



Riding the wave of Big Emotions

St John's Narraweena invites you to this insightful, valuable parenting seminar.

Event details:

Date: Tuesday 6 June

Time: 6.30pm to 8.00pm

Cost: \$10 per person or
\$15 per couple
(plus small booking fee)

St John's Narraweena
166 Alfred Street

Presenters

Linda Rosewell

Clinical Psychologist

Lucy Vincent

Clinical Psychologist

Gain expert insights into:

- understanding your child's emotions
- learning about emotion regulation
- tips in emotion coaching
- practical strategies on how to support your child ride their wave of emotions

Registrations are essential

Please [click here to buy your ticket/s](#)

Light refreshments will be provided