday morning or Thursday after school. Take a look at the new books in the library, read some of the books your children have been enjoying during lessons or borrow some books to take home.

#### **Book covering**

If you have some time to take home a small bag of books to cover please visit the library. We will supply the contact needed. The more people we have covering the books the sooner we can get them into your children's hands.

This week in library some classes prepared for St Patrick's Day next week (March 17).

Years 3 and 4 read a short passage about St Patrick's Day and have been learning how to summarise.

Year 2 have read a description of a leprechaun and were asked to visualise and draw what they saw.

Years 5 and 6 continue to evaluate websites using Currency, Relevance, Accuracy, Authority and Purpose.

Year 1 have been learning to use the 5 finger test to find appropriate reading books for home.

Kindergarten read, 'Should I Share My Ice Cream' by Mo Willems then had fun in their own ice cream shop, choosing flavours and types of ice cream.







# The P&F Gazette

News and information from the St John's Narraweena Parents & Friends Association

### Outdoor Movie Night – Friday 1st May



This year's major school social event and fundraiser will be a movie under the stars held on the 1<sup>st</sup> of May (first Friday of Term 2), more details of which will be coming out soon in the P&F Gazette.

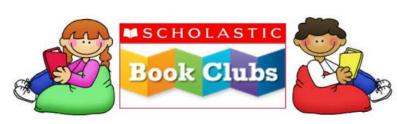
In organising this event we are looking for sponsors and raffle donations for the evening, so if you are able to assist us with this please contact the school office!

### Save the Date – School Colour Run/Cross Country – Wednesday 8<sup>th</sup> April

Just a heads' up that the Schools Colour Run will be held on Wednesday 8<sup>th</sup> April – more on this awesome event coming soon!

Warm regards,

Jo, Matt, Russell, Saartje, Shirley, Linda, Gen & Caroline





Did you know that spending just 10 minutes a day reading together is a key factor in the link between home literacy and your child's lifelong love of reading?

To order please follow the link https://mybookclubs.scholastic.com.au/

Remember to collect your orders from the office if you request a "gift" order

### Book Club orders for Issue 2 are due no later than

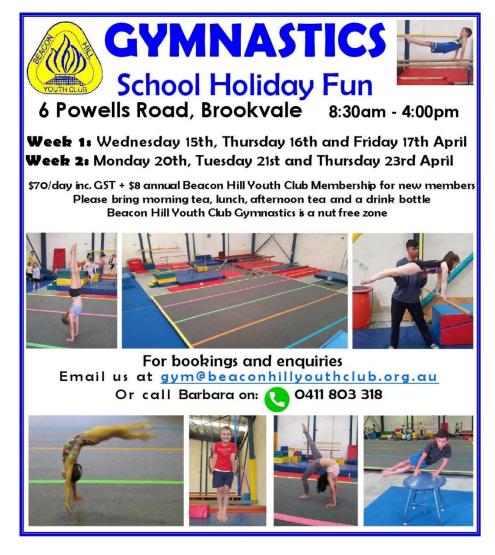
### Monday 23<sup>rd</sup> March



Stella Maris Wednesday 18 March 4.00pm – 7.30pm 52 Eurobin Avenue Manly

# VIP EVENT FOR ZERO & REWARDS CARD HOLDERS ONE DAY ONLY - 12TH MARCH







# 1-2-3 Magic and Emotion Coaching

**FREE Course for Parents!** 

An easy 3 step program for Calm, Effective and Happy Parenting

# It's easy to learn and it works!

The logical and practical 1-2-3 Magic method can be learnt in 3 sessions. It is easy to remember and implement, especially when parents are tired or stressed.

1-2-3 Magic allows you to take charge of your home and enjoy your kids by setting limits and breaking down the complex task of parenting into three simple steps. You'll learn tools to use in virtually every parenting situation. The course helps parents to improve the relationship with their children by having children practice managing their emotions, resulting in improved behaviour. Children will ultimately become more resilient and make better choices.

Where: St. John the Apostle Catholic Primary School

166 Alfred Street, Narraweena. School library

When: Mondays – 4th, 11th and 18th May

(all sessions need to be attended)

**Time:** 6.30pm – 8.30pm

**Cost:** \$12 for a workbook covering the 3 sessions

Queries: School office 9971 9297

### **BOOK TODAY!**

This is a free event, but bookings are essential as places are limited.

Visit https://www.trybooking.com/BIVHR









The workshop will be led by Jeanie McDonnell, Family Liaison Officer for St John the Apostle. Jeanie is also a member of the Diocesan Parent Education Team, delivering parenting workshops such as *The Resilient Child*, *Social and Emotional Learning* and *1-2-3 Magic and Emotion Coaching* across Northern Beaches schools.



St John the Apostle, Narraweena presents:

# OUTDOOR MOVIE NIGHT

Friday, 1st May 2020 Gates open at 5:00pm Movie starts at 6:15pm



# Easter Holiday Camps



14th April 2020 - 24th April 2020

Join our Holiday Camps and play soccer indoors on grass

# **CLINICS FILL FAST, SO BOOK NOW!**

Here at the Football Factory we acknowledge the necessity to focus on the development of an individual's skills. It is important that children have fun whilst they learn new skills, and that's why we've tailor made our school holiday camps to be both fun and engaging!

- Professionally qualified & engaging FFA & AFC coaches
- Learn new tricks, skills and techniques to improve your overall ball mastery and game play. We will teach you how to execute a 'Zidane Turn', 'The Socrates', 'Rabona', 'Maradona Spin', 'Cryuff Cut', 'Ronaldo Chop', or learn how to do an 'Oxford'!
- Play football, no matter what the weather, in your boots!
- Finish the day with Laser football

Half Days 9.00am-12:00pm | Full Days 9.00am-3.00pm | Extended days 8.30am-5.30pm

For 5-14 year olds Book from 2 days to 10 days

### **Check it Out!**







# What's On



See what's on during school terms at The Football Factory

# Classes for all ages – 2 years to Adults

### **Preschool Classes**

### 2-6 years Monday to Saturday

Teach your child to learn football in an environment focused on helping your child's development. All sessions are based on technique and skill development. You will be amazed to see how skilful they become.



### **Skills and Small-Sided Games**

### 5-9 years Saturdays

Each week your child will focus on different skills and football fundamentals. Finishing with a 3-game tournament.



### The Football Factory's Skills Classes

### 5-12 years Monday to Saturday

Improve the foundation of your child's touch, both first and last. Build their confidence, creativity and personal flair. Each week we focus on the fundamentals, tricks and skills.

### **Development Squad**

### 6-15 years Monday to Friday

The Development Squad is an elite program designed from the ground up to ensure maximum player performance. Focusing on all areas of play the development squad leaves no stone unturned. The training environment has been crafted to advance and build player confidence and creativity. A trial is required to enrol in the Development Squad.



### The Football Factory's Academy

### U6s-U16s Sunday Matches & Weekday Training

The Football Factory competes in the Premier Academy League (PAL) a competition for the top football academies in Sydney. Players are given a platform to challenge themselves against quality opposition and improve themselves along the way.



# GET MOTIVETED DURING THE APRIL SCHOOL HOLIDAYS

AT THE ONE AND ONLY MOTIVESPORTS SUPER CAMP. Held only once each year Super Camp is a sports festival designed just for kids. Super Camp is an energetic mix of sport, music, street culture,

art and dance mashed up to create the ultimate atmosphere for kids who love having fun. With a live DJ pumping the beats and multiple prize giveaways, this is an event not to be missed. All camps are 8:30am - 3:30pm daily non-sleep over events.



NARRABEEN - April 14 KILLARNEY HEIGHTS - April 16 & 17 TURRAMURRA - April 20 & 21 FRESHWATER - April 22 & 23

DON'T MISS OUT, BOOK TODAY!

**MOTIV8SPORTS.COM.AU** 0402 281 842





# TOGETHER **WITH 4 OF YOUR MATES**

AND JOIN MOTIV8SPORTS ON THE LAST DAY OF THE SCHOOL HOLIDAYS AT HARBORD PARK, FRESHWATER.

EXPERIENCE THE ULTIMATE 1 DAY TOURNAMENT FOR KIDS WHO LOVE SOCCER.

FEAM UNIFORM INCLUDED, PRIZES, LIVE DJ. TROPHIES AND LOADS MORE.

# **BOOK NOW!**

VISIT MOTIV8SPORTS.COM.AU OR CALL 0402 281 842

# **Play Rugby League**







### REGISTRATION IS STILL OPEN ONLINE!

Go To: www.playrugbyleague.com Call Jenny on: 0409 073 253

Or Email: narraweenajrlfc@optusnet.com.au

U6 - Senior Grade

Boys & Girls Welcome

Active Kids Vouchers Accepted Discounts for siblings available

Any enquires please call Frank on 9982 1821







# YOUR FAMILY FRIENDLY SPORTING Evolve Tennis Academy DESTINATION ON THE BEACHES



### **Junior & Youth Programs**

- Pee Wee & Hotshots (5-12yrs)
- Squad Level & Teens groups
- Group & Private Lessons
- Talented Athlete Program
- Fitness & Footwork session



### **Comps & Tournaments**

- **Hotshots Comps & Tennis Northern Beaches tournaments**
- **Squad Level & Teens comps**
- Tournament training and group trave
- In-School Programs; and also School **Holiday Camps**



### **Adult & Fitness Programs**

- **Activ Tennis & Cardio Tennis**
- Adult Group clinics

  Day & Night Comps all levels
- **Private & Group Lessons**
- **Pro Shop & Stringing services**



autiful enues

Wyatt Park **Tennis Centre** 

3 Great Locations



Anzac Ave & Pittwater Rd ollaroy - Ph: 9971 0644

Cnr Wyatt Ave & Cotentin Rd Belrose - Ph: 0448 906 378

Hitchcock Park, Barrenjoey Rd Ayalon - Ph: 0408 110 150



### Your Kids will have a BALL at our Tennis & Multisport School Holiday Camps

3 Great Locations - the same Fantastic Program!

FREE Before (7.30-9am) & After (3-5pm) Camp Care

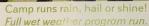
**Highly Qualified & Experienced Coaches** 

FREE Pizza Lunch on the Last Day of Camp

Action Packed days of FUN with Daily Prizes

FULL WEEK BOOKINGS -GREAT SAVINGS!!!

#### PRICES





### CAMP DATES!

Our Awesome School Holiday Camps run EVERY WEEK of the Public School Holidays throughout the year.

Book ONLINE via our website www.evolvetennisacademy.com/ holiday\_camps or call us on 9971 0644.

Email - evolvetennis@evolvetennisacademy.com Web - www.evolvetennisacademy.com

Want to <u>ADD</u> your local school to Simply email us your enquiry our Shuttle Bus run?





### DID YOU KNOW?

During term our

- Picking up from local
- Morning & Afternoon Sessions available.
- Supervision until 6pm!