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Issue No 7 – 19<sup>th</sup> March 2020

## PRINCIPAL NEWS

Dear Parents,

Following is a link to a letter from Bishop Anthony Randazzo outlining the diocesan response to the COVI-19 situation. This will also be sent via COMPASS to all families. The letter contains some important changes to our Church practices and I urge you to read it: <https://drive.google.com/file/d/1wmt4TMvGZqPW5nVDOv7tOIGRy9Oyxzai/view?usp=sharing>

In summary the article outlines the following measures for the Diocese of Broken Bay:

- All public masses are suspended indefinitely.
- Limitations to Baptism arrangements (please read).
- Gatherings at celebrations including weddings and funerals are limited to 100.
- The Sacrament of Confirmation program is suspended until further notice.
- Special arrangements to be in place for Reconciliation in each Parish – Fr Rei to announce this afternoon.
- Holy Week and Easter Week to be advised.
- Churches to remain open for prayer.

Our world is a very different place to what it was just two weeks ago. We've all had to implement significant changes to our daily lives in fairly rapid time, even to the extent of the way that we have to greet each other. Nevertheless, cooperation, team work, an attitude of responsibility towards each other are emerging as the pluses we are seeing in many cases. While it is very sad to see that the opposite is at play at the supermarket, there are stories of generosity and thoughtfulness that gladden the heart e.g. people enduring the supermarket battles to pick up a few necessary items for their elderly friend or family member; when the trolleys were gone, an 80 year old insisting on sharing his trolley with a 35 year old and having a laugh along the way; so many calls to loved ones to check in, have a chat or offer assistance. It's the eternal battle of good vs evil; love vs selfishness that comes to the fore in dire times.

I think this is time to ask, **what can we see in our world that is coming from God?** Panic, by confusing and frightening us, pulls us away from the help God wants to give. Panic is not coming from God but what is? St Ignatius tells us: God's spirit **"stirs up courage and strength, consolations, inspirations and tranquillity."** The message is to trust in the calm and hope you feel. That is the voice to listen to. For a different perspective on what is happening in our world, here is link to Father James Martin's (S.J) article 'Faith in the time of Coronavirus' <https://docs.google.com/document/d/1I7I-P2-Uamou6qcptlmmM286dI9cJE8qbAT1V8oUXiQ/edit?usp=sharing>

Our community has been very supportive and understanding of changes taking place. I very much appreciate the cooperation we are receiving and the expressions of support as we work through this situation. I am also very grateful to our teachers and staff for the way in which they are preparing to deal with the possibility of school closure at some stage, but also ensuring that school is a safe place for your child and that life can go on as normally as possible.

Best wishes

*Mark Bateman* - Principal

**Wed 8<sup>th</sup> April**

St John's Colour Run/Cross Country

**Thurs 9<sup>th</sup> April**

Last Day of Term 1

**TERM 2**

**Mon 27<sup>th</sup> April**

First day of Term 2

DIARY

Week 9 Term 1 Mon 23 March	Week 9 Term 1 Tues 24 March	Week 9 Term 1 Wed 25 March	Week 9 Term 1 Thurs 26 March	Week 9 Term 1 Fri 27 March	Week 9 Term 1 Sat/Sun 28/29
Year 6 Prayer Assembly - <b>Online</b> Naplan "Practice" Test Yr 3 & Yr 5					
Week 10 Term 1 Mon 30 March	Week 10 Term 1 Tues 31 March	Week 10 Term 1 Wed 1 April	Week 10 Term 1 Thurs 2 April	Week 10 Term 1 Fri 3 April	Week 10 Term 1 Sat/Sun 4/5
Core Values Prayer Assembly - <b>Online</b>		First Reconciliation for St John's Students			

AWARDS



Awards are presented on Friday:

**K-6 awards will be presented in classrooms on Friday mornings from 8.45am**  
**STRENGTH & GENTLENESS will be presented on MONDAY mornings** – recipients will be acknowledged over the PA and a photo will be published on our Facebook page.

<b>Strength &amp; Gentleness</b>	Isaac C (1B)
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<b>KB</b>	Matteo F Felicity H	<b>3B</b>	Ollie B Joshua D Benjamin L	<b>5W</b>	Marcus H Lukina L Joy N	<b>Library</b> Violet Mc (2W) Luke M (3B)
<b>KW</b>	Sofie A Milla H	<b>3W</b>	Sophia M Tobias P	<b>6B</b>	Chloe C Elissa G	
<b>1B</b>	Edmund C Sethum R Sienna T	<b>4B</b>	John Paul F Katia K	<b>6W</b>	Sienna G Alexandra J Scarlett M	<b>Creative Arts</b> Scarlett B (KW) Oscar G (KB)
<b>2B</b>	William F Hannah F James S	<b>4W</b>	Tyler J Ellison T	<b>5/6F</b>	Alex S	
<b>2W</b>	Fleur D Jake J Matthew R	<b>5B</b>	Olivia B Zachary C Bailey G			

### STRANGE TIMES INDEED

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Unfortunately, I had written the Spiritual News section for the newsletter yesterday... today, everything changed. The headings are the same...the content is rather different! While we had already withdrawn from hosting the Parish School Mass this Saturday, we now find that there will be no public Masses at all.

I think that Fr David Ranson put it well:

***“We are living in such uncharted times of history and it will be important that we remain as beacons of hope in the midst of the uncertainty.”***

Mass is still available for us to experience online in a variety of places, these are just two options:

<https://www.northsydney Catholics.com/spirituality/liturgy/mass-on-demand> ;

<https://brisbanecatholic.org.au/multimedia/web-cast/>

Our own diocese is looking at doing something similar. I will keep you posted.

And of course, Mass is also available on television – Channel 10 at 6:00am on Sundays – but you can always watch it on catch up TV <https://10play.com.au/mass-for-you-at-home>



### SACRAMENT OF RECONCILIATION

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Information regarding the children preparing for the Sacrament of Reconciliation has been sent home separately.

### SACRAMENT OF CONFIRMATION

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We are not due to commence preparation for Confirmation until 14<sup>th</sup> May with the Sacrament on 27<sup>th</sup> June. However, the Bishop has indicated that any plans are currently suspended and will probably change.

### HOLY WEEK LITURGIES

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At this stage, we are still planning to prepare our Holy Week Liturgies in our class groups. We will upload a presentation for each liturgy so it can be shared with the whole community. It is essential that we can continue to celebrate and remember the Holy Week story which is so important for us.



### MONDAY MORNING LITURGIES

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You are invited to attend our Monday Morning Liturgies .... remotely!!

Next Monday, Year 6 will be leading us in prayer – and we will share that with you.

Monday Wk 10 we will hold our Core Values assembly - and will share it with you.

(Exactly *how* that is going to happen is in the TBA pile!!)



### WELLBEING WEEK

Every day our children (and teachers!) have enjoyed music at bell time for recess and lunch with some old classics (Is Bob the Builder a classic?) and recent hits.

And whilst making sure we are staying safe, washing hands, keeping our distance... we are still enjoying taking time to breathe, to slow down and to be grateful.

Some of the activities we have enjoyed were:



Meditation with Mrs Tompkins in the library (well spread out!) at lunchtime on Tuesday – ‘ohmmm’

Water Infusions: **THANK YOU to the families who sent in reusable cups!** (we saw lots of disposable cups as well 😞 - we talked to the children about thinking whether or not the cup was ‘crinkly’ and whether the cup could go in the dishwasher as a way to think if it was really reusable).

We had two flavoured infusions – a mixed berry and a lemon and lime – DE-LIC-IOUS!



To finish off Wellbeing Week...

Board Game Fun Afternoon – **tomorrow!** Every class is going to hang out after lunch to play board games together (we will stay in class/grade groups). **Bring in your favourite board game** (with your name on it).

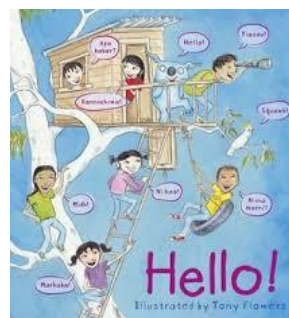
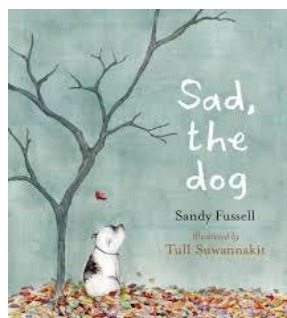
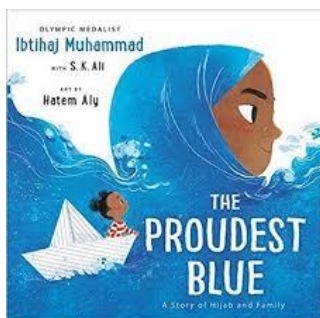
### The Big Crunch



We think vegetables are fabulous at St John's

## HARMONY DAY – WEDNESDAY 18<sup>th</sup> MARCH

This year at St John's we celebrated Harmony Day on Wednesday 18<sup>th</sup> March (the actual date is Saturday 21<sup>st</sup> March). The message of Harmony Day is **'everyone belongs'**. At school we celebrated Harmony Day with special activities in the classroom, including art, reading stories, listening to and sharing our own family stories. We also had a couple of different picture books we read in our classrooms – talk to your child about what they learnt!



In Year 5, we have looked at some of the things that make us unique during Term 1.

For Harmony Day, we thought about the unique ways we can communicate. We used Google translate to look at the word “harmony” – and we looked for languages that use a script other than our “Latin” script (abc).

Enrolments are open for Kindergarten children for 2021. Interest in other grades is welcome.

### St John's Open Morning 31<sup>st</sup> March – Postponed

Proposed Open Day - Tuesday May 12<sup>th</sup> 9:15 am – 10:40 am

**Enrolment forms must be in by the end of May 2020 for 2021.** We encourage all siblings to have forms in as soon as possible – this will assist us in identifying available spots for next year.

If you would like a School Tour please contact the office on 9971 9297 or email [sjan@dbb.catholic.edu.au](mailto:sjan@dbb.catholic.edu.au)

Families can also attend playgroup every second Thursday of the month when they resume.





Across the school, teachers have balanced our regular curriculum with an opportunity to reinforce messages of hygiene and keeping safe. Year 3 have been writing persuasive texts and have written a persuasive text about hygiene. Year 6 have been writing explanations and have researched some of the science behind soap and why it works so well. As you read, can you notice the similarities and differences between persuasive and informative texts?

<p><u>Year 3 –</u></p> <h3>Good Hygiene – A Lifesaver!</h3> <p>By 3B</p> <p>I am certain everyone must have good hygiene. Hygiene is most important for many reasons. If you have poor hygiene you will smell, not have friends, spread germs and diseases, and put other lives at risk. Do you want to be the one who puts others in danger?</p> <p>Firstly, it is vital that everyone brushes their teeth and visits the dentist. Imagine suffering in agony from your rotting, disgusting teeth. Then having to go to the dentist just to sit for hours as they drill into your gums.</p> <p><i>Keep up your hygiene by</i></p> <ul style="list-style-type: none"> <li>• Washing hands with soap to prevent diseases</li> <li>• Take showers to prevent stink</li> <li>• Wash hair so it doesn't smell and isn't greasy</li> </ul> <p><i>If you don't keep up with good hygiene</i></p> <ul style="list-style-type: none"> <li>• Lose friends or your job because other people won't want to be around you</li> <li>• Break out of acne/pimples on your face</li> </ul>	<p><u>Year 6 –</u></p> <h3>Washing Hands - Explanation</h3> <p>By Amelia and Jasmine</p> <p>Washing hands is ESSENTIAL to fighting off COVID-19 (the coronavirus) - the disease that has killed many and affected more can easily be fought off by one simple act of hygiene: washing your hands thoroughly.</p> <p>The coronaviruses RNA (coding/information that is needed to reproduce the virus inside the body) is encased in a cylindrical layer of fat protection which gets into the victim's cell reproduction system and replicates the virus. This can be stopped by washing hands with soap and water. The temperature of water is not important but it's the soap that matters: foaming soap isn't as good due to the fact that the foam washes away too fast to make any major benefits, bar soap can sustain bacteria and so it is not ideal. So that only leaves one other type of soap, liquid soap but in the end, any soap will do just fine.</p> <p>Washing hands has a precise method. Firstly, you wet your hands and lather up with soap, you do this because the soap acts like detergent on a slip and slide and the germs wash right off. After that, since you have soap all over your hands, you wash with water for about 20 seconds or two "Happy Birthdays." It's better to dry your hands with a paper towel because it gets rid of a little bit of germs (or the virus) that is still on your hands.</p> <p>If you wonder why washing your hands is so important, a test was put on 3 700 people who were discreetly watched as they washed their hands. The test proved that only 5% (185) of the subjects correctly washed their hands. 10% (370) didn't wash at all so that leaves 85% (3145) of people did something that scientists call "the splash and dash" which is just washing with water for minimal time.</p> <p>At the end of the day, something is better than nothing. If there is just water, it will at least rinse off ¼ of the germs on your hand but it's still not good as soap and water which washes 92% of the germs. If you want a portable alternative too, then get a hand sanitiser with at least 62% alcohol.</p> <p>Just remember, stay clean during the time of the Coronavirus.</p>
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NAPLAN assesses literacy and numeracy – important skills that each child needs to succeed in school and life. The NAPLAN tests are designed to help us make sure students are on track with their literacy and numeracy development. Students in Years 3, 5, 7 and 9 participate in NAPLAN tests for reading, writing, conventions of language (spelling, grammar and punctuation) and numeracy.

Students will sit for a practice test March 23<sup>rd</sup> across the diocese. This will enable the technical aspects of the test to be trialled and it will provide the students with an online test practice experience. The practice test will include a variety of items from the literacy and numeracy areas. The practice test will not be marked, nor will it include any feedback to the children.

The actual NAPLAN tests will take place between May 12 - May 22 next term. Students do not need to be computer experts to take the NAPLAN test online. Making sure students have computer skills is part of our school curriculum, and our teachers will ensure your child is familiar with the online format. To see the types of questions and interactive features of NAPLAN Online, visit [the public demonstration site](https://www.nap.edu.au/public-demonstration-site). This site was used during the 2019 tests and gives a helpful insight into the how the tests look.

General information about NAPLAN can be found at [www.nap.edu.au](https://www.nap.edu.au)



## *The P&F Gazette*

News and information from the St John's Narraweena  
Parents & Friends Association

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### Outdoor Movie Night – Friday 1<sup>st</sup> May



Unfortunately, we have had to make the tough decision to **postpone** the Outdoor Movie Night in response to the COVID-19 outbreak. As soon as we know the rescheduled date we will let everybody know.

### School Colour Run/Cross Country – Wednesday 8<sup>th</sup> April

Just a heads' up that the Schools Colour Run will be held on Wednesday 8<sup>th</sup> April – (with a few changes!!) more on this awesome event coming soon!



Warm regards,

Jo, Matt, Russell, Saartje, Shirley, Linda, Gen & Caroline

The Commonwealth Bank have advised us that School Banking has been suspended for the rest of the term. They will advise us when they can recommence.



BOOK CLUB

*Did you know that spending just 10 minutes a day reading together is a key factor in the link between home literacy and your child's lifelong love of reading?*



To order please follow the link <https://mybookclubs.scholastic.com.au/>

Remember to collect your orders from the office if you request a “gift” order

**Book Club orders for Issue 2 are due no later than**

**Monday 23<sup>rd</sup> March**



# GYMNASTICS

## School Holiday Fun

**6 Powells Road, Brookvale 8:30am - 4:00pm**

**Week 1:** Wednesday 15th, Thursday 16th and Friday 17th April  
**Week 2:** Monday 20th, Tuesday 21st and Thursday 23rd April

\$70/day inc. GST + \$8 annual Beacon Hill Youth Club Membership for new members  
Please bring morning tea, lunch, afternoon tea and a drink bottle  
Beacon Hill Youth Club Gymnastics is a nut free zone



**For bookings and enquiries**  
Email us at [gym@beaconhill youthclub.org.au](mailto:gym@beaconhill youthclub.org.au)  
Or call Barbara on:  0411 803 318





# Easter Holiday Camps



14<sup>th</sup> April 2020 – 24<sup>th</sup> April 2020

*Join our Holiday Camps and play soccer indoors on grass*

**CLINICS FILL FAST, SO BOOK NOW!**

Here at the Football Factory we acknowledge the necessity to focus on the development of an individual's skills. It is important that children have fun whilst they learn new skills, and that's why we've tailor made our school holiday camps to be both fun and engaging!

- Professionally qualified & engaging FFA & AFC coaches
- Learn new tricks, skills and techniques to improve your overall ball mastery and game play. We will teach you how to execute a 'Zidane Turn', 'The Socrates', 'Rabona', 'Maradona Spin', 'Cryuff Cut', 'Ronaldo Chop', or learn how to do an 'Oxford'!
- Play football, no matter what the weather, in your boots!
- Finish the day with Laser football

Half Days 9.00am-12:00pm | **Full Days 9.00am-3.00pm** | Extended days 8.30am-5.30pm

**For 5-14 year olds**

**Book from 2 days to 10 days**

**Check it Out!**



# What's On



*See what's on during school terms at The Football Factory*

## Classes for all ages – 2 years to Adults

### Preschool Classes

**2-6 years Monday to Saturday**

Teach your child to learn football in an environment focused on helping your child's development. All sessions are based on technique and skill development. You will be amazed to see how skilful they become.



### Skills and Small-Sided Games

**5-9 years Saturdays**

Each week your child will focus on different skills and football fundamentals. Finishing with a 3-game tournament.



### The Football Factory's Skills Classes

**5-12 years Monday to Saturday**

Improve the foundation of your child's touch, both first and last. Build their confidence, creativity and personal flair. Each week we focus on the fundamentals, tricks and skills.



### Development Squad

**6-15 years Monday to Friday**

The Development Squad is an elite program designed from the ground up to ensure maximum player performance. Focusing on all areas of play the development squad leaves no stone unturned. The training environment has been crafted to advance and build player confidence and creativity. A trial is required to enrol in the Development Squad.



### The Football Factory's Academy

**U6s-U16s Sunday Matches & Weekday Training**

The Football Factory competes in the Premier Academy League (PAL) a competition for the top football academies in Sydney. Players are given a platform to challenge themselves against quality opposition and improve themselves along the way.

## Multi-Sport Holiday Camps

### + CAMP DATES

Week 1: 14<sup>th</sup> – 17<sup>th</sup> April 2020

Week 2: 20<sup>th</sup> – 24<sup>th</sup> April 2020

### + CAMP PRICING

#### Full Week - 5 Day Camp

Full Week Full Days \$185 (EQUALS \$37 DAILY)

Full Week Half Days \$145 (EQUALS \$29 DAILY)

#### Single Day Pricing

Full Day \$60 (9-3pm)

Half Day \$45 (9-12pm)

### + HOW TO BOOK

By email : [evolvtennis@evolvtennisacademy.com](mailto:evolvtennis@evolvtennisacademy.com)

By Phone: **9971-0644** | **0408-110-150**

ONLINE : [www.evolvtennisacademy.com](http://www.evolvtennisacademy.com)

### + WHAT TO BRING

- A racket, if they have one (if not, we have plenty spare)
- A hat & sunscreen + water bottle
- Morning Tea & Lunch (if staying full day)
- YES, we have Pro-Shops at each venue which sells treats, drinks etc...

### + DETAILS & MORE INFO

- FREE Before & After Care (7.30 - 5pm)
- Ages 4 to 16yrs welcome
- Experienced, Qualified Coaches
- Hotshots Tennis & MULTISPORT Format
- Prizes, Fun & FREE Pizza Each Friday
- Camps run rain, hail or shine

+ CAREEL BAY TENNIS CLUB - Hitchcock Park, AVALON

+ COLLAROY TENNIS CLUB - Griffith Park, COLLAROY

+ WYATT PARK TENNIS CENTRE - Wyatt Ave, BELROSE



10% EARLY  
BIRD  
DISCOUNT  
BOOK BY  
SUNDAY 22<sup>nd</sup>  
MARCH



# 2-DAY SUPER CAMP April

Early birds  
10% OFF

WHERE EVERY CAMPER'S  
TREATED LIKE A ROCK STAR

Duration: 2-days Age: Kindy - Yr 6 Time: 8.30am - 3.30pm daily

EXPERIENCE: 12 HYBRID SPORTS | 6 SUPER SESSIONS | AMAZING COACHING  
AT A LOCATION NEAR YOU #noonedoesitlikemotiv8sports

GET MOTIV8TED DURING THE APRIL SCHOOL HOLIDAYS  
AT THE ONE AND ONLY MOTIV8SPORTS SUPER CAMP.

Held only once each year Super Camp is a sports festival designed just for kids. Super Camp is an energetic mix of sport, music, street culture, art and dance mashed up to create the ultimate atmosphere for kids who love having fun. With a live DJ pumping the beats and multiple prize giveaways, this is an event not to be missed. All camps are 8:30am - 3:30pm daily non-sleep over events.

NARRABEEN - April 14

KILLARNEY HEIGHTS - April 16 & 17

TURRAMURRA - April 20 & 21

FRESHWATER - April 22 & 23

DON'T MISS OUT, BOOK TODAY!

[MOTIV8SPORTS.COM.AU](http://MOTIV8SPORTS.COM.AU)

0402 281 842



motiv8sports





# 4 ON 4 FOOTBALL TOURNAMENT -APRIL 24-

**GET TOGETHER  
WITH 4 OF YOUR MATES**

AND JOIN MOTIV8SPORTS ON THE  
LAST DAY OF THE SCHOOL HOLIDAYS  
AT HARBORD PARK, FRESHWATER.

EXPERIENCE THE ULTIMATE 1 DAY TOURNAMENT  
FOR KIDS WHO LOVE SOCCER.

TEAM UNIFORM INCLUDED, PRIZES, LIVE DJ,  
TROPHIES AND LOADS MORE.

**BOOK NOW!**

VISIT [MOTIV8SPORTS.COM.AU](http://MOTIV8SPORTS.COM.AU) OR CALL 0402 281 842

# After School Climbing Classes

**Classes cover:**

**Climbing games; feet work; body positioning; hands; problem solving & flow**

## Parties

**Includes:**

**Dedicated party room; party host; easy parking; great coffee**

**Book online at:**

**[umbrellanineco.com.au](http://umbrellanineco.com.au)**

**UNCO**  
**umbrellanineco**

